



# Village Center of Waunakee

VILLAGE OF WAUNAKEE COMMUNITY SERVICES

March 2011

SPRING - SUMMER 2011

## Happy Anniversary Village Center!

Join us throughout the week of April 4, 2011 as we celebrate the 5 Year Anniversary of the Village Center! Plans are in the works for special events, classes and programs for everyone in the village. Details will be available on our website, at our front desk and in the local paper. Don't miss out on the fun!

## 5th Annual Community Health, Energy and Activity Fair

The Waunakee-Westport Lions Club and Waunakee Utilities along with the Village Center will be holding the 5th annual Community Health, Energy and Activity Fair on March 19, 2011 at the Village Center.

This is a free event open to all ages and will include community groups, health screenings, information booths and energy demonstrations. There will be informational booths for preschoolers to seniors.

The Senior Center will be hosting a pancake breakfast from 9:00 a.m. to 11:00 a.m. The Lions will be hosting a blood drive from 10:30 a.m. to 2:00 p.m.

So mark your calendars to bring your family to this fun and educational event. Everyone that attends will be eligible to win great door prizes.

Date: Saturday, March 19, 2011

Time: 9:00 a.m. to 1:00 p.m.

FREE!

## ... Time to Sign Up for Spring and Summer Programs!

### To Register for Programs:

Online:

[www.vil.waunakee.wi.us](http://www.vil.waunakee.wi.us)  
link to "Online Recreation Registration"

By Phone:

Call the Welcome Desk at 850-5992

In Person:

At the Village Center - 333 South Madison Street

Registration

Available now for most programs.

Registration for Summer Tennis, Gymnastics and Tumbling will begin on Sunday, March 6, 2011  
6:00 a.m. online/9:00 a.m. in person

## Youth Dance & Fitness

### Creative Dance

Boys and girls will enjoy movement in a fast-paced, high energy dance class. Children should be able to participate in a loosely structured environment. We recommend that they are potty-trained as a sign of maturity. Dancers wear fitness clothes and socks.

**Fee:** R \$38.00/NR \$48.00

**Ages:** 3 to 5

**Instructor:** Ashley Grantin

#### Session 1

**Date:** Wednesday  
March 16 to May 11, 2011

**Time:** 2:00 p.m. to 2:30 p.m.

**Course:** 11381.211

#### Session 2

**Date:** Thursday  
March 17 to May 12, 2011

**Time:** 9:35 a.m. to 10:05 a.m.

**Course:** 11384.211

### Introduction to Ballet

Explore the world of ballet in a fun, song and dance class. Dancers wear leotards, tights and ballet shoes. Skirts also welcome.

**Fee:** R \$38.00/NR \$48.00

**Ages:** 4 to 6

**Instructor:** Ashley Grantin

#### Session 1

**Date:** Wednesday  
March 16 to May 11, 2011

**Time:** 1:25 p.m. to 1:55 p.m.

**Course:** 11380.211

#### Session 2

**Date:** Thursday  
March 17 to May 12, 2011

**Time:** 9:00 a.m. to 9:30 a.m.

**Course:** 11383.211

### Hip Hop Dance

This high energy class is a fun way to explore movement and musicality. The dancers will learn funky routines, fun dance games, as well as coordination and socialization skills to age appropriate "hip hop" music. Great for boys and girls! Wear clean gym shoes and socks, and clothing you can move in.

**Fee:** R \$38.00/NR \$48.00

**Ages:** 4 to 7

**Date:** Thursday  
March 17 to May 12, 2011

**Time:** 2:45 p.m. to 3:15 p.m.

**Course:** 11386.211

**Instructor:** Ashley Grantin

### Ballet/Tap Dance Combo

This class offers the opportunity to experience two genres of dance, ballet and tap. In the ballet section the dancers will learn grace and technique with traditional and creative ballet music. In the tap section, the dancers will learn coordination and rhythm in addition to fun upbeat routines. Attire: Leotard and tights (skirts and shorts may be worn over) ballet shoes and tap shoes.

**Fee:** R \$42.00/NR \$52.00

**Ages:** 4 to 6

**Date:** Thursday  
March 17 to May 12, 2011

**Time:** 1:45 p.m. to 2:30 p.m.

**Ages:** 4 to 6

**Course:** 11385.211

**Instructor:** Ashley Grantin

### Mini Poms

Calling all future cheerleaders, dancers, sports enthusiasts, and kids looking for fun! This class will incorporate dance technique, pom technique and cheers into a high energy class. Wear clean gym shoes and socks, clothing you can move in, and hair pulled back.

**Fee:** R \$38.00/NR \$48.00

**Ages:** 5 to 7

**Date:** Wednesday  
March 16 to May 11, 2011

**Time:** 2:45 p.m. to 3:15 p.m.

**Course:** 11382.211

**Instructor:** Ashley Grantin

### Cartwheel Clinic with Jane

Have you ever wanted to work on your cartwheel? If so, this is the clinic for you!! During this 1 hour clinic, your child will learn the progressions of how to successfully complete a cartwheel. Our qualified instructors and high school athletes will help participants work on their skills and technique. Be prepared to sweat!

**Fee:** R \$10.00/NR \$15.00

**Ages:** 6 to 13

#### Session 1

**Date:** Monday, March 28, 2011

**Time:** 9:00 a.m. to 10:00 a.m.

**Course:** 45170.111

#### Session 2

**Date:** Monday, March 28, 2011

**Time:** 10:00 a.m. to 11:00 a.m.

**Course:** 45168.111

#### Session 3

**Date:** Monday, March 28, 2011

**Time:** 11:00 a.m. to Noon

**Course:** 45169.111

## Indoor Playground

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

**Ages:** 5 and under

**Location:** Village Center Gym

**Days:** Friday - 9:30 a.m. to 11:30 a.m.

**Fees:** Free! for Family Fit Pass Holders  
\$4.00/Resident Family  
\$8.00/Non-Resident Family



## Spring Tumbling

### Tumble Bugs with Parent - Ages 18 months to 3

<u>Date</u>	<u>Time</u>	<u>Course</u>	Come explore landscapes, sing songs, play silly games with the parachute and much more. Participants work on their fine and gross motor skills with an emphasis on coordination, strength, balance and socialization, through the use of fun and kid friendly gymnastics equipment. This parent participation class is a wonderful first step class for any youngster. <b>Fee: R \$45.00/NR \$55.00</b>
Wednesday April 6 to June 1, 2011	10:35 a.m. to 11:05 a.m.	11384.111	
Thursday April 7 to June 2, 2011	9:50 a.m. to 10:20 a.m.	11383.111	
Saturday April 9 to June 4, 2011	9:00 a.m. to 9:30 a.m.	11385.111	

### Leapin Lizards - Ages 3 to 5

<u>Date</u>	<u>Time</u>	<u>Course</u>	Come learn more about the tumbling and gymnastics as a Leapin Lizard. This class is for children who are comfortable without their parents participating. Circuits and games will be set up each day to emphasize independence, confidence, fine and gross motor skills, strength, flexibility and socialization. This is the perfect class for the increasingly active child. <b>Fee: R \$56.00/NR \$66.00</b>
Wednesday April 6 to June 1, 2011	9:45 a.m. to 10:30 a.m.	12380.111	
Thursday April 7 to June 2, 2011	9:00 a.m. to 9:45 a.m.	12381.111	
Saturday April 9 to June 4, 2011	9:35 a.m. to 10:20 a.m.	12382.111	
Monday April 11 to June 6, 2011	4:00 p.m. to 4:45 p.m.	12383.111	

### Rock N Rollers - Ages 5 to 9

<u>Date</u>	<u>Time</u>	<u>Course</u>	Come discover the foundations of gymnastics as a Rock N Roller. Handstands, cartwheels, bridges, bars, beam, vault and floor exercises are just a few of the fun skills that are included in these lessons. This is a great class for the advancing Leapin Lizard. <b>Fee: R \$60.00/NR \$70.00</b>
Saturday April 9 to June 4, 2011	10:35 a.m. to 11:30 a.m.	12385.111	
Monday April 11 to June 6, 2011	4:55 p.m. to 4:50 p.m.	11390.111	

### Tumble Stars - must complete Rock N Rollers

<u>Date</u>	<u>Time</u>	<u>Course</u>	This class is for participants who are ready to work on more advanced skills in a fast paced atmosphere. Participants will be fine tuning their already learned skills and will be progressing towards combination skills on the beam, bars, vault and the floor. We encourage all participants to register for Rock N Rollers before taking Tumble Stars. <b>Fee: R \$60.00/NR \$70.00</b>
Saturday April 9 to June 4, 2011	11:35 a.m. to 12:30 p.m.	11391.111	
Monday April 11 to June 6, 2011	5:55 p.m. to 6:50 p.m.	11386.111	

## Art Cart Comes to Centennial Park!

Once again this year the Madison Museum of Contemporary Art "Art Cart" will be visiting the Waunakee parks! The program will offer a variety of art activities led by experienced educators. Children and adults are welcome, but all must be "dressed for mess."

**Fee:** FREE!  
**Dates:** Saturday - June 25, 2011 **Time:** 10:00 a.m. to 11:30 a.m.  
 Saturday - July 16, 2011 **Time:** 10:00 a.m. to Noon



## Youth Activities

### Early Release

This program offers fun and entertaining opportunity for children in grades K-4 on afternoons where they are released from school early. The school district provides transportation to the Village Center. Parents must pick up their children at 4:00 p.m. Register early, this program fills up fast!

**Fee:** \$15.00  
**Time:** 1:00 p.m. to 4:00 p.m.

### "School is Almost Out" Party

School is almost out for the summer and we want you to join us in celebrating! . Activities include games lead by Village Center staff in the gym or outside (weather permitting), arts-n-craft activities, and a snack is provided.

**Date:** Friday, May 27, 2011

**Course:** Grades K - 2  
12730.111

**Course:** Grades 3 - 4  
12731.111

### Hoppy Ever After: Animal Workshop

Hop right into Spring! Come to the Village Center to share fun spring stories and activities. Hand stuff your very own pink frog, name it and make a wish on a rainbow star. Enjoy frog games and a snack before you hop home.

Children ages 3 and 4 should be accompanied by an adult.

**Fee:** R \$19.00/NR \$29.00  
**Date:** Saturday, March 26, 2011  
**Time:** 1:00 p.m. to 3:00 p.m.  
**Ages:** 3 to 10  
**Course:** 12720.111



## Summit Family Night: 5 Year Celebration

Join us for the finale of the 5 Year Village Center Celebration for Summit Family Night. We are proud to announce that we will have Magic Morgan and Lillian here to put on a special magic show here at the Village Center.

They are known for their wonderful magical illusions and family fun! The evening will also include gym games, snacks, and crafts.



**Date:** Friday, April 8, 2011  
**Time:** 6:00 p.m. to 8:00 p.m.  
**Fee:** \$4.00/family - Resident  
\$8.00/family - Non Resident  
Free! for Family FIT Pass Members  
Free! for Summit Credit Union Members

## Children's Birthday Party

With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child is! You may decorate the private party room and bring in food and drinks to complement the party. Parties are for up to 15 children (\$5.00 for each additional child, maximum of 20). All parties must have at least 2-4 adults to assist with supervision.

For more info or to book your event, call Heidi at 850-5992. Booking one month in advance is recommended.

**Basic Party** R \$120.00/NR \$150.00  
**Theme Party** R \$150.00/NR \$180.00



## Theatre

### Preschool PLAYtime

Explore the arts through music, movement, visual arts and dramatic play fostering creativity and imagination. Students will be introduced to: creative dramatization, rhythmic movement to music, creative storytelling, pretend play and use of props. Caretakers are able and encouraged to participate in classes.

**Fee:** R \$45.00/NR \$55.00  
**Ages:** 3 to 4  
**Date:** Friday, April 15 to June 3, 2011  
**Time:** 9:00 a.m. to 9:30 a.m.  
**Course:** 12347.111  
**Instructor:** Alanna Reeves

### Creative Drama

Explore the arts through music, movement, visual arts and dramatic play fostering creative play and imagination. Students will be introduced to: creative dramatization, mime basics, rhythmic movement to music, creative storytelling, pretend play, and use of props. The final class will include a "greatest hits" day where the participants will share their favorite activities with parents.

**Fee:** R \$50.00/NR \$60.00  
**Ages:** 5 to 7  
**Date:** Monday, April 11 to May 30, 2011  
**Time:** 3:45 p.m. to 4:30 p.m.  
**Course:** 12345.111  
**Instructor:** Alanna Reeves




















### Actor's Workshop

Join us for a class that will let your child express themselves through vocal and physical exploration. Students will be introduced to the basics of acting including: stage directions and movements, facial expressions, vocal clarity and interpretation, gestures, improvisational acting, concentration, and memorization. The final class will include a short presentation for parents.

**Fee:** R \$55.00/NR \$65.00  
**Ages:** 8 to 12  
**Date:** Monday, April 11 to May 30, 2011  
**Time:** 4:30 p.m. to 5:30 p.m.  
**Course:** 12346.111  
**Instructor:** Alanna Reeves

# Ice Skating at the Ice Pond

## Tuesday Classes

Course	10:00 a.m.	10:30 a.m.	11:00 a.m.	5:30 p.m.	6:00 p.m.
Little Skaters					
Snowplow Sam 1					
Snowplow Sam 2					
Snowplow Sam 3					
Basic 1					
Basic 2					
Basic 3					
Basic 4 - 8					
Adult					
Free Skate					

Each lesson is 30 minutes long with 30 minutes of practice ice before or after the lesson.

**To Register:**

**Fee:** \$112.00-Residents  
\$122.00-Non-Residents

**Date:** Tuesday  
March 15 to May 3, 2011

**School Director:** Jean Calzavara-Uhlmann

**Program Coordinator:** Heidi Kluesner

**Lessons Include:**

- Instruction by high quality U.S. Figure Skating Instructors
- U.S. Figure Skating membership and a membership card, record book and stickers, year patch and level patch for completion of each level.
- Free rental skates during lessons (limited amount)
- 30 minutes of practice ice for each 30 minute class time

**What to wear:**

- Helmets are required for all Little Skaters and Snowplow Sam's and recommended for all students
- Skates with toe picks are required for all Snowplow Sam students, Hockey skates are allowed for Basic 1-4
- Wear gloves or mittens and warm layered clothing (no jeans)

### Little Skaters

This class is designed for ages 3 to 4 years old and will help the youngest skater develop coordination on the ice with the use of games and toys. This is an entry level class for children who have not skated before—an adult must accompany each skater on the ice.

### Snowplow Sam 1

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills.

### Snowplow Sam 2

This class is designed for ages 4 to 6 and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 1 to move on to this class.

### Snowplow Sam 3

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 2 to move on to this class.

### Basic 1 - 8

This class is designed for ages 7 and older to learn the fundamentals for the sport. The eight levels of the program will introduce the fundamental moves: forward skating, stops, edges, crossovers, turns and mohawks. You must have successfully completed Basic 1 to register for this class.



### Adult 1 - 4

This class is designed for the beginning adult skater. It will promote physical fitness as well as improve balance and coordination while learning proper skating techniques. Divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated. This is the program for people who look at skating as an enjoyable way for a fit and healthy lifestyle.

### Free Skate

Each Free Skate level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. The Free Skate levels are designed to give skaters a strong foundation on which to build their skills. This is the point where the skater can choose whether to pursue a recreational or competitive approach to the sport of figure skating. This class is for participants who have completed Basic 1 - 8.

## Summer Gymnastics

Back again for another summer! Beginning through intermediate gymnastics instruction, featuring all Olympic events - vault, bars, beam, floor and basic dance. Join high school gymnastics coach Elaine Yankunas and several high school gymnasts for this high quality program for all levels of gymnasts.

This is a four-week session with class three days per week. All classes will be held at the High School Old Gymnasium.

**Fee:** \$52.00  
**Days:** Monday, Tuesday  
and Thursday  
**Date:** June 13 to July 7, 2011

**Ages 5 to 6**  
**Time:** 11:15 a.m. to Noon  
**Course:** 42171.210

**Ages 6 with experience to 7**  
**Time:** 10:00 a.m. to 10:55 a.m.  
**Course:** 42175.211

**Ages 8 to 9**  
**Time:** 9:00 a.m. to 9:55 a.m.  
**Course:** 42172.211

**Ages 10 +**  
**Time:** 12:30 p.m. to 1:25 p.m.  
**Course:** 42173.211

### Advanced Gymnastics

This class is designed for the more-advanced gymnast. Typically this is a student with at least 4 years of experience, but younger participants with advanced skills will be accepted.

This is a four-week session with class three days per week. All classes will be held at the High School Old Gymnasium.

**Fee:** \$59.00  
**Date:** Monday, Tuesday  
and Thursdays  
June 13 to July 7, 2011  
**Time:** 1:30 p.m. to 3:00 p.m.  
**Course:** 42174.211

## Golf

### Golf Fore Kids - Indoor Lessons

This Junior Golf Program is created just for kids. The four week program includes weekly emphasis on the fundamentals of the swing, putting, chipping, golf etiquette and rules. There will be weekly appearances by PGA instructors.

**Fee:** R \$50.00/NR \$60.00  
**Instructor:** Betsy Zadra

**Beginner Level 1**  
**Date:** Wednesday  
April 6 to 27, 2011  
**Time:** 3:15 p.m. to 4 :00 p.m.  
**Ages:** 5 to 11  
**Course:** 42041.211

**Beginner Level 2**  
**Date:** Wednesday  
April 6 to 27, 2011  
**Time:** 4:15 p.m. to 5:00 p.m.  
**Ages:** 7 to 12  
**Course:** 42042.211

### Golf Fore Kids - Spring League

Join us for this 4 week Spring Golf League created just for kids.

The program includes 15 minutes of instruction and 75 minutes of supervised play. A minimal amount of golf experience is necessary. Space is limited! Participants should bring their own clubs. The league will be held at Harvest Hill Golf Course (Syl's) at the corner of HWY 19 and Poelma Drive.

**Fee:** R \$40.00/NR \$50.00  
**Date:** Wednesday  
May 5 to May 26, 2010  
**Time:** 3:45 p.m. to 5:15 p.m.  
**Ages:** 6 to 14  
**Course:** 42052.211

## Coming this Summer!

Youth golf lessons at Lake Windsor Country Club! Information will be available May 1, 2011.

## Soccer

### Little Kickers Soccer

During this 4 week program, participants will learn the fundamentals of soccer with an emphasis on individual skills, teamwork and most of all fun! The program will be led by coaches and players from the Waunakee High School varsity soccer teams. Each participant will receive their own soccer ball and t-shirt for participating.

**Fee:** R \$35.00/NR \$45.00  
**Date:** Sunday  
March 13 to April 3, 2011

**Age 4**  
**Time:** 5:00 p.m. to 5:45pm  
**Course:** 42088.111

**Ages 5 & 6**  
**Time:** 6:00 p.m. to 6:45 p.m.  
**Course:** 42089.111

## Adult Tennis League

Play organized team matches in a friendly atmosphere. The emphasis is on fun, fitness and the social benefits of tennis. Registrations will be accepted based upon your level of play. Contact us if you are interested in being on the SUB list... there is no fee!

**Location:** Ripp Park Tennis Courts  
**Fee:** \$24.00  
**Dates:** June 1 to August 17 2011

**Day:** Monday - Skill level below 3.5  
**Times:** 6:30 p.m. to 8:00 p.m.  
**Course:** 43021.211

**Day:** Wednesday  
Skill level of 3.5 or higher  
**Times:** 6:45 p.m. to 8:15 p.m.  
**Course:** 43022.211

# Tennis Instruction

## Ripp Park Tennis Courts

Age	Time	Days	Session I June 13 to July 7	Session II July 11 to August 4	Fee
4 - 6	12:00 p.m. to 12:30 p.m.	M/W	42019.211	42024.211	\$30.00
6 - 10	12:45 p.m. to 1:35 p.m.	M/W	42013.211	42025.211	\$34.00
4 - 6	12:00 p.m. to 12:30 p.m.	T/TH	42010.211	42030.211	\$30.00
6 - 10	12:45 p.m. to 1:35 p.m.	T/TH	42016.211	42031.211	\$34.00
11+	1:45 p.m. to 2:35 p.m.	T/TH	42061.211	42022.211	\$34.00

## Hanover Park Tennis Courts

Age	Time	Days	Session I June 13 to July 7	Session II July 11 to August 4	Fee
6 - 9	10:15 a.m. to 11:05 a.m.	M/W	42017.211	42026.211	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	M/W	42034.211	42038.211	\$34.00
6 - 9	10:15 a.m. to 11:05 a.m.	T/TH	42020.211	42032.211	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	T/TH	42035.211	42039.211	\$34.00

## Tierney Park Tennis Courts

Age	Time	Days	Session I June 13 to July 7	Session II July 11 to August 4	Fee
6 - 9	10:15 a.m. to 11:05 a.m.	M/W	42021.211	42027.211	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	M/W	42051.211	42057.211	\$34.00
6 - 9	10:15 a.m. to 11:05 a.m.	T/TH	42018.211	42033.211	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	T/TH	42058.211	42053.211	\$34.00

## MeadowBrook Park Tennis Courts

Age	Time	Days	Session I June 13 to July 7	Session II July 11 to August 4	Fee
6 - 9	2:15 p.m. to 3:05 p.m.	M/W	42036.211	42037.211	\$34.00
10 - 14	2:15 p.m. to 3:05 p.m.	T/TH	42014.211	42040.211	\$34.00

### Friday Team Tennis - Grades 6 - 9

A great program designed for tennis players entering 6th to 9th grade. Registered team members will practice at Ripp Park on Monday and Wednesday afternoons and then compete against other Madison area teams on Friday mornings. Six weeks of matches and one season-ending tournament are included. This is a perfect program for players ready to compete on a recreational basis. Village staff will serve as coaches, but parents must be available to assist with transportation to the away matches.

**Fee:** \$48.00

**Date:** June 14 to August 6, 2010

**Time:** Monday and Wednesday - 1:45 p.m. to 2:45 p.m./Friday - 9:00 a.m. to Noon

**Course:** 42028.211

### GMTA Youth Tennis League

Middle school and high school students will participate in league play with other Madison area teams. This is a seven week program designed for boys and girls age 18 and under. This is not a beginning lesson program. To register for this program visit [www.gmtatennis.org](http://www.gmtatennis.org) or pick up a form at the Village Center.

## 2011 Waunakee Area Youth Baseball and Softball

Waunakee Area Little League (WALL) is a volunteer organization providing Little League Baseball and Softball to children living in the Waunakee Area School District. WALL is coordinated through the Village Recreation Department. Once again this year we are excited to be chartered with Little League International. The goal of WALL is to provide an activity that develops the qualities of sportsmanship, teamwork, responsibility, and discipline under the leadership of adult volunteer role models. *Level of play is based on your child's grade in the fall 2011.*

Register in person at the Village Center, online at [www.vil.waunakee.wi.us](http://www.vil.waunakee.wi.us) or via phone at 850-5992.

• Early Bird Registration Period for Junior, Major and Minor Baseball Leagues is: January 31 to March 15, 2011.



• Early Bird Registration Period for T-Ball, Coach Pitch Baseball, Rookie Leagues Baseball and all Softball is: January 31 to April 15, 2011.

Players MUST be registered by these dates to be guaranteed a spot on a team. Anyone not registered by the end of the early bird period will be accepted based on availability.

Some leagues will be provided baseball vests and pants that will need to be returned at the end of the season.

*Anyone that does not return their vest or pants at the end of the season will be charged a \$20.00 replacement fee per item.*

The Waunakee Area Little League (WALL) website  
[www.eteamz.com/WaunakeeAreaLittleLeague](http://www.eteamz.com/WaunakeeAreaLittleLeague)

Program	Game Days	Course Number	Early Bird	Regular Fee
<u>Little League Play is based on your child's grade in the Fall of 2011.</u>				
Little Hitters Parent/Child T- Ball (Co-ed) 4 years	Mon 5:30 p.m. Mon 6:30 p.m. Wed 5:30 p.m. Wed 6:30 p.m.	42135.211 42136.211 42133.211 42137.211	\$25.00	\$35.00
T- Ball (Co-ed) Entering Kindergarten	Tues Thurs	42132.211 42134.211	\$33.00	\$43.00
Coach Pitch Baseball (Boys) 1st and 2nd Grade	Mon and Wed	42151.211	\$42.00	\$52.00
Coach Pitch Softball (Girls) 1st and 2nd Grade	Tues and Thurs	42141.211	\$42.00	\$52.00
Rookie League Baseball (Boys - pitching machine) 3rd Grade	Mon and Wed	42152.211	\$48.00	\$58.00
Rookie League Softball (Girls - pitching machine) 3rd Grade	Tues and Thurs	42146.211	\$48.00	\$58.00
Minor League Softball (Girls - live pitching) 4th and 5th Grade	Tues and Thurs	42142.211	\$50.00	\$60.00
Minor League A Baseball (Boys - live pitching) 4th Grade	Mon and Wed	42157.211	\$62.00	\$72.00
Minor League AA Baseball (Boys - live pitching) 5th Grade	Mon and Wed	42154.211	\$70.00	\$80.00
Major League Softball (Girls - live pitching) 6th and 7th Grade	Mon and Wed	42143.211	\$58.00	\$68.00
Major League Baseball (Boys - live pitching) 6th and 7th Grade	TBD	42158.211	\$80.00	\$90.00
Junior League Softball (Girls - live pitching) 8th and 9th Grade	TBD	42144.211	\$65.00	\$75.00
Junior League Baseball (Boys - live pitching) 8th and 9th Grade	TBD	42155.211	\$90.00	\$100.00
Senior League Baseball (Boys - live pitching) 10th and 11th Grade	TBD	42156.211	\$80.00	\$90.00

### Coaches Needed

If you've ever considered coaching and making a difference in the lives of young people, WALL needs you in all age groups! There will be several educational opportunities for coaches throughout the season. All coaches must fill out a coaching application form annually and return it to the Village Center. As part of the application all coaches will be required to go through a background check.

### Baseball Skills Assessment

All players in Minor AA, and Major Baseball will need to attend this important event. The date of the skills assessments will be March 20, 2011. The purpose of the skills assessment is to ensure an even distribution of talent once teams are assembled. This is not a try out, but rather a group evaluation to help facilitate team formation.

See the Little League website for more details.



### Team Sponsorship

The Waunakee Area Little League had almost 1200 children between the ages of 5 and 16 participate in our baseball and softball leagues last year. Organizations have helped us by sponsoring a team with their company name and logo. Team sponsorships are \$300.00. Funds received for sponsorships offset the purchase of safety equipment and uniforms.

Throughout the season hundreds of people will see your organization's logo on uniforms. If you or your business would be interested in sponsoring a team please contact Jeff Skoug at 850-5992.

### Traveling Baseball & Softball Teams

In addition to the Little League Baseball and Softball programs there are also two traveling leagues in Waunakee. The Traveling Baseball Programs are part of the Cal Ripkin & Babe Ruth programs. For more information on either of these programs please contact Brian Hensen at 849-6333.

The Traveling Softball Program is part of the South Central Girls Softball League. For information on this program please contact Gary Epping at 849-4589.

### Adult Softball

Captains meetings for the 2011 adult softball season will be held in mid-March with the softball season scheduled to begin the first week of May. If you would like to register a team in one of our leagues, or if you are a single player looking for a team to join, contact Jeff at the Village Center at 850-5992. If you are interested in joining the co-ed league call Josh Plendl 219-9811. All games are played at Centennial Park.

Men's Over 35      Monday  
 Women              Wednesday  
 Men                    Thursday  
 Co-ed                  Friday



## Taekwondo - For Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class. All instructors are Nationally Certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. Fees are for unlimited classes per month.

*NEW STUDENT. Please direct any additional questions to the instructor at (608) 469-6051.*

**Fee:** R \$50.00/NR \$60.00  
**Age:** 4 and up  
**Time:** 5:30 p.m. to 8:30 p.m.  
**Instructor:** Siri Hammersley  
[www.waunakeeata.com](http://www.waunakeeata.com)  
 March - 45393.211  
 April - 45394.211  
 May - 45395.211

TUESDAY	WEDNESDAY	THURSDAY
Tiny Tigers Ages 4 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.	Private Lesson Setup with Instructor 5:15 p.m. to 5:45 p.m.	Tiny Tigers Ages 4 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.
Beginner/Intermediate Class Ages 7 and Up White - Purple 5:45 p.m. to 6:30 p.m.	Beginner Class Ages 7 and Up White - Yellow 5:45 p.m. to 6:30 p.m.	Beginners Class Ages 7 and Up White - Yellow 5:45 p.m. to 6:30 p.m.
Advance Class Ages 7 and Up Blue - Black 6:30 p.m. to 7:15 p.m.	Intermediate Class Ages 7 and Up Camo - Red 6:30 p.m. to 7:15 p.m.	Intermediate Class Ages 7 and Up Camo - Red 6:30 p.m. to 7:15 p.m.
Leadership Class Ages 7 and Up Leadership Program Members 7:15 p.m. to 7:45 p.m.	Advance Class Ages 7 and Up Rec. Black Belt - Black Belt 7:15 p.m. to 8:00 p.m.	Advance Class Ages 7 and Up Rec. Black Belt - Black Belt 7:15 p.m. to 8:00 p.m.
Instructor Class Ages 10 and Up Instructor Program Members 7:45 p.m. to 8:15 p.m.	Adult Class Ages 13 and Up All Ranks 8:00 p.m. to 8:30 p.m.	

## Stream Monitors Needed

Join a group of student water action volunteers (WAV) to study the health of Six Mile Creek in the Castle Creek Conservancy. Monitors are trained to measure six elements of stream health. Get together for about two hours, once a month from April to October. Dates and times will be chosen to accommodate the majority of the group.

Participants will become familiar with the water quality and aquatic life in the Six Mile Creek, collect valuable data, and connect with the natural world. The data is entered into a DNR online database. Insufficient data represents a major hurdle to making informed decisions. Stream monitoring provides important data that may be the only data available for a particular water body - you can make a difference!

**Fee:** FREE!  
**Ages:** 10 and up  
**Course:** 12710.211

## Adult Enrichment

### Women's Self Defense

This self-defense class is open to women and girls and will teach you how to guard and protect yourself with simple techniques. Taught by certified instructor, Dick Thompson, who has an 8th-degree black belt. Participants under the age of 16 must be accompanied by an adult female, who is required to register and participate in the program.

**Fee:** R \$12.00/NR \$22.00

**Ages:** 12 and up

**Instructor:** Dick Thompson

#### Session 1

**Date:** Saturday March 26, 2011

**Time:** 9:30 a.m. to 11:00 a.m.

**Course:** 13390.111

#### Session 2

**Date:** Saturday April 16, 2011

**Time:** 9:30 a.m. to 11:00 a.m.

**Course:** 13391.111

### Birding at Baxter's Hollow

Join Jim Stephenson on a birding trip to Baxter's Hollow, located between Sauk City and Baraboo. Baxter's Hollow is a remarkable large area of deep forest with a mountain-like creek. Spring is an especially good time to visit because the wildflowers are in bloom and the migratory songbirds have returned. More than 40 species of birds breed here, including the rare Worm-eating Warbler and Hooded Warbler. Please bring a sack lunch, your binocular's, bird field guide, and plenty of water.

**Fee:** R \$35.00/NR \$45.00

**Ages:** 18 and up

#### Session 1

**Date:** Wednesday, May 11, 2011

**Time:** 6:00 a.m. to 2:00 p.m.

**Course:** 53001.111

#### Session 2

**Date:** Saturday, May 14, 2011

**Time:** 6:00 a.m. to 2:00 p.m.

**Course:** 53000.111

### Early Pregnancy Class

This class is for women who are newly pregnant and want to gather information and knowledge to have the best pregnancy and delivery as possible. Caregiver considerations are discussed as well as prenatal testing, nutrition, exercise and informed decision making.

**Fee:** R \$40.00/NR \$50.00

**Date:** Thursday, April 28, 2011

**Time:** 6:00 p.m. to 9:00 p.m.

**Course:** 13750.111

**Instructor:** Amy Olsen

### Pregnancy - Refresher Class

This class is for Moms who have had babies but would like a better birth experience for their current pregnancy. Each labor experience is unique and this class is tailored to suit each individual. VBAC's will be covered in this class.

**Fee:** R \$40.00/NR \$50.00

**Date:** Tuesday, April 19, 2011

**Time:** 6:00 p.m. to 9:00 p.m.

**Course:** 13752.111

**Instructor:** Amy Olsen

### Late Pregnancy Class

This is a series of classes that provides information on Lamaze care practices, evidence-based birth practices, relaxation techniques, yoga poses, labor stations, breastfeeding tools, pain-relieving tools, birth plans, postpartum depression and care of a newborn. The class is presented using birth stories, videos and classroom interaction. Birth is a life changing event and this class will provide the techniques and tools to empower mothers to have the best birth experience possible.

**Fee:** R \$125.00/NR \$135.00

**Instructor:** Amy Olsen

#### Session 1

**Date:** Tuesday

March 1 to March 29, 2011

**Time:** 6:00 p.m. to 9:00 p.m.

**Course:** 13753.111

#### Session 2

**Date:** Saturday

April 23 to April 30, 2011

**Time:** 10:00 a.m. to 4:00 p.m.

**Course:** 13755.111

## MATC Classes

Class Name	Fee	Day	Time	Start Date	End Date
Perennial Garden #70092	\$23.64	S/SU	1:00 p.m. to 4:00 p.m.	4/30	5/1
Caligraphy* #----	\$00.00*	T	6:00 p.m. to 9:00 p.m.	6/9	7/14

*All project supplies are at an additional cost.*

To register for Perennial Garden, call (608) 246-6240 between 12:00 p.m. to 6:00 p.m. Monday thru Thursday, 12:00 p.m. to 3:30 p.m. Friday, or visit [www.matcmadison.edu](http://www.matcmadison.edu).

\*Please call the Village Center at 850-5992 to get course number and fee for Caligraphy. Information was not available at time of print.

### Latin Dance - Beginning

Latin dancing allows more freedom of movement with open positions, arm styling, and attractive syncopated rhythms. With easy to learn patterns that can be incorporated in all 3 of the most popular of latin dances the rumba, mambo, & cha-cha, dancers will look smart with Cuban motion styling and expressive open position patterns.

**Fee:** R \$27.00/NR \$37.00

**Ages:** 16 and up

**Date:** Thursday  
April 14 to May 19, 2011

**Time:** 7:00 p.m. to 8:00 p.m.

**Course:** 13262.211

**Instructor:** Terry Enge



## Kidcare

### Daytime Hours:

Monday to Friday  
8:00 a.m. to 11:00 a.m.

### Evening Hours:

Monday to Thursday  
5:00 p.m. to 8:00 p.m.

### Fees:

- 1 child - \$12.00 per month
- 2 children - \$18.00 per month
- 3 children - \$24.00 per month

### Drop In

\$3.00 per child per visit

Our friendly staff will provide fun and safe activities for your child while you are participating in a Village Center activity. The service is available for walking through 5 years of age. There is a 2 hour maximum per visit. Space is limited to 10 children on a first come, first serve basis. Staff will not change diapers. Parents will be called to Kidcare when needed.



If you have AARP or Humana Supplemental Health Insurance, you may be eligible for the SilverSneakers Program!

SilverSneakers offers an innovative blend of physical activity, healthy lifestyle and socially oriented programming that allows older adults to take greater control of their health. SilverSneakers members receive:

- A free Village Center membership with access to conditioning classes, exercise equipment, and walking track.
- Access to any participating fitness center throughout the U.S. while traveling.
- Customized SilverSneakers classes designed exclusively for older adults who want to improve their strength, flexibility, balance and endurance.

**Fee:** R \$38.00/NR \$48.00  
Punch card for 10 classes  
If you are a SilverSneakers Fit Pass Holder the classes are free.

**Current class schedules are available at the Welcome Desk**

## Muscular Strength and Range of Movement Class

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activity for daily living skills. Hand-held weights, elastic tubing with handles and a ball are offered for resistance; and a chair is used for seated and/or standing support.

## Cardio Circuit

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand held weights; elastic tubing with handles and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercises.

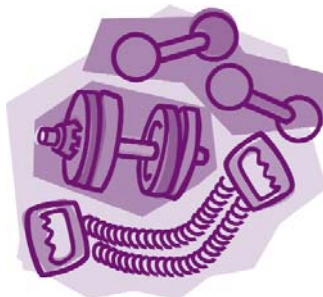
## YogaStretch

YogaStretch is a class designed for ALL participants and focuses on poses and postures to improve breathing, flexibility, balance, muscular strength and endurance and joint range of motion. YogaStretch is a blend of three Yoga styles creating harmony of movement for the whole body. Static and dynamic movements are presented to enhance the flow and physical energy of the movements with the SilverSneakers chair for seated and standing support.

## Adult Fitness

### Personal Training

Are you looking to get a great start on a new fitness program, lose weight, or train for a particular event? Connect with a Personal Trainer by calling the Welcome Desk at 850-5992.



### Group Exercise Schedule

Classes are offered throughout the week and are designed to accommodate all levels of participants. current class offerings include: Yoga, Pilates, Group Cycling, Zumba and various Cardio and Sculpt classes.

#### Spring Session

April 10 to June 4, 2011  
8 weeks

Spring Session Schedule  
Available and Registration Starts  
Sunday - March 20, 2011

## 2011 WPRA Ticket Program

Do your summer plans include a trip to a local amusement park or other area attractions? Recreate, save money, and help support the Waunakee Recreation Department by purchasing your tickets at the Village Center!

*Tickets will be available during regular business hours beginning Friday, May 20, 2011. Ticket sales will conclude on Sunday, September 4, 2011. All tickets must be paid for (cash or check) at the time of purchase. Once purchased, tickets will not be refunded or exchanged. Contact the Welcome Desk at the Village Center for more information - 850-5992.*

PARK-ACTIVITY	YOUR PRICE	GATE PRICE
Six Flags Great America Anyday (Adult)	\$36.00	\$58.70
Six Flags Great America/Hurricane Harbor Water Park WPRA Week, July 9 - 17, 2011 (Adult)	\$29.00	\$58.70
Noah's Ark (Ages 3 to Adult)	\$29.00	\$38.33
Mt. Olympus Water & Theme Park (Ages 3 to Adult) <i>All day come and go wrist band. Go straight to the gate!</i>	\$23.50	\$39.99
Milwaukee County Zoo (Adult 13 and older)	\$9.75	\$13.25
Milwaukee County Zoo (Child ages 3 to 12)	\$7.75	\$10.25
Green Bay Packers Hall of Fame (Adult 12 and older)	\$7.00	\$10.00
Green Bay Packers Hall of Fame (Child ages 6 to 11)	\$4.00	\$5.00

### Waunakee Community Band Summer Concert Schedule

The Waunakee Community Band is proud to present its 26th year!

- June 2 Gazebo Concert #1
- June 16 Gazebo Concert #2
- June 30 Gazebo Concert #3
- July 14 Gazebo Concert #4
- July 28 High School PAC #5

Most concerts are held on Thursday evenings at 7:00 p.m. in the Village Park Gazebo. Refreshments are served at every concert by local organizations. Please bring a blanket or chair to sit on!

### Arbor Day – April 29, 2011

Arbor Day is an annual observance that celebrates the role of trees in our lives and promotes tree planting and care. Celebrate this national holiday with the students of our local elementary schools.

The village will also be receiving the National Arbor Day Foundations Tree City USA and Growth Award for our dedication to our urban forest.

### Thank you Volunteers and Donors!

This year we were fortunate enough to have the Grace Community Church, along with other members of the community and local businesses assist us in hosting the Holiday Blood Drive.

We would like to thank Craig and Gracia Sandager, Sherri and John Mickelson, David Reddington, Gabby Leonard, Diane and Wilfred Kuehn, Chase Herman, Maggie Check, Sandy Frankland, Tara Meffert, Laura and Paul Koehler, and Eric Schmidt. This event would not have been possible without these wonderful volunteers.

Thank you to Zoe's Pizza, Piggly Wiggly and Subway for donating food for this event. We wouldn't have been a success without your help.

If you are looking for ways to get involved with the community, call Heidi at the Village Center at 608.850.5992.

## Other Opportunities for Youth

The following clubs provide activities for Waunakee area residents. For more information on what they offer, please check out their websites!

#### Ice Pond at Waunakee

[www.waunakeedeforesticerink.org](http://www.waunakeedeforesticerink.org)

#### Waunakee Area Soccer Club

[www.waunakeesoccer.org](http://www.waunakeesoccer.org)

#### Waunakee Lacrosse Club

[www.waunakeelax.org](http://www.waunakeelax.org)

#### Waunakee Orcas of Wisconsin Swim Team

[www.waunakeeorcas.org](http://www.waunakeeorcas.org)

#### Waunakee Rural Aquatic Team

[www.waunakeeaquatics.org](http://www.waunakeeaquatics.org)

#### Waunakee Youth Football

[www.waunakeefootball.com](http://www.waunakeefootball.com)

#### Waunakee Youth Hockey

<http://waunakeehockey.org>

#### Waunakee Youth Wrestling

<http://waunakeewrestling.com>

#### Wisconsin Youth Company Camp Pleasant Valley Summer Day Camp, After School Care, Middle School U and Wander Wisconsin

[www.wisconsinyouthcompany.org](http://www.wisconsinyouthcompany.org)

