

Waunakee Police Department Newsletter November 2017



Shop with a Cop 2017

For the past 16 years, ten Dane County law enforcement agencies have collaborated on an event called SHOP WITH A COP. In 2014 the participating agencies (including Waunakee Police Department) joined together to form a 501(C) (3) non-profit organization called Shop With A Cop Dane County Inc.

This charity assists economically disadvantaged families during the Holiday Season. The program includes an officer accompanying a child to Target in Madison where each child receives a credit of approximately \$175.00 to spend for family holiday shopping. The primary goal is to provide children with the opportunity to shop for family and buy a gift for him/her. The kids and officers then travel to a VFW in Madison to wrap presents and enjoy pizza.

On Sunday, December 3, 2017 approximately 85 children will be paired with officers to partake in this wonderful event. Children interact with officers in a positive environment and it gives kids a sense of satisfaction to be able to provide gifts to family. Children are selected by a committee which consists of officers from different agencies and school social workers.

In order to continue the program, we need ongoing support and monetary contributions. Our goal is to increase the number of children who participate, but this can only be done through generous public donations. If you would like to contribute, please mail or drop off a donation to the Waunakee Police Department, 205 N. Klein Drive. **Please make checks payable to Shop with a Cop Dane County, not the Village of Waunakee.**

If you have any questions or would like more information please contact me. All donations are tax deductible. Thank you for your time and generosity!

Sincerely,

Officer Glen Jacob
(608) 849-4832 ext. 4606
gjacob@waunakeepd.org
Shop with a Cop – Dane County, Inc.



November 8th from 8:30 a.m. to 10:00 a.m., the Waunakee Police Department will be hosting Coffee with a Cop. This will take place at M-N-M's Coffee Shop located at 509 W. Main St. The mission of Coffee with a Cop is to break down the barriers between police officers and the citizens they serve. There will be no specific topics or agendas covered. Citizens can ask questions, voice concerns, and get to know officers.

Lieutenant Adam Kreitzman and Chief Kevin Plendl will be at the November 8 event.

Please join us for a free cup of coffee!



Snow and Ice Removal

Winter is just around the corner. Soon we will be shoveling the snow and scraping the ice! According to ordinance 82-281, snow and ice must be removed from sidewalks within 24 hours from the time the snow or ice ceases to accumulate on the sidewalk. It is also illegal to deposit any snow or ice onto any public street, alley, public or private sidewalk. Persons responsible for doing so may be cited.



Alternate Side Parking

Odd-Even side parking begins in Waunakee November 1st 2017 and will end April 1st 2018. Alternate side parking is regulated between 2:00 a.m. – 6:00 a.m. on Waunakee Streets. Park your vehicles so it will be on the even numbered side of the street on even numbered mornings and on the odd side of the street on odd numbered mornings unless posted otherwise.



Watch out for Deer

November is a peak month for deer activity in the area. Please make sure you watch for deer when driving especially during the early morning and late evening. Hwy 113, Woodland Dr., Hogan Rd and Arboretum Dr. are roads where deer are commonly seen crossing the roads in Waunakee.



State law requires drivers to yield to pedestrians

- Who have started crossing an intersection or crosswalk on a walk signal or on a green light if there's no walk signal.
- Who are crossing the road within a marked or unmarked crosswalk at an intersection where there are no traffic lights or control signals.
- When a vehicle is crossing a sidewalk or entering an alley or driveway.

In addition, drivers may not legally overtake and pass any vehicle that has stopped for pedestrians at an intersection or crosswalk.

Drivers who fail to yield the right of way to pedestrians who are legally crossing roadways in the Village of Waunakee may be issued citations in the amounts ranging from \$98.80 to \$250.00 (depending on the violation) and 3-4 demerit points.



10 Common Signs of a Mental Health Condition

Trying to tell the difference between what expected behaviors are and what might be the signs of a mental illness isn't always easy. There's no easy test that can let someone know if there is mental illness or if actions and thoughts might be typical behaviors of a person or the result of a physical illness. Each illness has its own symptoms, but common signs of mental illness in adults and adolescents can include the following:

- Excessive worrying or fear
- Feeling excessively sad or low
- Confused thinking or problems concentrating and learning
- Extreme mood changes, including uncontrollable “highs” or feelings of euphoria
- Prolonged or strong feelings of irritability or anger
- Avoiding friends and social activities
- Difficulties understanding or relating to other people
- Changes in sleeping habits or feeling tired and low energy
- Changes in eating habits such as increased hunger or lack of appetite
- Changes in sex drive
- Difficulty perceiving reality (delusions or hallucinations, in which a person experiences and senses
- Inability to perceive changes in one’s own feelings, behavior or personality
- Abuse of substances like alcohol or drugs
- Multiple physical ailments without obvious causes (such as headaches, stomach aches, vague and ongoing “aches and pains”)
- Thinking about suicide
- Inability to carry out daily activities or handle daily problems and stress
- An intense fear of weight gain or concern with appearance

For more information please visit the National Alliance on Mental Illness website at: <https://www.nami.org/>

If you or someone you know is going through a mental health crisis call the Dane County Crisis line at **280-2600** or call the National Suicide Prevention Line **1-800-273-TALK** or **1-800-SUICIDE**.



Stop Dane County's Drug Poisoning Epidemic

The trend is alarming: poisoning is now Dane County's number one cause of injury death – surpassing motor vehicle crashes – and drug poisoning is the cause in 85% of cases. Deaths caused by misuse and abuse of prescription opioids almost tripled in the 10 years from 2000-2010. Injuries and deaths occur when drugs are abused, used inappropriately, stored in unsecure places or sold illegally. The effects are tragic and far-reaching.

The City of Madison and Dane County have joined forces to reverse this deadly trend, with Safe Communities leading what has become a broad collaborative effort. Our focus is to reduce access and use/misuse; emphasize prevention and early intervention; and enhance and expand treatment options. We coordinate and share resources among health care and law enforcement professionals; struggling families, individuals and concerned citizens; and our many important partner organizations.

Please visit the Safe Communities of Madison-Dane County for more information and ways to solve the problem: <https://safercommunity.net/>



Cyber Security Awareness, Lock Down Your Login Build better passwords...be better protected.

Take steps to strengthen the security around your online accounts by creating longer, more complex passwords that are tougher to crack. Use a passphrase: a combination of numbers, letters and special characters that spells out a phrase that you will remember. For example, the phrase "I am happy to be here!" could be coded as "Iam:)2bH!"

Keep unique passwords for every online account and make sure to use an especially strong password for your email. Many websites send password update and account access emails to consumers, so getting a hold of these emails could potentially give a hacker access to all of your online accounts. Your email password should be the toughest to decode.

For more cyber security tips visit the Wisconsin Department of Agriculture Trade and Consumer Protection at: <https://datcp.wi.gov>



Winter Driving Tips

- Clear snow and ice from all windows and lights
- Pay attention.
- Leave plenty of room for stopping.
- Leave room for maintenance vehicles and plows.
- Know the current road conditions.
- Use brakes carefully.
- Watch for slippery bridge decks
- Don't use your cruise control in wintry conditions.
- Don't get overconfident in your 4x4 vehicle.
- Do not pump anti-lock brakes.
- Look farther ahead in traffic than you normally do.
- Remember that trucks are heavier than cars.
- Go slow!



Facebook

Please “like” our Waunakee Police Department Facebook page. We provide information regarding local events, safety tips and press releases for major incidents. You can also send us your questions through private messages and tips on any recent crimes that have taken place.

Newsletter ideas or topics

If you have a topic or idea you would like us to consider for future Waunakee Police Newsletter, please email the idea for consideration to the address below.

Questions can be sent to newsletter@waunakeepd.org. Questions submitted may be featured in future newsletters. The person submitting the question will not be identified.