



Village Center of Waunakee

VILLAGE OF WAUNAKEE COMMUNITY SERVICES December 2014

WINTER 2014

"Winter Wonderland" Facebook Photo Contest!

Thank you to everyone who participated in the Autumn Facebook Photo Contest and congratulations to the winner, Pat Letterer!

Now that autumn has passed us by that doesn't mean it's time to hibernate inside until spring. The beautiful snowy scenery gives you a chance to get out and enjoy the 24 parks Waunakee has to offer while also taking pictures for our Winter Wonderland Facebook photo contest! To be eligible you must have a Facebook account and "like" the Waunakee Village Center Facebook page. The winner will take home a \$100 Village Center gift certificate, a duffel bag, along with other prizes! Complete contest rules and instructions can be found on the Village Center Facebook page and website, or by asking at the Welcome Desk. Photos must be submitted by January 31, 2015.



Village Center will gain rights to any photos submitted for the contest

Pin It Kids

We're bringing your Pinterest boards to life! You know all those projects that you see and never actually do? Here's the chance to sit down and make them! We pick 10 things that are fun to do and you actually get to sit down and do them! Everything you need to complete the craft is provided and you get to take all of your projects home! Light snacks and beverages are included in the ticket price.

This event is sponsored by Mid-West Family Marketing. To learn more about the event or to purchase your tickets, visit their website at www.pinitmadison.com

Price for Pin It Kids is \$8 each or 4 for \$24. Everyone over 5 years old needs a ticket.

Date: Saturday, January 24, 2015

Time: 10:00 a.m. to 3:00 p.m.



Red Cross Blood Drive

The Waunakee Village Center is hosting its last blood drive for this year on Friday, December 26, 2014! To sign up for an appointment or for eligibility questions call 1-800-GIVE-LIF(E) or go to www.redcrossblood.org. We have appointment spots for 50 donors.

Volunteers to assist the Red Cross staff and register donors are needed for 1-2 hour shifts starting at 11:45 p.m. and ending at 6:00 p.m.

Consider donating food or beverages if you are unable to volunteer your time. For more information or to sign up to volunteer call Kyna North at the Village Center at 608-850-5992.

Date: Friday, December 26, 2014

Time: Noon to 5:00 p.m.

GROUP EXERCISE CLASSES

The Village Center offers a complete schedule of group exercise classes in addition to the fitness center and walking track. Classes are offered throughout the week and are designed to accommodate all levels of participants. Current class offerings include: Yoga, Pilates, Group Cycling, Zumba and various other classes. A complete schedule of classes will be available on the following date.

Winter Session Schedule

Available and Registration Starts

Sunday - December 14, 2014

Winter Session

January 4, 2014 to March 21, 2015
(11 weeks)



If you have AARP, Humana or WPS Supplemental Health Insurance, you may be eligible for the SilverSneakers Program!

SilverSneakers offers an innovative blend of physical activity, healthy lifestyle and socially oriented programming that allows older adults to take greater control of their health. SilverSneakers members receive:

- A free Village Center membership with access to conditioning classes, exercise equipment, and walking track.
- Access to any participating fitness center throughout the U.S. while traveling.
- Customized SilverSneakers classes designed exclusively for older adults who want to improve their strength, flexibility, balance and endurance.

Fee: R \$38.00/NR \$48.00
Punch card for 10 classes
Card good for 3 months
If you are a SilverSneakers FIT Pass Holder the classes are free.

Current class schedules are available at the Welcome Desk

New Year, New You!

Achieving your health and fitness goals starts with the proper tools and a plan. The Village Center has just what you need to get started.

Join a class, take out a membership, meet with a personal trainer, or attend a Workshop on Wellness!!!

The Village Center truly has something for everyone!!!

One-On-One Personal Training

Are you looking to get a great start on a new fitness program, lose weight, or train for a particular event? Connect with a Personal Trainer by calling the Welcome Desk at 850-5992.

Power Circuit by Inspire 4 Fitness

Looking for a class that focuses on strength, core and cardio conditioning that will keep you moving and having fun? Power Circuit is for you. Come join this new class led by an experienced trainer and coach that will help you meet your fitness and/or weight loss goals. Designed for all fitness levels we offer men and women constantly changing exercises that challenge your mind and body in a supportive, positive environment. We will never do the exact same workout twice.

All participants will receive a weekly email with a healthy recipe, fitness tips and inspirational stories or thoughts. Don't miss your opportunity to join this innovative class.

Fee: 4 day - R \$85.00/NR \$95.00
3 day - R \$75.00/NR \$85.00
2 day - R \$50.00/NR \$60.00

Days: Monday, Tuesday, Thursday and Friday

Time: 5:35 a.m. to 6:20 a.m.

Instructor: Karen Endres

December

Course: 4 days/week #25402.514

Course: 3 days/week #25408.514

Course: 2 days/week #25403.514

January

Course: 4 days/week #25402.115

Course: 3 days/week #25400.115

Course: 2 days/week #25403.115

February

Course: 4 days/week #25407.115

Course: 3 days/week #25411.115

Course: 2 days/week #25410.115

Workshops on Wellness (WOW)

The Waunakee Village Center and the Waunakee-Westport Lions Club are pleased to offer Workshops on Wellness.

The WOW program consists of monthly presentations to help improve healthy living. The presentations will be based on a wide variety of topics and each presenter will share information and answer your questions. The WOW program is **free** and will be offered at 7:00 p.m. monthly.



Upcoming Presentations:

Wednesday - January 14, 2015

Tracie Fountain
"New Year, New You!"

Wednesday - February 11, 2015

Meriter Health Services
TBD

FIT Pass Information

Anyone is eligible to purchase a FIT Pass at the Waunakee Village Center. A variety of types of passes can be purchased at the Welcome Desk.

Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open use-times and is valid from the date of purchase. This pass is ideal for a patron who only wants a pass for a few months during the year. All short term passes must be paid in full.

Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

Daily Track Pass Punch Card

The Daily Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track only.

Do You Carry Dean,Unity, Group Health, or Physicians Plus for Your Health Insurance?

Membership reimbursements may be available if you carry Group Health, Dean, Unity or Physicians Plus Health Insurance!

For more information contact your health care provider's website or stop at the Welcome Desk.

FIT Pass Fee Schedule

EFFECTIVE JANUARY 1, 2015

	RESIDENT RATE	NON-RESIDENT RATE
ANNUAL PASS (EFT)		
YOUTH (14 & UNDER)	\$9.75 PER MONTH	\$12.50 PER MONTH
HIGH SCHOOL (14-18)	\$15.00 PER MONTH	\$20.00 PER MONTH
ADULT (18-54)	\$27.00 PER MONTH	\$38.00 PER MONTH
Older Adult (55+)	\$15.00 PER MONTH	\$15.00 PER MONTH
FAMILY	\$47.50 PER MONTH	\$62.50 PER MONTH
*OPTION TO PAY IN FULL FOR THE YEAR		
6 MONTH PASS		
YOUTH (14 & UNDER)	\$60.00	\$80.00
HIGH SCHOOL	\$105.00	\$132.00
ADULT (18-54)	\$180.00	\$240.00
OLDER ADULT (55+)	\$105.00	\$105.00
FAMILY	\$300.00	\$385.00
3 MONTH PASS		
YOUTH (14 & UNDER)	\$33.00	\$43.00
HIGH SCHOOL	\$60.00	\$78.00
ADULT (18-54)	\$99.00	\$132.00
OLDER ADULT (55+)	\$60.00	\$60.00
FAMILY	\$155.00	\$205.00
1 MONTH PASS		
YOUTH (14 & UNDER)	\$13.00	\$18.00
HIGH SCHOOL	\$25.00	\$32.00
ADULT (18-54)	\$40.00	\$54.00
COLLEGE - WINTER BREAK ONLY	\$25.00	\$35.00
OLDER ADULT (55+)	\$25.00	\$25.00
FAMILY	\$60.00	\$78.00
DAILY PASS		
YOUTH (14 & UNDER)	\$3.00	\$5.00
HIGH SCHOOL	\$3.00	\$5.00
ADULT (18-54)	\$5.00	\$7.00
OLDER ADULT (55+)	\$3.00	\$3.00
FAMILY	\$10.00	\$15.00
DAILY TRACK PASS PUNCH CARD 10 VISITS - USE OF TRACK ONLY.		
ADULT/YOUTH	\$8.00	\$14.00
OLDER ADULT (55+)	\$8.00	\$8.00

Holiday Break Fun!

Softball Holiday Clinic

Learn the fundamentals of softball in a non-competitive, non-league setting. Improve your fielding, throwing, hitting, position play and knowledge of game situations. The clinic is for grade school softball players. The clinic will be led by former Waunakee High School players and area coaches. All participants should bring a glove and a bat & helmet if they have one.

Fee: R \$10.00/NR \$15.00

Date: Tuesday, December 30, 2015

Grades 2 to 5

Time: 9:00 a.m. to 10:30 a.m.

Course: 42160.115

Grades 6 to 8

Time: 10:30 a.m. to Noon

Course: 42161.115

Cheerleading - Holiday Clinic

Cheerleading is a dynamic blend of tumbling, dance, and performance all in one sport! It develops strength, flexibility, spunk and power and teaches life lessons in teamwork, commitment, responsibility and camaraderie. All participants will learn a short routine which will include simple cheers, chants, dances and jumps and learn age appropriate skills. All participants will receive a Cheer Waunakee t-shirt.

Family and friends are invited to the last portion of the clinic to see the routine we have learned!

Fee: R \$18.00/NR \$23.00

Date: Tuesday, December 30, 2014

Time: 1:00 p.m. to 3:00 p.m.

Ages: 6 to 14

Course: 11383.414

Instructor: Brittany White

Cartwheel Clinic with Jane

Have you ever wanted to work on that cartwheel? If so, this is the clinic for you!! During this 1 hour clinic, your child will learn the progressions of how to complete a cartwheel. Our qualified instructors will help participants work on their skills and technique. Be prepared to sweat!

Level 1 is for the beginning gymnastics student, those who want to work on their cartwheel and children with no experience with gymnastics cartwheels. Level 2 is for continuing gymnastics students and those that want to improve their cartwheel.

Fee: R \$10.00/NR \$15.00

Level 1/Session 1/Ages 5 to 6

Date: Monday, December 22, 2014

Time: 9:00 a.m. to 10:00 a.m.

Course: 45160.115

Level 1/Session 2/Ages 5 to 6

Date: Monday, December 29, 2014

Time: 9:00 a.m. to 10:00 a.m.

Course: 45162.115

Level 2/Session 1/Ages 7 to 12

Date: Monday, December 22, 2014

Time: 10:10 a.m. to 11:10 a.m.

Course: 45161.115

Level 2/Session 2/Ages 7 to 12

Date: Monday, December 29, 2014

Time: 10:10 a.m. to 11:10 a.m.

Course: 45163.115



SPEED

All student athletes looking to improve their strength, speed, core strength, agility and cardio will love the dynamic workouts of the SPEED program. We welcome anyone looking to prepare for their upcoming sport season to join us for our 7 week sports training program for spring athletics. The program developed by two experienced coaches and trainers will challenge the athletes to help them reach their goals for their upcoming season.

Participants will receive personal training in a group setting at a fraction of the cost of hiring a personal trainer. The 55-minute workouts will include a dynamic warm-up, burst cardio training, core conditioning and strength training. Variety will challenge participant's muscles and keep them coming back.

Date: January 5 to February 19, 2015
No class January 19 and February 26, 2015

Grades 8 to 12*

**or with instructor approval*

Days: Monday, Tuesday, and Thursday
Time: 3:50 p.m. to 4:45 p.m.

3 Day

Fee: R \$189.00/NR \$199.00
Course: 25409.115

2 Day

Fee: R \$139.00/NR \$149.00
Course: 25408.115

Speed Jr. - Grades 4 to 7

Days: Monday and Thursday
Time: 3:50 p.m. to 4:45 p.m.

2 Day

Fee: R \$139.00/NR \$149.00
Course: 25406.115

1 Day - Monday

Fee: R \$60.00/NR \$70.00
Time: 3:50 p.m. to 4:45 p.m.
Course: 25405.115

1 Day - Thursday

Fee: R \$84.00/NR \$94.00
Time: 3:50 p.m. to 4:45 p.m.
Course: 25404.115

Holiday Open Gym Schedule

Monday, December 22, 2014

Tuesday, December 23, 2014

Friday, December 26, 2014

Monday, December 29, 2014

Tuesday, December 30, 2014

Friday, January 2, 2015

Noon to 8:30 p.m.

8:00 a.m. to 5:00 p.m. & 7:15 p.m. to 8:30 p.m.

Noon to 8:30 p.m.

2:30 p.m. to 8:30 p.m.

3:30 p.m. to 5:00 p.m. & 7:15 p.m. to 8:30 p.m.

Noon to 8:30 p.m.

FREE FOR FIT PASS MEMBERS, DAILY FEES APPLY IF NOT A FIT PASS MEMBER.

Ice Skating at the Ice Pond

Lessons Include:

- Instruction by high quality U.S. Figure Skating Instructors.
- U.S. Figure Skating membership, membership card, and record book and stickers, year patch and level patch for completion of each level.
- Free rental skates during lessons, while supply lasts.
- Lessons are 45 minutes long - 30 minutes for lessons and 15 minutes of practice time.

What to wear:

- Helmets are required for all Little Skaters/Snowplow Sam's and recommended for all students.
- Skates with toe picks are required for all Snowplow Sam students. Hockey skates are allowed for Basic 1 - 4 and hockey classes.
- Wear gloves or mittens and warm layered clothing (no jeans).

Fee: R \$153.00/NR: \$163.00

Little Skaters

Designed for ages 3 to 4 years old and will help the youngest skater develop coordination on the ice with the use of games and toys. This is an entry level class for children who have not skated before, an adult must accompany each skater on the ice.

Snowplow Sam 1 - 3

Students are beginner skaters between 4 to 6 years old. These skaters need assistance with basic movement on the ice. Development of the preliminary coordination and strength necessary to maneuver on the ice is taught through fun and games. Each level must be taken and passed in order to advance.

Basic 1 - 8

This class is designed for ages 7 and older to learn the fundamentals of the sport. The eight levels introduce forward skating, stops, edges, crossovers, turns and mohawks. You must have successfully completed Basic 1 to register for classes 2 through 8.

Adult 1 - 4

Designed for the beginning adult skater. It will help improve balance and coordination while learning proper skating techniques. Adult skaters will progress while being challenged and motivated. This is the program for people who look at skating as an enjoyable way for a fit and healthy lifestyle.

Freestyle 1 - 6

Each Freestyle level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. This is the point where the skater can choose whether to pursue a recreational or competitive approach to the sport of figure skating. This class is for participants who have completed Basic 1 - 8.

Just Spin

Open to skaters enrolled in Freestyle 1 and above. This class will feature spin variations from broken leg to haircutter and everything in between. 50% off fee if enrolled in both Freestyle and Just Spin together.

Hockey 1 - 2

Hockey 1 & 2 students must be able to move around and fall/get back up on their own, with no assistance. The hockey curriculum is designed to teach the fundamentals of hockey skating - how to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus. All elements will be taught without a puck. Skaters will learn the necessary fundamentals of hockey skating.



Course	6:20 p.m.	6:50 p.m.
Little Skaters	41730.115	
Sam 1	41731.116	
Sam 2	41732.115	
Sam 3	41733.115	
Basic 1	45730.114	
Basic 2	45731.115	
Basic 3	45732.115	
Basic 4		45733.115
Basic 5		45737.115
Basic 6		45738.115
Basic 7		45739.115
Basic 8		42739.115
Hockey 1	45736.115	
Hockey 2		45735.115
Adult		43730.115
Freestyle		45734.115
Just Spin	42734.115	

TUESDAYS
JANUARY 6 TO MARCH 17, 2015
NO CLASS JANUARY 27 AND FEBRUARY 17, 2015

We are on Facebook!

Stay up to date and follow our programs at the Village Center!
www.facebook.com/WaunakeeVillageCenter



Snowshoe

Candlelight Snowshoe Hike

Experience the magic of snowshoeing with candle-lit trails. The trails of Castle Creek Conservancy will be lit with candles for the hike. Participants will be able to explore at their own pace on this self-guided hike. Bring your own snowshoes or rent them from us. Don't want to wear snowshoes but still love hiking? Come out and join us!

The hike will start at the Conservancy's entrance on Division Street. Get outside with the entire family and enjoy this enchanting event. If you can walk, you can snowshoe and hike! Be sure to dress for the weather.

Fee: Free
Ages: 5 and up*
Date: Saturday, February 21, 2015
Time: 6:00 p.m. to 8:00 p.m.
Course: 12722.115

*Children ages 5 to 10 must be accompanied by an adult.

Snowshoe rental must be arranged in advance of the event.

Rental Fee: R \$10.00/NR \$15.00



Early Release

Outdoor Winter Fun

We will spend the afternoon outside enjoying winter with snowshoes, sleds, and snow angels for this early release program. Then we'll come inside and warm up with a snack and a cup of hot cocoa.

This program needs a minimum of 15 participants enrolled before February 11, 2015 to run.

Fee: \$15.00
Date: Friday, February 18, 2015
Time: 1:00 p.m. to 4:00 p.m.
Grade: K to 4
Course: 12724.115

Snowshoe Rental

Looking to try something new? Snowshoes are available to rent on a one-day basis at the Waunakee Village Center. Fees are R: \$10.00/NR \$15.00 per pair. If snowshoes are returned late, additional fees will be applied. Snowshoes are available in a variety of sizes, ranging from youth through adult. The snowshoes are recreational shoes with an aluminum frame and buckle bindings. For more information contact Kyna at 850-5992 or knorth@vil.waunakee.wi.us.

No matter when you are snowshoeing, be sure to dress for the weather. Our programs will not occur if temperatures are below 5° F or if there is not enough snow. A limited number of adult and children's snowshoes are available.

Snowshoes were provided by an Alliant Energy Foundation Grant.

Learn to Snowshoe

Before buying your own try our snowshoes for a day to see if you like them. Your family will receive about 15 minutes of instruction on the basics of snowshoeing. When you're ready, go hiking on your own through Village Park. Sign up the entire family for this program!

Fee: R \$10.00/NR \$15.00
Ages: 5 and up*

Session 1
Date: Saturday, January 10, 2015
Time: 9:00 a.m. to 11:00 a.m.
Course: 12720.115

Session 2
Date: Saturday, January 24, 2015
Time: 9:00 a.m. to 11:00 a.m.
Course: 12721.115

*Children ages 5 to 10 must be accompanied by an adult

Youth

Painting

It's time to get creative! Learn basic painting techniques and paint with acrylic paints on real canvas. Be sure to dress for a mess!

Fee: R \$15.00/NR \$20.00
Date: Sunday, January 11, 2015
Time: 2:00 p.m. to 3:30 p.m.
Ages: 6 to 13
Course: 12710.115

Geodes

Come learn all about geodes. Geological geodes take a long time to form on their own, so we will be making our own that only take a couple of days. We'll also have fun with other games and activities.

Fee: R \$18.00/NR \$23.00
Date: Sunday, February 1, 2015
Time: 2:00 p.m. to 3:00 p.m.
Ages: 7 to 12
Course: 12713.115

Starry Night

Inspiration will come by Vincent van Gogh's painting Starry Night for this multi-media craft program. Crafts will include our own painted versions of the famous painting as well as a 3D version of a star filled sky.

Fee: R \$18.00/NR \$23.00
Date: Sunday, February 22, 2015
Time: 2:00 p.m. to 3:30 p.m.
Ages: 6 to 13
Course: 12712.115

Melty Masterpieces

Creating the art projects for this program will require one thing - something will need to be melted! Using different types of materials we will follow patterns and create independently to make wall art, bowls, jewelry, key tags and more.

Fee: R \$13.00/NR \$18.00
Date: Sunday, March 8, 2015
Time: 1:30 p.m. to 3:00 p.m.
Ages: 6 to 13
Course: 12711.115

EFK - Engineering for Kids

Jr. Robotics: Play Soccer

This class is the perfect mixture of fun and learning. Using LEGO WeDo Robots and bricks students build a goal keeper, a goal kicker and cheerful fans. They will learn to program and operate their creations using a laptop computer.

Fee: R \$100.00/NR \$110.00

Date: Wednesday, January 7 to February 11, 2015

Time: 4:30 p.m. to 5:15 p.m.

Ages: 4 to 6

Course: 11241.115

LEGO Robotics: Mindstorms 101

In the LEGO Robotics Mindstorms 101 class students will learn to design, program and control fully functional robotic models. Students will brainstorm, plan, test and modify sequences of instruction using mathematical concepts and engineering principles. Participants will also learn the sequence of communication between the robot and programmer by collecting and analyzing data using the robots sensors.

Fee: R \$116.00/NR \$126.00

Date: Wednesday, January 7 to February 11, 2015

Time: 5:45 p.m. to 7:15 p.m.

Ages: 7 to 15

Course: 12241.115

Electrical Engineering: Electrified

Students experiment with Snap Circuits to discover the capabilities of major electronic components. In addition, students build their own flashlights and the world of magnetic energy by building a Magnetic Levitation vehicle.

Fee: R \$80.00/NR \$90.00

Date: Wednesday, February 25 to March 18, 2015

Time: 5:45 p.m. to 7:00 p.m.

Ages: 7 to 11

Course: 12240.115

Jr. Aerospace Engineering: Taking to the Sky

The Jr. Aerospace Engineering classes introduce our youngest engineers to fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, hot air balloons and more.

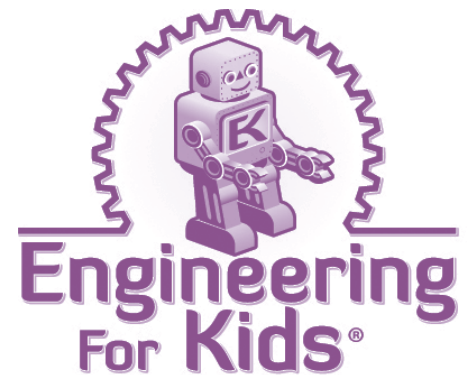
Fee: R \$70.00/NR \$80.00

Date: Wednesday, February 25 to March 18, 2015

Time: 4:30 p.m. to 5:15 p.m.

Ages: 4 to 6

Course: 11240.115



Young Rembrandts

Preschool - 3 1/2 to 5

The long winter months can lead to lots of restlessness. Alleviate any creative dormancy with a fun Young Rembrandts class! Students will learn shape recognition as they create a colorful masterpiece using circles, triangles, and squares. Drawing a colorful fan will provide enjoyable lessons on color patterns.

Fee: R \$42.00/NR \$52.00

Date: Session 1 - Tuesday
January 13 to February 3, 2015

Time: 8:30 a.m. to 9:15 a.m.

Course: 11341.115

Date: Session 1 - Thursday
January 15 to February 5, 2015

Time: 8:30 a.m. to 9:15 a.m.

Course: 11340.115

Learning to draw basic shapes is a critical building block for every young artist and our winter curriculum will strengthen just that. Animals, western portraits and a ton more fun awaits your budding artist.

Date: Session 2 - Tuesday
February 10 to March 3, 2015

Time: 8:30 a.m. to 9:15 a.m.

Course: 11343.115

Date: Session 2 - Thursday
February 12 to March 5, 2015

Time: 8:30 a.m. to 9:15 a.m.

Course: 11342.115

Cartooning - 6 to 12

Encourage your student's love of art and help develop her cartooning skills with Young Rembrandts. Our students will learn to draw cartoon faces and exaggerate facial features. Personifying ordinary animals, transforming them into cartoon characters and telling jokes on paper will be the focus of many of our lessons. Enroll today!

Fee: R \$46.00/NR \$56.00

Date: Tuesday, February 10 to March 3, 2015

Time: 4:30 p.m. to 5:45 p.m.

Course: 12341.115

Drawing - 6 to 12

This winter season is the perfect time to enroll your student into a Young Rembrandts drawing class. Students will advance techniques when using color pencil, marker and Sharpie. Young Rembrandts students will emulate master artist Pablo Picasso, we'll stretch the limits of our imagination as we transform ordinary fruits into colorful fish. Make this a memorable winter for learning and fun. Enroll today!

Fee: R \$44.00/NR \$54.00

Date: Thursday, February 12 to March 5, 2015

Time: 5:15 p.m. to 6:15 p.m.

Course: 12345.115

Youth Tennis - Indoor

The major goal of this program is to introduce children to the fun and rewarding world of tennis. The equipment and size of the playing area are tailored to a comfortable size for young children. Emphasis is placed on learning basic movement and skills. Participants should bring their own racquets.

Fee: R \$39.00/NR \$49.00

Instructor: Betsy Zadra

Session 1/Ages 5 to 8

Date: Wednesday
January 7 to February 11, 2015

Time: 3:15 p.m. to 4:05 p.m.

Course: 42011.115

Session 2/Ages 5 to 8

Date: Wednesday
February 18 to April 1, 2015

Time: 3:15 p.m. to 4:05 p.m.

Course: 42014.115

Session 1/Ages 9 and up

Date: Wednesday
January 7 to February 11, 2015

Time: 4:10 p.m. to 5:00 p.m.

Course: 42012.115

Session 2/Ages 9 and up

Date: Wednesday
February 18 to April 1, 2015

Time: 4:10 p.m. to 5:00 p.m.

Course: 42015.115

Dance

Beginning Hip Hop Dance

This class will introduce the basic concepts of the hip-hop dance style. The art form of hip-hop dance has become popular world-wide and is a fun & energetic way to express your personality. Participants will learn basic steps, counting and a complete routine that they will perform at the end of the class. No experience necessary.

Fee: R \$3800/ NR \$48.00

Date: Wednesday, January 7
to February 25, 2015

Time: 4:35 p.m. to 5:05 p.m.

Ages: 5 to 8

Course: 11376.115

Intermediate Hip Hop Dance

Intermediate Hip Hop introduces slightly advanced concepts of the hip-hop dance style. This class is a fun and energetic way to explore movement and express your personality. It offers hard hitting style movements, a dance style where movements are fast paced, low and grounded. Participants will learn basic steps, counting and a complete routine that they will perform at the end of the session. No experience necessary.

Fee: R \$38.00/NR \$48.00

Date: Wednesday, January 7
to February 25, 2015

Time: 4:00 p.m. to 4:30 p.m.

Ages: 8 to 14

Course: 11377.115

Beginning Tap Dance

Beginning Tap is a great opportunity for children to get their feet moving! Dancers will learn basic tap steps along with a simple choreographed routine to teach coordination and rhythm. This class provides an energetic atmosphere with the children's enjoyment being top priority. Tap shoes permitted. No experience necessary.

Fee: R \$38.00/NR \$48.00

Date: Wednesday, January 7
to February 25, 2015

Time: 5:45 p.m. to 6:15 p.m.

Ages: 5 to 9

Course: 11378.115

Beginning Jazz Dance

Beginning Jazz is an introductory class to introduce the basic concepts of jazz dance. Throughout the class, children will learn basic jazz-dance moves, rhythmic counting, and even a choreographed routine with the skills and concepts learned in class. This is meant to be a fun and relaxed atmosphere with the children's enjoyment being top priority. No experience necessary.

Fee: R \$38.00/NR \$48.00

Date: Wednesday, January 7
to February 25, 2015

Time: 5:10 p.m. to 5:40 p.m.

Ages: 5 to 9

Course: 11379.115

Home School Physical Education

Our classes are a great way to incorporate physical education into your child's curriculum. Experience group games, organized sports, and fitness/wellness activities in a relaxed, non-threatening atmosphere. Activities are designed to teach sportsmanship and teamwork while developing self-confidence.

Fee: R \$60.00/NR \$70.00

Date: Thursday, January 15 to April 2, 2015

Time: 1:00 p.m. to 2:00 p.m.

Ages: 5 to 13

Course: 12070.115

Little Kickers Soccer

Participants will learn the fundamentals of soccer with an emphasis on individual skills, teamwork and most of all fun! The program will be led by coaches and players from the Waunakee area soccer club. Everyone will receive their own soccer ball and t-shirt.

Fee: R \$35.00/NR \$45.00

Date: Sunday, March 1 to 29, 2015
No class March 22, 2015

Ages 4

Time: 4:00 p.m. to 4:45 p.m.

Course: 42088.215

Ages 5 & 6

Time: 5:00 p.m. to 5:45 p.m.

Course: 42089.215

Gymnastics

TUMBLE BUGS WITH PARENT - AGES 18 MONTHS TO 3 YEARS

Tumble Bugs is a preschool gymnastics program. Come explore landscapes, sing songs, play silly games with the parachute and much more. Join our 18 month to 3 year olds, as they work on their fine and gross motor skills with an emphasis on coordination, strength, balance and socialization, through the use of fun and kid friendly gymnastics equipment.

This parent participation class is a wonderful first step class for any youngster.

Saturday January 10 to March 7, 2015	8:30 a.m. to 9:15 a.m.	Course: 41380.115 Fee: R \$63.00/NR \$73.00
Monday January 5 to March 9, 2015	9:45 a.m. to 10:30 a.m.	Course: 41381.115 Fee: R \$70.00/NR \$80.00
Thursday January 8 to March 12, 2015	10:30 a.m. to 11:15 a.m.	Course: 41382.115 Fee: R \$70.00/NR \$80.00

LEAPIN LIZARDS - AGES 3 YEARS 3 MONTHS TO 5 YEARS 6 MONTHS

This preschool class is designed for the 3 years 3 months to 5 years 6 months old and the advancing Tumble Bug. This class is for children who are comfortable without their parent participating. Begin learning skills on bars, beam, floor and vault. Each day class will emphasize independence, confidence, fine and gross motor skills, strength, flexibility and socialization. This is the perfect class for the increasingly active child. For safety reasons, participants must reach age requirement on the first day of class. Please no exceptions.

Saturday January 10 to March 7, 2015	9:20 a.m. to 10:15 a.m.	Course: 41170.115 Fee: R \$80.00/NR \$90.00
Monday January 5 to March 9, 2015	8:45 a.m. to 9:40 a.m.	Course: 41171.115 Fee: R \$88.00/NR \$98.00
Monday January 5 to March 9, 2015	1:00 pm. to 1:55 p.m.	Course: 41172.115 Fee: R \$88.00/NR \$98.00
Thursday January 8 to March 12, 2015	9:30 a.m. to 10:25 a.m.	Course: 41173.115 Fee: R \$88.00/NR \$98.00

ROCK N ROLLER 1 - AGES 5 YEARS 6 MONTHS TO 12 YEARS

Discover the foundations of gymnastics as a Rock N Roller. This Kindergarten through 5th grade class is for participants who are between the ages of 5 years 6 months to 12 years old. Handstands, cartwheels and bridges are just a few of the fun skills that are included in these lessons. More skills on bars, balance beam, vault and floor exercise will be included. This class emphasizes both independent and group work. It's a great class for the advancing Leaping Lizard and the beginning gymnast. Participants are grouped by age and/or ability during class. For safety reasons, participants must reach the age requirement on the first day of class.

Please no exceptions.

Saturday January 10 to March 7, 2015	10:20 a.m. to 11:15 a.m.	Course: 42170.115 Fee: R \$86.00/NR \$96.00
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ROCK N ROLLER 2 - AGES 7 YEARS 6 MONTHS TO 12 YEARS

This grade school age class is for participants who are between the ages of 7 years 6 months to 12 years old. Participants must meet the age requirements and must have completed one session of Rock N Rollers I to enter this class. Participants are grouped by age and/or ability during class. For safety reasons, participants must reach the age requirement on the first day of class. Please no exceptions.

Saturday January 10 to March 7, 2015	11:30 a.m. to 12:25 p.m.	Course: 42171.115 Fee: R \$86.00/NR \$96.00
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SUNDAY - DECEMBER 21, 2014 IS THE FIRST DAY YOU CAN ENROLL IN THIS SESSION OF GYMNASTICS.

7:00 A.M. ONLINE, 9:00 A.M. PHONE/IN PERSON.

2015 Waunakee Area Youth Baseball and Softball

Waunakee Area Little League (WALL) is a volunteer organization providing Little League Baseball and Softball to children living in the Waunakee Area School District. WALL is coordinated through the Village Recreation Department. Waunakee Area Little League is chartered with Little League International. The goal of WALL is to provide an activity that develops the qualities of sportsmanship, teamwork, responsibility, and discipline under the leadership of adult volunteer role models.

Level of play is based on your child's CURRENT grade.

Register in person at the Village Center, via phone at 850-5992 or online at www.waunakee/recreation.

• Early Bird Registration Period for Babe Ruth, Major and Minor Baseball Leagues is: January 31 to March 15, 2015.



• Early Bird Registration Period for T-Ball, Coach Pitch Baseball, Rookie

League Baseball and all Softball is: January 31 to April 15, 2015.

Players MUST be registered by these dates to be guaranteed a spot on a team. Anyone not registered by the end of the early bird period will be accepted based on availability.

Some leagues will be provided uniforms that need to be returned at the end of the season.

Anyone who does not return their village issued uniform at the end of the season will be charged a \$20.00 replacement fee.

Program	Game Days	Course Number	Early Bird	Regular Fee
<u>Little League Play is based on your child's CURRENT grade.</u>				
Little Hitters Parent/Child T- Ball (Co-ed) 4 years	Mon 5:30 p.m. Mon 6:30 p.m. Wed 5:30 p.m. Wed 6:30 p.m.	42135.215 42136.215 42133.215 42137.215	\$25.00	\$35.00
T- Ball(Co-ed) 5 years	Tues Thurs	42132.215 42134.215	\$36.00	\$46.00
Coach Pitch Baseball (Boys) Grade K	Mon and Wed	42151.215	\$45.00	\$55.00
Coach Pitch Baseball (Boys) 1st Grade	Mon and Wed	42138.215	\$45.00	\$55.00
Coach Pitch Softball (Girls) K and 1st Grade	Tues and Thurs	42141.215	\$45.00	\$55.00
Rookie League Baseball (Boys - pitching machine) 2nd Grade	Mon and Wed	42152.215	\$50.00	\$60.00
Rookie League Softball (Girls - pitching machine) 2nd Grade	Tues and Thurs	42146.215	\$50.00	\$60.00
Minor League Softball (Girls - live pitching) 3rd and 4th Grade	TBD	42142.215	\$55.00	\$65.00
Minor League A Baseball (Boys - live pitching) 3rd Grade	Mon and Wed	42157.215	\$65.00	\$75.00
Minor League AA Baseball (Boys - live pitching) 4th Grade	Mon and Wed	42154.215	\$75.00	\$85.00
Major League Softball (Girls - live pitching) 5th and 6th Grade	TBD	42143.215	\$65.00	\$75.00
Major League Baseball (Boys - live pitching) 5th and 6th Grade	TBD	42158.215	\$82.00	\$92.00
Junior League Softball (Girls - live pitching) 7th and 8th Grade	TBD	42144.215	\$65.00	\$75.00
Babe Ruth Baseball (Boys - live pitching) 7th Grade	TBD	42155.215	\$235.00*	\$245.00*
Babe Ruth Baseball (Boys - live pitching) 8th Grade	TBD	42156.215	\$235.00*	\$245.00*
*Babe Ruth Fee includes all tournament fees.				

US Baseball Academy

The Waunakee Area Little League (WALL) will once again be sponsoring the US Baseball Academy in 2015. The academy will be held at the Waunakee High School for six Sundays beginning February 8, 2015. To register and get complete details please go to the US Baseball website: www.usbaseballacademy.com or call US Baseball Academy at 1-866-622-4487.

Team Sponsorship

WALL had almost 1200 children from the ages of 4 to 16 participate in our baseball/softball leagues last year. Many have helped us by sponsoring a team with their company name and logo. Team sponsorships are \$300.00.

Throughout the season hundreds of people will see your logo on uniforms. If you or your business are interested in sponsoring a team please contact Jeff Skoug at 850-5992.

Ballroom Dance

Beginning

Learn basic ballroom dance steps and variations including fox trot, swing, waltz and latins. Learn to lead, follow and relax on the dance floor. The class is taught by Young Park, ballroom dance instructor and owner of Social Life Dance Center of Madison. Partners preferred.

Fee: R \$37.00/NR \$47.00

Ages: 16 and up

Session 1

Date: Wednesday, January 7 to February 11, 2015

Time: 8:00 p.m. to 9:00 p.m.

Course: 13266.115

Session 2

Date: Wednesday, February 18 to March 25, 2015

Time: 8:00 p.m. to 9:00 p.m.

Course: 13268.115

Intermediate

This class is for those that have some basic experience with ballroom dance. You will build on previously learned dance steps and variations including fox trot, swing, waltz and latins. The class is taught by Young Park, ballroom dance instructor and owner of Social Life Dance Center of Madison. Partners preferred.

Fee: R \$37.00/NR \$47.00

Ages: 16 and up

Session 1

Date: Wednesday, January 7 to February 11, 2015

Time: 7:00 p.m. to 8:00 p.m.

Course: 13264.115

Session 2

Date: Wednesday, February 18 to March 25, 2015

Time: 7:00 p.m. to 8:00 p.m.

Course: 13261.115

Learn Piano With Chords

Basic

Have you always had the desire to study how to play piano but simply don't have the time? Piano with chords is designed for new players to learn your favorite melodies quickly and easily. Specifically for beginners to understand simple music theory, learn most commonly used notes and a few easy chord tricks. This "hands on" workshop will have you playing songs in no time!

Fee: R \$60.00/NR \$70.00

Date: Tuesday, January 20, 2015

Time: 6:30 p.m. to 9:00 p.m.

Ages: 12 and up

Course: 15341.415

Intermediate

So you know HOW to play traditional piano but it seems very overwhelming to learn new music. You've been looking for an easier way to learn. You may have even seen an infomercial about the simple methods of playing the piano with chords. This hands on workshop will take the complexity out of music and teach you a few tricks to immediately start playing and enhancing your favorite songs. In this session we will play variations on bass patterns (walking base, swing base, arpeggios, inverted etc.) with both hands. All this can be a great template to apply to all your songs.

Fee: R \$60.00/NR \$70.00

Date: Tuesday, February 3, 2015

Time: 6:30 p.m. to 9:00 p.m.

Ages: 12 and up

Course: 15342.415

Children's Birthday Party

With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child is! You may decorate the room with a theme of your choice and bring in food and drinks to complement your party. Parties must have at least 2 - 4 adults to assist with supervision. Parties can host up to 15 children (\$7/child for each additional child, maximum of 20).

Your event can be booked by calling Kyna at 850-5992 or in person at the Village Center. Booking one month in advance is recommended.

Basic Party Includes:

- Use of private party room
- Organized games in the gym for 1 hour led by Village Center staff
- No-fuss clean up
- Paper products and utensils

Fee: R \$135.00/NR \$165.00

Ages: 4 to 11

Theme Party Includes:

- Use of private room
- Organized theme specific games for up to 1 hours led by Village Center staff.
- No fuss clean up
- Paper products and utensils

Fee: R \$165.00/NR \$195.00

Ages: 4 to 11

Theme Options:

Art Extravaganza, Star Wars, Princess Royal Ball, Ice Skating Party, Dino-mite Party, Outta this World Party, Pirate Party and Rock Star.

Pickleball Rocks!

Pickleball is a fun, social, easy to learn game that is a cross between badminton, table tennis, and tennis. It's played on a small court, with large paddles and a wiffle-like ball. You don't need to be athletic or strong to play. Drop in and check out this world wide sport. No registration needed.

Fee: Free for members Daily fee for non-members

Date: Mondays, Wednesdays and Fridays - 10:00 a.m. to Noon

Tuesdays - 5:30 p.m. to 7:00 p.m.

Saturday - 9:00 a.m. to 11:00 a.m.

Holiday Hours

Christmas Eve

Wednesday - December 24, 2014
5:30 a.m. to Noon

Christmas Day

Thursday - December 25, 2014
Closed

New Year's Eve

Wednesday - December 31, 2014
5:30 a.m. to 2:00 p.m.

New Years Day

Thursday - January 1, 2015
Closed



Waunakee "Treasure" Hunt

The annual spring break treasure hunt is set to confound and amaze you again this year. Search for the answers by walking, cycling or driving to where you think the clues lead. Pull out your old photos, magazines, village newsletters, art supplies and anything else you can use to create clue solutions.

A list of clues will be emailed to all registered participants on Sunday March 15, 2015 at 8:00 a.m. Look for the answers as a group, a pair or a family.

Collect as many items as you can and put them in a shoe box. Turn in your collection and a checked off clue list before the deadline. Don't forget to decorate your treasure box for extra points. Submissions are to be turned in to the Village Center Welcome Desk on or before we close on Saturday, March 28, 2015. Winners will be notified on Friday, April 10, 2015

Fee: \$5.00

Date: Sunday, March 15, 2015

Ages: All

Course: 35720.115

Reserve Your Park Shelter for the 2015 Season!

Are you planning a family reunion, office picnic, birthday party, or a special event? To make a shelter reservation, come to the Village Center in person or call the Welcome Desk at 850-5992.

Fees vary depending upon the rental date/time and your residency. Cancellations

made 30 days prior to your event will incur a 25% administrative fee. No refunds will be made for cancellations within 30 days of the event.

Friday, January 2, 2015 will be the first day to reserve shelters for 2015.

Shelter Rental Fees 2015

SHELTER	*WEEKDAY FEE	*WEEKEND FEE
	Monday to Thursday	Friday to Sunday
Centennial Park - North Shelter	\$60.00	\$70.00
Village Park - Shelter	\$60.00	\$70.00
Centennial Park - South Shelter	\$50.00	\$60.00
Hanover Park Shelter	\$50.00	\$60.00
Peaceful Valley Park Shelter**	\$50.00	\$60.00
Ripp Park Shelter - North	\$50.00	\$60.00
Ripp Park Shelter - South	\$50.00	\$60.00
Savannah Park Shelter	\$50.00	\$60.00
Tierney Park Shelter**	\$50.00	\$60.00
Village Park - Gazebo	\$50.00	\$60.00
Westbridge Park Shelter**	\$50.00	\$60.00

There is an additional \$40.00 fee for non-residents.

** Additional fees apply for use of the concession area in these shelters.

Sales tax will be applied to all rentals.

Do You Have Time and Talent?

Are you looking for a unique way to get involved in the community? The Village Center is always looking for new program or activity ideas. If you would have a fun idea or are interested in leading a program, please call Jeff, Kyna or Sue at 850-5992.

Gift Certificates

Treat your friends and family to a healthy gift with a Village Center FIT Pass or fitness class.

Buy now in time for the holidays!

