



# Village Center of Waunakee

VILLAGE OF WAUNAKEE COMMUNITY SERVICES SEPTEMBER 2013

FALL 2013

## Halloween at Schumacher Farm

Join us for Halloween at Schumacher Farm on Saturday, October 26, 2013 from 6:00 p.m. to 8:30 p.m.

Tickets are \$4.00 in advance online or \$5.00 at the door. Ticket includes parking, all games, crafts and hayrides. Concessions sold separately.

Events will include:

- Special guest: David Landau – 2013 Best Children's Entertainer by Madison Magazine
- Musical entertainment
- Bonfire - Fortune Teller
- Games in the Barn - Crafts
- Concessions for sale
- Haunted Hayrides.

Don't miss out on the Halloween fun! For questions please contact Schumacher Farm at 849-4559.

## Summit Halloween Family Night

Bring your family to the Village Center on Friday, November 1, 2013 for fun-filled family event. Summit Credit Union is sponsoring our activities including: games and activities in the gymnasium, art and craft activities and snacks. The event will be held from 6:00 p.m. to 8:00 p.m. Don't miss out on the fun! Free for FIT Pass Members and Summit Credit Union Members.

**Fee:** \$4.00/family - Resident  
\$8.00/family - Non Resident  
Free! for Family FIT Pass Members/Summit Members

**Date:** Friday, November 1, 2013

**Time:** 6:00 p.m. to 8:00 p.m.



## Fall Into Fitness at the Village Center

The Village Center is the perfect place to get into shape this fall! We have FIT Pass options for everyone. Our friendly staff will work with you to find just the right plan for you and your family.

The Village Center has a complete circuit of strength equipment, cardio equipment with personalized TV's, a walking/jogging track and a full size gymnasium to shoot hoops or play ball with your family. In addition to the work out areas, we also have a full schedule of group fitness classes.

### Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

### Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open use times and is valid from the date of purchase. All short term passes must be paid in full.

### Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

### Daily Track Pass Punch Card

The Daily Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track only.

## Pre-School Fun!

### Mini Music Makers

Bring your mini maestro to this exciting new program. In this parent participation class, different instruments will be used in song and rhythmic movement - set to original scores and traditional children's songs. Each week will also include a simple craft project to go along with the beautiful music.

Our instructor is Bonnie Smith, who has taught many drama, rhythmic movement and music classes over her 30 year career!

**Fee:** R \$34.00/NR \$44.00

1 1/2 to 3 years

**Date:** Tuesday, September 17 to October 8, 2013

**Time:** 8:30 a.m. to 9:15 a.m.

**Course:** 11341.313

3 to 5 years

**Date:** Tuesday, September 17 to October 8, 2013

**Time:** 9:30 a.m. to 10:15 a.m.

**Course:** 11340.313

### Story and Craft Time

Bring the story to life. In this class Miss Bonnie will read stories and help everyone build a craft project related to the story. Each week will be a different story and craft.

**Fee:** R \$34.00/NR \$44.00

1 1/2 to 3 years

**Date:** Tuesday, October 22 to November 12, 2013

**Time:** 8:30 a.m. to 9:15 a.m.

**Course:** 11342.313

3 to 5 years

**Date:** Tuesday, October 22 to November 12, 2013

**Time:** 9:30 a.m. to 10:15 a.m.

**Course:** 11343.313

### Halloween - Little Ones Costume Party

Celebrate Halloween with a party especially for the little ones in your family. Dress up in your Halloween costume and come to the Village Center for fun games, music and activities that won't be too scary. A parent is needed to attend with child.

**Fee:** R \$8.00/NR \$13.00

**Date:** Thursday, October 31, 2013

**Time:** 9:00 a.m. to 10:30 a.m.

**Ages:** 18 months to 5 years

**Course:** 11344.313



### Lovin' the Outdoors

This adult and child participation program will encourage a connection and exploration of nature. We will go outside and experience nature through stories, games, and music. Please remember to dress for the weather.

**Fee:** R \$29.00/NR \$39.00

**Date:** Thursday, October 3 to October 24, 2013

**Time:** 8:30 a.m. to 9:15 a.m.

**Ages:** 3 to 5

**Course:** 11710.313

### Water Droplets

Through games and experiments we will discover what it's like to be a drop of water. We'll find out if water is heavier than ice, move like snow and even play a fun game called soup!

**Fee:** R \$16.00/NR \$26.00

**Date:** Sunday, November 24, 2013

**Time:** 2:30 p.m. to 4:00 p.m.

**Ages:** 3 to 5

**Course:** 12741.313

### Rhythm and Movement - Preschool Dance

An introductory class to teach basic concepts of dance to children ages 3-5. Children will have the opportunity to express themselves with fun dance combinations, music, and choreography. The general objective of this class is to create an entertaining and energetic atmosphere while learning a variety of dance styles.

This is meant to be a fun and relaxed atmosphere with the children's enjoyment being top priority. No experience necessary.

**Fee:** R \$30.00/NR \$40.00

**Ages:** 3 to 5

#### Session 1

**Date:** Tuesday, September 10 to October 15, 2013

**Time:** 2:45 p.m. to 3:15 p.m.

**Course:** 11370.413

#### Session 2

**Date:** Tuesday, October 22 to November 26, 2013

**Time:** 2:45 p.m. to 3:15 p.m.

**Course:** 11375.413

## Friday Fun Zone

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

**Ages:** 5 and under

**Location:** Village Center Gym

**Days:** Friday

**Time:** 9:30 a.m. to 11:30 a.m.

**Fees:** Free for Family Fit Pass Holders

R \$4.00/family

NR \$8.00/family

## Young Rembrandts

Drawing is the fundamental skill of the visual arts. Young Rembrandts® teaches drawing skills while developing learning skills that give an academic advantage in the classroom. Young Rembrandts' unique and proven method was developed by an artist and educator.

We deliver a top quality experience that is fun, engaging, educational and affordable. All classes are held at the Village Center unless otherwise noted.

### Preschool - 3 1/2 to 5

#### Session 1

**Fee:** R \$43.00/NR \$53.00  
**Date:** Tuesday, September 17 to October 8, 2013  
**Time:** 4:30 p.m. to 5:15 p.m.  
**Course:** 11345.313

#### Session 2

**Fee:** R \$43.00/NR \$53.00  
**Date:** Tuesday, October 15 to November 5, 2013  
**Time:** 4:30 p.m. to 5:15 p.m.  
**Course:** 11346.313

### Drawing - 6 to 12

#### Session 1

**Fee:** R \$45.00/NR \$55.00  
**Date:** Thursday, September 19 to October 10, 2013  
**Time:** 4:00 p.m. to 5:00 p.m.  
**Course:** 12340.313

#### Session 2

**Fee:** R \$66.00/NR \$76.00  
**Date:** Thursday, October 17 to November 21, 2013  
**Time:** 4:00 p.m. to 5:00 p.m.  
**Course:** 12341.313

### Drawing at Prairie Elementary - 6 to 12

#### Session 1

**Fee:** R \$45.00/NR \$55.00  
**Date:** Tuesday, September 17 to October 8, 2013  
**Time:** 2:50 p.m. to 3:50 p.m.  
**Course:** 12344.313

#### Session 2

**Fee:** R \$66.00/NR \$76.00  
**Date:** Tuesday, October 15 to November 19, 2013  
**Time:** 2:50 p.m. to 3:50 p.m.  
**Course:** 12345.313

### Cartooning - 6 to 12

#### Session 1

**Fee:** R \$47.00/NR \$57.00  
**Date:** Thursday, September 19 to October 10, 2013  
**Time:** 5:15 p.m. to 6:30 p.m.  
**Course:** 12342.313

#### Session 2

**Fee:** R \$69.00/NR \$79.00  
**Date:** Thursday, October 17 to November 21, 2013  
**Time:** 5:15 p.m. to 6:30 p.m.  
**Course:** 12343.313

## EFK - Engineering for Kids

### Jr. Aerospace Engineering

The Jr. Aerospace Engineering classes introduce our youngest engineers to fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, hot air balloons and more.

**Fee:** R \$100.00/NR \$110.00  
**Date:** Wednesday, September 18 to October 23, 2013  
**Time:** 5:15 p.m. to 6:00 p.m.  
**Ages:** 4 to 6  
**Course:** 11240.313

### Jr. Mechanical Engineering - Toys

Introduce our youngest engineers to fundamental concepts of energy, materials and movement. Students explore and construct six different toys throughout this unit including spinners, magical boomerang cans, wind-up whirligigs and more.

**Fee:** R \$75.00/NR \$85.00  
**Date:** Wednesday, November 20 to December 11, 2013  
**Time:** 5:15 p.m. to 6:00 p.m.  
**Ages:** 4 to 6  
**Course:** 11241.313

## All Around Fun - Hoop Making Workshop

Join us for an exploration of creativity, movement all all-around connectivity! This awesome class will be led by Breezi Purdue, an ever-delighted hooper and child development specialist. Every student will create and decorate their own high quality hoop that fits their own size and originality. After hoop making, the class will whirl themselves into learning some tricks and finish up with a free-expression hoop jam.

**Fee:** R \$33.00/NR \$43.00  
**Date:** Sunday, October 13, 2013  
**Time:** 1:00 p.m. to 3:00 p.m.  
**Ages:** 4 years and up  
**Course:** 15320.313

### Electronic Game Design

During Electronic Game Design: Platform Games students use Multimedia Fusion 2 to create their own games. A platform game is a side scrolling game where students program characters and an obstacle course. They attempt to overcome enemies and reach an end goal. Students take home a copy of the game.

**Fee:** R \$100.00/NR \$110.00  
**Date:** Wednesday, September 18 to October 23, 2013  
**Time:** 6:15 p.m. to 7:15 p.m.  
**Ages:** 7 to 14  
**Course:** 12240.313

### Mechanical Engineering - Master Mechanics

During the Mechanical Engineering: Master Machines class students use the Engineering Design Process to design, create, test and refine a variety of machines and mechanical systems.

Students learn the basics of engineering concepts, while constructing rollercoasters, egg-drop vehicles and a fast air powered dragster that they keep!

**Fee:** R \$75.00/NR \$85.00  
**Date:** Wednesday, November 20 to December 11, 2013  
**Time:** 6:15 p.m. to 7:15 p.m.  
**Ages:** 7 to 14  
**Course:** 12241.313

## Early Release

### Greek Mythology

Activities include Greek mythology themed activities and crafts as well as games in the gymnasium, led by Village Center staff. A snack will also be provided. *Registrations received after September 18 will be charged an additional \$5.00 fee*

**Fee:** \$15.00

**Date:** Friday, September 20, 2013

**Time:** 1:00 p.m. to 4:00 p.m.

Grades K - 2

**Course:** 12721.313

Grades 3 - 4

**Course:** 12720.313

### Classic Summer Camp

Classic summer camp themed activities and crafts as well as games in the gymnasium, led by Village Center staff. A snack will also be provided. *Registrations received after October 22 will be charged an additional \$5.00 fee.*

**Fee:** \$15.00

**Date:** Thursday, October 24, 2013

**Time:** 1:00 p.m. to 4:00 p.m.

Grades K - 2

**Course:** 12722.313

Grades 3 - 4

**Course:** 12723.313

### Pumpkinville

Fall themed activities and crafts as well as games in the gymnasium, led by Village Center staff. A snack will also be provided. *Registrations received on or after November 22 will be charged an additional \$5.00 fee.*

**Fee:** \$15.00

**Date:** Tuesday, November 26 2013

**Time:** 1:00 p.m. to 4:00 p.m.

Grades K - 2

**Course:** 12724.313

Grades 3 - 4

**Course:** 12725.313

### Geocaching Waunakee

Have you ever wondered about geocaching? What is it? How can you do it? Where can you do it? Come to the Village Center and learn the basics of this exciting family-friendly activity.

**Fee:** R \$12.00/NR \$22.00

**Date:** Sunday, September 22, 2013

**Time:** 1:00 p.m. to 2:00 p.m.

**Ages:** 6 and up

**Course:** 12740.313

### Night Sky

Look up at the sky and see the stars and moon. Budding astronomers can come to this program and learn the building blocks of observing the night sky. We'll go outside if the sky is clear.

**Fee:** R \$12.00/NR \$22.00

**Date:** Friday, November 15, 2013

**Time:** 6:30 p.m. to 7:30 p.m.

**Ages:** 6 to 8

**Course:** 12742.313

### Upcycled T-shirts

Don't just recycle - Upcycle! In this class we will upcycle T-shirts that you no longer wear. Bring in about 7 - 10 T-shirts and create something totally new.

**Fee:** R \$12.00/NR \$22.00

**Date:** Sunday, November 3, 2013

**Time:** 1:00 p.m. to 2:30 p.m.

**Ages:** 6 to 13

**Course:** 12710.313

### Cheer Waunakee

A fun introduction to the exciting sport of cheerleading. Participants are introduced to basic cheer tumbling, simple cheers, chants, dances and jumps, and learn age appropriate cheerleading skills. Cheerleading is a dynamic blend of tumbling, dance and performance all in one sport!

**Fee:** R \$35.00/ NR \$45.00

**Ages:** 8 to 13

Session 1

**Date:** Saturday, September 14 to October 19, 2013

**Time:** 1:00 p.m. to 2:00 p.m.

**Course:** 12370.313

Session 2

**Date:** Saturday, November 2 to December 14, 2013

**Time:** 1:00 p.m. to 2:00 p.m.

**Course:** 12371.313

### Beginning Hip Hop Dance

This class will introduce the basic concepts of the hip-hop dance style. The art form of hip-hop dance has become popular world-wide and is a fun & energetic way to express your personality. Participants will learn basic steps, counting and a complete routine that they will perform at the end of the class. No experience necessary

**Fee:** R \$30.00/ NR \$40.00

**Ages:** 6 to 9

Session 1

**Date:** Tuesday, September 10 to October 15, 2013

**Time:** 4:15 p.m. to 4:45 p.m.

**Course:** 11378.413

Session 2

**Date:** Tuesday, October 22 to November 26, 2013

**Time:** 4:15 p.m. to 4:45 p.m.

**Course:** 11379.413

### Beginning Jazz Dance

Beginning Jazz is an introductory class to introduce the basic concepts of jazz dance. Throughout the class, children will learn basic jazz-dance moves, rhythmic counting, and even a choreographed routine with the skills and concepts learned in class. This is meant to be a fun and relaxed atmosphere with the children's enjoyment being top priority. No experience necessary.

**Fee:** R \$30.00/NR \$40.00

**Ages:** 6 to 9

Session 1

**Date:** Tuesday, September 10 to October 15, 2013

**Time:** 3:30 p.m. to 4:00 p.m.

**Course:** 11376.413

Session 2

**Date:** Tuesday, October 22 to November 26, 2013

**Time:** 3:30 p.m. to 4:00 p.m.

**Course:** 11377.413

... dance for pre-schoolers can be found on page 2

## Ice Skating at the Ice Pond - Tuesday Classes

Course	6:20 p.m.	6:50 p.m.
Little Skaters		SESSION 1 - 41730.313 SESSION 2 - 41734.313
Sam 1	SESSION 1 - 41731.313 SESSION 2 - 41735.313	
Sam 2	SESSION 1 - 41732.313 SESSION 2 - 41736.313	
Sam 3	SESSION 1 - 41733.313 SESSION 2 - 41737.313	
Basic 1	SESSION 1 - 45730.313 SESSION 2 - 45735.313	
Basic 2		SESSION 1 - 45731.313 SESSION 2 - 45736.313
Basic 3		SESSION 1 - 45732.313 SESSION 2 - 45737.313
Basic 4 - 8		SESSION 1 - 45733.313 SESSION 2 - 45738.313
Adult 1 - 4		SESSION 1 - 43730.313 SESSION 2 - 43731.313
Free Skate	SESSION 1 - 45734.313 SESSION 2 - 45739.313	
SESSION 1 - SEPTEMBER 10 TO OCTOBER 22, 2013 FEE: R \$105.00/NR \$115.00 SESSION 2 - OCTOBER 29 TO DECEMBER 10, 2013 FEE: R \$105.00/NR \$115.00		

### Little Skaters

This class is designed for ages 3 to 4 years old and will help the youngest skater develop coordination on the ice with the use of games and toys. This is an entry level class for children who have not skated before, an adult must accompany each skater on the ice.

### Snowplow Sam 1

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills.

### Snowplow Sam 2

This class is designed for ages 4 to 6 and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 1 to move on to this class.

### Snowplow Sam 3

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 2 to move on to this class level.

### Basic 1 - 8

This class is designed for ages 7 and older to learn the fundamentals for the sport. The eight levels of the program will introduce the fundamental moves: forward skating, stops, edges, crossovers, turns and mohawks. You must have successfully completed Basic 1 to register for classes 2 through 8



### Lessons Include:

- Instruction by high quality U.S. Figure Skating Instructors
- U.S. Figure Skating membership and a membership card, record book and stickers, year patch and level patch for completion of each level.
- Free rental skates during lessons (limited amount)
- 30 minutes of practice ice for each 30 minute class time

### What to wear:

- Helmets are required for all Little Skaters and Snowplow Sam's and recommended for all students
- Skates with toe picks are required for all Snowplow Sam students, Hockey skates are allowed for Basic 1-4
- Wear gloves or mittens and warm layered clothing (no jeans)

**School Director:** Jean Calzavara-Uhlmann

**Program Coordinator:** Kyna North

### Adult 1 - 4

This class is designed for the beginning adult skater. It will promote physical fitness as well as improve balance and coordination while learning proper skating techniques. Divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated. This is the program for people who look at skating as an enjoyable way for a fit and healthy lifestyle.

### Free Skate

Each Free Skate level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. The Free Skate levels are designed to give skaters a strong foundation on which to build their skills. This is the point where the skater can choose whether to pursue a recreational or competitive approach to the sport of figure skating. This class is for participants who have completed Basic 1 - 8.

## Pre-School - Gymnastics

### TUMBLE BUGS WITH PARENT - AGES 18 MONTHS TO 3

Tumble Bugs is a preschool gymnastics program. Come explore landscapes, sing songs, play silly games with the parachute and much more. Join our 18 month to 4 year olds, as they work on their fine and gross motor skills with an emphasis on coordination, strength, balance and socialization, through the use of fun and kid friendly gymnastics equipment. This parent participation class is a wonderful first step class for any youngster. \*No class Thursday, November 28, 2013.

#### SESSION 1

Monday September 9 to October 28, 2013	9:30 a.m. to 10:15 a.m.	Course: 41380.313 Fee: R \$56.00/NR \$66.00
Thursday September 12 to October 31, 2013	10:30 a.m. to 11:15 a.m.	Course: 41381.313 Fee: R \$56.00/NR \$66.00
Saturday September 14 to November 2, 2013	8:30 a.m. to 9:15 a.m.	Course: 41382.313 Fee: R \$56.00/NR \$66.00

#### SESSION 2

Monday November 4 to December 9, 2013	9:30 a.m. to 10:15 a.m.	Course: 41385.313 Fee: R \$42.00/NR \$52.00
Thursday* November 7 to December 19, 2013	10:30 a.m. to 11:15 a.m.	Course: 41384.313 Fee: R \$42.00/NR \$52.00
Saturday November 16 to December 21, 2013	8:30 a.m. to 9:15 a.m.	Course: 41383.313 Fee: R \$42.00/NR \$52.00

### LEAPIN LIZARDS - AGES 3 YEARS 3 MONTHS TO 6

Leapin Lizards classes are designed for the 3 years 3 months to 6 years and the advancing Tumble Bug. This class is for children who are comfortable without their parents participating. Begin learning skills on bars, beam, floor and vault. Each day's class will emphasize independence, confidence, fine and gross motor skills, strength, flexibility and socialization. This is the perfect class for the increasingly active child. For any child younger than 3 years 3 months, one session of Tumble Bugs is HIGHLY recommended. For safety reasons, participants must reach age requirement on the first day of class. Please no exceptions. \*No class Thursday, November 28, 2013.

#### SESSION 1

Monday September 9 to October 28, 2013	8:30 a.m. to 9:25 a.m.	Course: 41170.313 Fee: R \$70.00/NR \$80.00
Monday September 9 to October 28, 2013	1:00 p.m. to 1:55 p.m.	Course: 41176.313 Fee: R \$70.00/NR \$80.00
Thursday September 12 to October 31, 2013	9:30 a.m. to 10:25 a.m.	Course: 41171.313 Fee: R \$70.00/NR \$80.00
Saturday September 14 to November 2, 2013	9:20 a.m. to 10:15 a.m.	Course: 41172.313 Fee: R \$70.00/NR \$80.00

#### SESSION 2

Monday November 4 to December 9, 2013	8:30 a.m. to 9:25 a.m.	Course: 41173.313 Fee: R \$53.00/NR \$63.00
Monday November 4 to December 9, 2013	1:00 p.m. to 1:55 p.m.	Course: 41177.313 Fee: R \$53.00/NR \$63.00
Thursday* November 7 to December 19, 2013	9:30 a.m. to 10:25 a.m.	Course: 41174.313 Fee: R \$53.00/NR \$63.00
Saturday November 16 to December 21, 2013	9:20 a.m. to 10:15 a.m.	Course: 41175.313 Fee: R \$53.00/NR \$63.00

To register for programs call 850-5992 or

# School Age - Gymnastics

## ROCK N ROLLERS - AGES 5 1/2 TO 9

Discover the foundations of gymnastics as a Rock N Roller. This Kindergarten through 5th grade school age class is for participants who are between the ages of 5 1/2 years to 12 years old. Handstands, cartwheels and bridges, are just a few of the fun skills that are included in these lessons. More skills on bars, beam, vault and floor exercise will be included. This class emphasizes both independent and group work. It's a great class for the advancing Leapin Lizard Participants are grouped by age and skill level during class. For safety reasons, participants must reach age requirement on the first day of class. Please no exceptions.

### SESSION 1

Saturday September 14 to November 2, 2013	10:20 a.m. to 11:15 a.m.	Course: 42170.313 Fee: R \$75.00/NR \$85.00
--	--------------------------	--

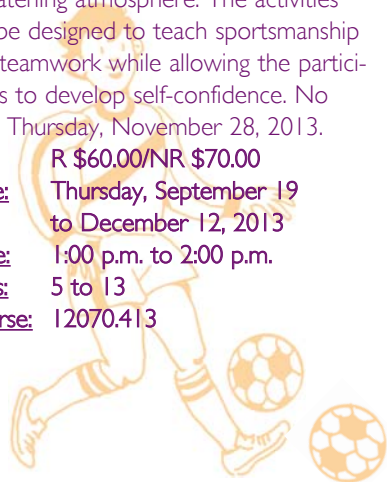
### SESSION 2

Saturday November 16 to December 21, 2013	10:20 a.m. to 11:15 a.m.	Course: 42171.313 Fee: R \$57.00/NR \$67.00
--	--------------------------	--

### Home School Physical Education Fall 2013

Our Home School physical education classes are a great way to incorporate physical education into your child's curriculum. Participants will experience group games, organized sports, and fitness/wellness activities in a relaxed, non-threatening atmosphere. The activities will be designed to teach sportsmanship and teamwork while allowing the participants to develop self-confidence. No class Thursday, November 28, 2013.

**Fee:** R \$60.00/NR \$70.00  
**Date:** Thursday, September 19 to December 12, 2013  
**Time:** 1:00 p.m. to 2:00 p.m.  
**Ages:** 5 to 13  
**Course:** 12070.413



### Little Kickers Soccer

During this 4 week program, participants will learn the fundamentals of soccer with an emphasis on individual skills, teamwork and most of all fun! The program will be led by coaches and players from the Waunakee High School varsity soccer teams. Each participant will receive their own soccer ball and t-shirt.

**Fee:** R \$35.00/NR \$45.00  
**Date:** Sunday  
 November 3 to 24, 2013

**Ages 4**  
**Time:** 4:00 p.m. to 4:45 p.m.  
**Course:** 42088.313

**Ages 5 & 6**  
**Time:** 5:00 p.m. to 5:45 p.m.  
**Course:** 42089.313



### Youth Indoor Tennis

The major goal of this program is to introduce children to the fun and rewarding world of tennis. The equipment and size of the playing area are tailored down to a comfortable size for young children.

Emphasis is placed on learning basic movement and skills. Participants should bring their own racquets.

**Fee:** R \$39.00/NR \$49.00  
**Date:** Wednesday, November 6 to December 18, 2013  
 No class November 27, 2013

**Instructor:** Betsy Zadra  
**Location:** Village Center

**Ages 5 to 8**  
**Time:** 3:15 p.m. to 4:05 p.m.  
**Course:** 42011.313

**Ages 9 & up**  
**Time:** 4:10 p.m. to 5:00 p.m.  
**Course:** 42012.313

## Children's Birthday Party

With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child is! You may decorate the private party room and bring in food and drinks to complement the party. Parties are for up to 15 children (\$5.00 for each additional child, maximum of 20).

For more info or to book your event, call Kyna at 850-5992. Booking one month in advance is recommended.

**Basic Party**  
 R \$120.00/NR \$150.00

**Theme Party**  
 R \$150.00/NR \$180.00

**Theme Options:**  
 Princess Royal Ball, Dinosaur Shin-dig, Outer Space Adventure, Art Extravaganza, Pirate Party, Rock Star, and Superhero Party.



## 2013/2014 Youth Basketball

These recreational leagues are organized and administered by the Village's Recreation Department with the assistance of the high school coaches and players along with parent coaches. The season runs from December 2013 through February 2014. Fees vary by league; all players receive a reversible jersey and basketball. Register at the Village Center, online or by phone at 850-5992.

Boys and Girls in grades K to 8 are invited to participate in this program. This program consists of skills, scrimmages and league games based on grade level. Kindergarten through 2nd grade focuses on skill development through fast and fun stations working into scrimmages. Players in grades 3 to 4 will also have the opportunity to play games. 5th - 8th grade teams will play area teams in the "Big 10 Recreational Basketball League". Players in the 4th - 8th grade levels will be required to do some traveling. Practices for the 5th - 8th grade teams begin in November. All other grades will begin practice in December. Specific game locations and times will be identified in late November.

### Registration deadline:

*Grades K to 4 - Monday, November 11, 2013*

*Grades 5 to 8 - Friday, October 18, 2013*

### **GIRLS - WAUNAHOOPS**

<u>Grade</u>	<u>Course</u>	<u>Location</u>	<u>Fee</u>	<u>Course</u>
Kindergarten	9:00 a.m./Saturday	Arboretum School	\$41.00	42116.413
1st Grade	10:00 a.m./Saturday	Arboretum School	\$41.00	42117.413
2nd Grade	11:00 a.m./Saturday	Arboretum School	\$41.00	42118.413
3rd Grade	12:00 p.m./Saturday	Arboretum School	\$45.00	42119.413
4th Grade	Games - Saturday TBD Practices - Monday TBD	Middle School	\$50.00	42009.413
5th Grade	Games - Saturday TBD Practices - Monday TBD	Prairie School Middle School	\$60.00	42008.413
6th Grade	Games - Saturday TBD Practices - Monday TBD	Prairie School Middle School	\$60.00	42006.413
7th and 8th Grade	Games - TBD Practices - TBD	Arboretum School Village Center	\$60.00	42004.413

### **BOYS - LITTLE WARRIORS**

<u>Grade</u>	<u>Course</u>	<u>Location</u>	<u>Fee</u>	<u>Course</u>
Kindergarten	10:00 a.m./Saturday	Middle School	\$41.00	42110.413
1st Grade	9:00 a.m./Saturday	Middle School	\$41.00	42111.413
2nd Grade	8:00 a.m./Saturday	Middle School	\$41.00	42112.413
3rd Grade	11:00 a.m./Saturday	Middle School	\$45.00	42113.413
4th Grade	Games - Saturday TBD Practices - Thursday TBD	Middle School Arboretum School	\$50.00	42114.413
5th Grade	Games - Saturday TBD Practices - Tuesday TBD	Prairie School Arboretum School	\$60.00	42115.413
6th Grade	Games - Saturday TBD Practices - Tuesday TBD	Prairie School Arboretum School	\$60.00	42007.413
7th and 8th Grade	Games - TBD Practices - TBD	Arboretum School Village Center	\$60.00	42005.413

4th - 8th grade boys and girls - play games against teams from Cottage Grove, Cross Plains, Fitchburg, Maple Bluff, Middleton, Stoughton, and Verona.



## Taekwondo Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class. All instructors are nationally certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. Fees are for unlimited classes per month.

Classes will be available 3 days a week. Current fall schedule is available at the Welcome Desk.

**NEW STUDENT.** Please direct any questions to Michael Plessel at (608) 469-6051.

### September

Ages 4 to 6 Course: 45393.413  
7 and up Course: 45399.313

### October

Ages 4 to 6 Course: 45394.413  
7 and up Course: 45390.413

### November

Ages 4 to 6 Course: 45398.413  
7 and up Course: 45391.413

## 2013-2014 Men's Basketball League

The 2013-2014 Men's Basketball Season will begin on October 9th with a practice game. All players from the 2012-2013 season will have until September 18 to register. Beginning September 19 registration will be open to all new players. This is a draft league with players signing up as individuals and being drafted onto teams. The draft will take place the first week of October.

**Fee:** \$73.00  
**Date:** Wednesdays, October 9, 2013 to February 19, 2014  
**Time:** 6:45 p.m. to 9:45 p.m.  
**Course:** 43000.413  
**Location:** Waunakee High School

No games November 27, or December 25, and January 1

## MATC Classes

Class Name	Fee*	Day	Time	Start Date	End Date
Painting for Pleasure #33590	\$88.52	W	1:00 p.m. to 3:30 p.m.	9/18	10/30
Painting for Pleasure #36519	\$88.52	TH	9:00 a.m. to 11:30 a.m.	9/19	10/31
Painting for Pleasure #33589	\$88.52	M	6:00 p.m. to 8:30 p.m.	9/23	11/4
A Taste of Chocolate #36206	\$29.78	U	1:00 p.m. to 4:00 p.m.	10/27	10/27
Cake Decorating with Fondant #37208	\$33.78	U	1:00 p.m. to 4:00 p.m.	11/17	11/17
Cream Puffs and Eclairs #36207	\$33.78	U	1:00 p.m. to 4:00 p.m.	12/8	12/8

To register call (608)246-6100 or visit [www.madisoncollege.edu](http://www.madisoncollege.edu).  
\*Students 60 years and older will receive a discount of approximately 20%.

## Microsoft Office 2010 Tips and Tricks

It is time to update/refresh your computer skills! Whether you want to return to the job market, or find a better/different job, or just want to learn for personal satisfaction this class is for you!

Have you used, Word, Excel and PowerPoint in the past? Did you learn it on your own or on the job? And are you doing the things you always did the hard way?

Through this class you will become more confident while using Excel and Word with less effort. Create a basic PowerPoint presentation with just one click. Create professional looking files with less effort. At the end of this class, you will be able to do these things and save time on your everyday tasks.

Bonus topics included: - Basic file management - Internet skills

Minimum knowledge/skill required for this class: You should know the basics of Microsoft Word, Excel and PowerPoint to enter this class.

**Fee:** R \$90.00/NR \$100.00  
**Ages:** 16 and up

### Session 1

**Date:** Tuesday, October 15 to October 29, 2013  
**Time:** 8:30 a.m. to 11:30 a.m.  
**Course:** 12231.313

### Session 2

**Date:** Thursday, October 17 to October 31, 2013  
**Time:** 6:00 p.m. to 9:00 p.m.  
**Course:** 12232.313



If you have AARP, Humana or WPS Supplemental Health Insurance, *you may* be eligible for the SilverSneakers Program!

SilverSneakers offers an innovative blend of physical activity, healthy lifestyle and socially oriented programming that allows older adults to take greater control of their health. SilverSneakers members receive:

- A free Village Center membership with access to conditioning classes, exercise equipment, and walking track.
- Access to any participating fitness center throughout the U.S. while traveling.
- Customized SilverSneakers classes designed exclusively for older adults who want to improve their strength, flexibility, balance and endurance.

**Fee:** R \$38.00/NR \$48.00  
Punch card for 10 classes  
If you are a SilverSneakers Fit Pass Holder the classes are free.

**Current class schedules and detailed descriptions are available at the Welcome Desk**

## Workshops on Wellness (WOW)

The Waunakee Village Center and the Waunakee-Westport Lions Club are pleased to offer Workshops on Wellness. The WOW program consists of monthly presentations to help improve healthy living. The presentations will be based on a wide variety of topics and each presenter will share information and answer your questions. The WOW program is free and will be offered at 7:00 p.m. on the 2nd Thursday of every month at the Village Center.



### Upcoming Presentations:

September 12, 2013 – 7:00 p.m.  
UW School of Pharmacy  
“Medication Management and You”

October 10, 2013 – 7:00 p.m.  
Dr. David May, May Vision Center  
“The Sense of Sight – Healthy Eyes”

November 14, 2013 – 7:00 p.m.  
Dr. Scott Gyorog, Meriter Clinic  
“Diabetes 101:  
What everyone should know about prevention and management”

## Power Circuit by Inspire 4 Fitness

Looking for a class that focuses on strength, core and cardio conditioning that will keep you moving and having fun? Then Power Circuit is for you. Come join this new class led by an experienced trainer and coach that will help you meet your fitness and/or weight loss goals. Designed for all fitness levels it offers men and women constantly changing exercises that challenge your mind and body in a supportive, positive environment. We will never do the exact same workout twice.

All participants will receive a weekly email with a healthy recipe, fitness tips and inspirational stories or thoughts. Don't miss your opportunity to join this innovative class this fall.

**Fee:** 4 day - R \$85.00/NR \$95.00  
3 day - R \$75.00/NR \$85.00  
2 day - R \$50.00/NR \$60.00

**Days:** Monday, Tuesday, Wednesday and Thursday

**Time:** 5:35 a.m. to 6:20 a.m.

**Instructor:** Karen Endres

**\*September 16 to 30, 2013**  
**Course:** 4 days/week 25408.313  
3 days/week 25409.313  
2 days/week 25401.313  
\*4 day - R \$42.50/NR \$52.50  
\*3 day - R \$37.50/NR \$47.50  
\*2 day - R \$25.00/NR \$35.00

**October**  
**Course:** 4 days/week 25400.413  
3 days/week 25409.413  
2 days/week 25401.413

**November**  
**Course:** 4 days/week 25402.413  
3 days/week 25408.413  
2 days/week 25403.413

**December**  
**Course:** 4 days/week 25404.413  
3 days/week 25407.413  
2 days/week 25405.413  
No class December 23 - 28, 2013

## Kidcare

### Daytime Hours:

Monday to Friday  
8:00 a.m. to 11:00 a.m.

### Evening Hours:

Monday to Thursday  
5:00 p.m. to 8:00 p.m.

### Fees:

1 child - \$12.00 per month  
2 children - \$18.00 per month  
3 children - \$24.00 per month

### Drop In

\$3.00 per child per visit

Are you thinking about participating in a group exercise class or working out at the Village Center – but don't know what to do with your toddler?

Your child will have a great time in Kidcare! Our friendly staff will provide fun and safe activities for your child while you are participating in a Village Center activity. The service is available for walking through 5 years of age. There is a 2 hour maximum per visit. Space is limited to 10 children on a first come, first serve basis. Staff will not change diapers. Parents will be called to Kidcare when needed.

## Ballroom Dance

### Beginning

Learn basic ballroom dance steps and variations including fox trot, swing, waltz and latins. Learn to lead, follow and relax on the dance floor. The class is taught by Terry Enge, certified ballroom dance instructor. Partners preferred.

**Fee:** R \$27.00/NR \$37.00

**Ages:** 16 and up

**Instructor:** Terry Enge

#### Session 1

**Date:** Thursday, September 19 to October 24, 2013

**Time:** 8:00 p.m. to 9:00 p.m.

**Course:** 13268.313

#### Session 2

**Date:** Thursday, November 14, to December 26, 2013

**Time:** 8:00 p.m. to 9:00 p.m.

**Course:** 13268.413

*No class November 28, 2013*

### Beginning 2 (Intermediate)

This class is for those that have some basic experience with ballroom dance. You will build on previously learned dance steps and variations including fox trot, swing, waltz and latins. The class is taught by Terry Enge, certified ballroom dance instructor. Partners preferred.

**Fee:** R \$27.00/NR \$37.00

**Ages:** 16 and up

**Instructor:** Terry Enge

#### Session 1

**Date:** Thursday, September 19 to October 24, 2013

**Time:** 7:00 p.m. to 8:00 p.m.

**Course:** 13262.313

#### Session 2

**Date:** Thursday, November 14, to December 26, 2013

**Time:** 7:00 p.m. to 8:00 p.m.

**Course:** 13262.413

*No class November 28, 2013*

## Hula Hooping

### Hoop Dance Fitness

Hula hooping is not simply one of the worlds most comprehensive, and all-around beneficial exercises, but hula hooping is a dance. Hoop dance goes above and beyond standard exercise, and does not tell your brain you ARE exercising. Engage in a dynamic and ever-expansive aerobic and anaerobic exercise while achieving greater rhythm, balance, coordination, muscular strength, stamina, and most importantly a brain-body connection.

What is the brain-body connection? When a person engages their brain and body in such a thorough activity vast neurological networks and synapses are constantly formed and strengthened. These expansive systems make a person smarter, happier, healthier, and overall connected to their internal and external world. The fee includes the cost of a hoop which you will get the first class. [www.hulahooping.com/hoop-fitness](http://www.hulahooping.com/hoop-fitness).

**Fee:** R \$105.00/NR \$115.00

**Date:** Wednesday, September 18 to October 23, 2013

**Time:** 6:45 p.m. to 7:45 p.m.

**Ages:** 16 and up

**Course:** 12321.313

### Never-ending Hoopiness

Hooping is one of the world's most overall beneficial activities a person can engage in. Never-ending Hoopiness is a hula hoop class designed to be super fun. In 60 minutes your child will explore the many offerings of hula hooping in a nurturing and exciting environment.

Led by Miss Breezi, a child development specialist and professional hula hooper, this class will fuel your child's creative juices. To begin your child's adventures into hula hooping we will kick-off the first class with a hoop making workshop. [www.hulahooping.com/hoop-fitness](http://www.hulahooping.com/hoop-fitness).

**Fee:** R \$105.00/NR \$115.00

**Date:** Wednesday, September 18 to October 23, 2013

**Time:** 5:30 p.m. to 6:30 p.m.

**Ages:** 5 to 9

**Course:** 62440.313

## Group Exercise Classes

### Group Exercise Schedule

The Village Center offers a complete schedule of group exercise classes in addition to the fitness center and walking track. Classes are offered throughout the week and are designed to accommodate all levels of participants. A complete schedule of classes will be available on the dates below.

Schedules will be available:

- 1) At the Village Center Welcome Desk.
- 2) On-line at [www.vil.waunakee.wi.us](http://www.vil.waunakee.wi.us)
- 3) By calling 850-5992 and we will be happy to mail you one.

### Group Exercise Timeline

#### Fall Session 1

**September 3**

to

**October 26, 2013**

**(8 weeks)**

*Call the Welcome Desk at 850-5992 to check class availability for Session 1.*

#### Fall Session 11

**October 27**

to

**December 21, 2013**

**(8 weeks)**

*Fall Session 11 Schedule  
Available and Registration Starts  
Sunday - October 6, 2013*

## One-On-One Personal Training

Are you looking to get a great start on a new fitness program, lose weight, or train for a particular event? Connect with a Personal Trainer by calling the Welcome Desk at 850-5992.

## Thank you!

### Youth Programming Volunteers

The Village Center is fortunate to have so many wonderful volunteers who enthusiastically volunteer their time to work with our programs and Red Cross Blood Drives. We would also like to thank local businesses that helped support our programs. They include: Zoe's Pizzeria, Piggly Wiggly and the Waunakee Public Library. Your participation is essential in our community outreach.

If you are interested in volunteering with the Village Center, please contact Kyna at 850-5992.

### Little League - Softball and Baseball

Another successful Little League Softball and Baseball season has finished here in Waunakee! We would like to take this opportunity to thank the people that made this fun-filled program possible. Over 150 adults volunteered their time to serve as coaches and coordinators for our leagues. That is just awesome!

These coaches and coordinators helped manage the 1100 kids that participated this summer.

### Little League Sponsors

We would also like to thank the local businesses that assisted the league this year by sponsoring teams: Waunakee Utilities, CMI, Concept Builders, Knights of Columbus Council 6371, Physician's Plus, Culvers of Waunakee, Nord Gear, Stevens Construction, American Family - Mike Kittoe, Marquardt Wealth Management, Raven Development Inc., Smart Motors and Waunakee/Westport Lions Club.

Thank you all for your support!!!

## September Sounds - An Evening of Music in 3 Acts

### NONPRONTO

Nonpronto is a piano-driven power trio from Chicago, IL. Their musicianship inspires an original sound- a mixture of soaring melodies atop big beat piano jams coupled with jazz influences and seamless improvisation.

### HUNT QUARTET

The Hunt Quartet is a professional string quartet of musicians who perform with the Madison Symphony Orchestra (MSO). The quartet will play classical music at this concert. They please any who hear them with their rich sound and exciting approach to their music.

### THE CAOS

You never know what you're in for when the CAOs take the stage, except a surprising musical variety that is sure to entertain. With a repertoire as diverse as almost any audience, the CAOs can mold just about any song request to their unique, soulful sound.

Leslie Cao and Dan Collins (Nonpronoto) are alumni of Waunakee Schools.

**Date:** Saturday, September 14, 2013

**Time:** 7:00 p.m.

**Tickets:** Students - \$10.00  
Seniors--\$8.00

**Where:** High School  
Performing Arts Center

Tickets available at: Waunakee Senior Center, Ace Hardware, Mallatt's Pharmacy, High School Box Office and at the door.

## Cars in the Park

All makes, models and years car show. This fifth annual event is open to car enthusiasts entering their vehicle in the show and community members simply interested in checking out all of the top-notch entries. Cars can be registered on site beginning at 8:00 a.m. for a fee of \$10.00. There is no fee for spectators, but donations for the local food pantry are encouraged for all participants. Cars will be judged by independent judges and awards will be presented at 3:00 p.m.

The MGE Solar Energy Exhibit, a Nissan Leaf, DJ, concessions, fire truck and a bounce house for the kids will all be on hand to make the day even more fun.

For more information contact Chris Neumaier at 849-7760 or Sheldon Hamilton at 712-5994.

**Where:** Village Park

**Date:** Saturday, September 21, 2013

**Time:** 8:00 a.m. to 3:00 p.m.

## Holiday Sampler - Card Making

Have you always wanted to make your own greeting cards, but thought it was too hard? Join this class to find out how fun and rewarding it can be to give personalized cards to your family and friends ... just in time to get ready for the holidays. Halloween - Thanksgiving - Christmas - two cards for each of these holidays will be completed in class. All supplies and materials are included in the class fee.

**Fee:** R \$28.00 NR: \$38.00

**Date:** Saturday, October 19, 2013

**Time:** 9:00 a.m. to Noon

**Ages:** 10 and up

**Course:** 13321.313

## 5th Annual New Balance Girls On The Run - 5K

This is a community Run/Walk event! Join us for a 5K Certified run or walk on Saturday, November 9, 2013. Feel free to run, jog, walk, skip or simply come cheer on our amazing girls! Register online at: [www.girlsontherundaneco.org](http://www.girlsontherundaneco.org). Early registration is encouraged to guarantee your long-sleeve race t-shirt.

**Fee:** \$30.00 individual - \$75.00 for 3

**Date:** Saturday, November 9, 2013

**Time:** 10:00 a.m. start

**Location:** Waunakee Village Park

