



Village Center of Waunakee

VILLAGE OF WAUNAKEE COMMUNITY SERVICES DECEMBER 2012

WINTER 2012

Candlelight Snowshoe Hike and Family Fun Night

Join us for a candlelight snowshoe hike through Village Park. Experience the magic of snowshoeing with a trained naturalist! Get outside with the entire family to learn about snowshoeing and winter natural history. No experience necessary, if you can walk, you can snowshoe!

After the hike, come inside for a Family Fun Night. Warm up with hot chocolate, play active games, eat a snack and create winter arts-n-crafts.

Be sure to dress for the weather. The snowshoeing part of the program will not occur if temperatures are below 5 degrees. A limited number of adult and children's snowshoes are available.

Date: Friday, January 25, 2013

Time: 6:00 p.m. to 8:00 p.m.

Fee: \$4.00/family – Resident

\$8.00/family – Non Resident

Free for Family FIT Pass Members

Red Cross Blood Drive

'Tis the season to give the gift of blood. The need for blood is constant, even during the holidays. Join the Village Center of Waunakee, along with the Red Cross by donating blood, your time, or food and beverages for this cause.

To sign up for a blood donation or for eligibility questions please call 1-800-448-3543 or go to www.give-bloodgivelife.org.

We are looking for volunteers for 1-2 hour shifts starting at 10:30 a.m. and ending at 6:00 p.m. These volunteers will be aiding in general assistance, greeters, refreshment servers and donor aids.

If you are unable to donate your time, consider making donations of food or beverages. If you have any questions or would like to sign up to volunteer, please contact Kyna at 850-5992.

Date: Friday, December 21, 2012

Time: 1:00 p.m. to 5:00 p.m.

Santa at the Village Center

He's making a list and checking it twice! We are going to find out who's naughty or nice at the Waunakee Village Center on Saturday, December 1, 2012. Santa Claus and Mrs. Claus will be making their way into Waunakee to talk to the children about the North Pole and to share their wish lists. Parents are invited to take pictures of their children with Santa Claus.

Come share a cozy afternoon, making crafts, enjoying entertainment, candy canes, cookies, cider, and holiday fun! All ages are welcome to participate in this FREE event co-sponsored by the Waunakee Rotary Club.

Date: Saturday, December 1, 2012

Time: 1:00 p.m. to 4:00 p.m.

Fee: FREE

Gymnastics

TUMBLE BUGS WITH PARENT - AGES 18 MONTHS TO 3

Come explore landscapes, sing songs, play silly games with the parachute and much more. Our participants work on their fine and gross motor skills with an emphasis on coordination, strength, balance and socialization, through the use of fun and kid friendly gymnastics equipment. This parent participation class is a wonderful first step class for any youngster.

Saturday January 5 to February 23, 2013	8:30 a.m. to 9:15 a.m.	Course: 11385.113 Fee: R \$56.00/NR \$66.00
Monday January 7 to February 25, 2013	9:35 a.m. to 10:20 a.m.	Course: 11391.113 Fee: R \$56.00/NR \$66.00
Thursday January 10 to February 28, 2013	10:05 a.m. to 10:50 a.m.	Course: 11383.113 Fee: R \$56.00/NR \$66.00

LEAPIN LIZARDS - AGES 3 TO 5

Come learn more about tumbling and gymnastics as a Leapin Lizard. This class is for children who are comfortable without their parents participating. Circuits and games will be set up each day to emphasize independence, confidence, fine and gross motor skills, strength, flexibility and socialization. This is the perfect class for the increasingly active child.

Monday January 7 to February 25, 2013	8:30 a.m. to 9:30 a.m.	Course: 12384.113 Fee: R \$70.00/NR \$80.00
Monday January 7 to February 25, 2013	1:00 p.m. to 2:00 p.m.	Course: 12385.113 Fee: R \$70.00/NR \$80.00
Thursday January 10 to February 28, 2013	9:00 a.m. to 10:00 a.m.	Course: 12381.113 Fee: R \$70.00/NR \$80.00
Saturday January 5 to February 23, 2013	9:20 a.m. to 10:20 a.m.	Course: 12382.113 Fee: R \$70.00/NR \$80.00

ROCK N ROLLERS - AGES 6 TO 9

Come discover the foundations of gymnastics as a Rock N Roller. Handstands, cartwheels, bridges, bars, beam, vault and floor exercises are just a few of the fun skills that are included in these lessons. This is a great class for the advancing Leapin Lizard.

Saturday January 5 to February 23, 2013	10:25 a.m. to 11:25 a.m.	Course: 12389.113 Fee: R \$75.00/NR \$85.00
Sunday January 6 to February 24, 2013	12:30 p.m. to 1:30 p.m.	Course: 12380.113 Fee: R \$75.00/NR \$85.00

TUMBLE STARS

This class requires coaches' recommendation to register.

Sunday January 6 to February 24, 2013	2:50 p.m. to 3:50 p.m.	Course: 12387.113 Fee: R \$75.00/NR \$85.00
--	------------------------	--

FLYERS

This class requires coaches' recommendation to register.

Sunday January 6, to February 24, 2013	1:45 p.m. to 2:45 p.m.	Course: 12386.113 Fee: R \$75.00/NR \$85.00
---	------------------------	--

December 16, 2012 is the first day you can enroll in this session. 6:00 a.m. online. 9:00 a.m. phone/in person.

Early Release

Active Kids

Join us for an active early release. This program offers a fun and entertaining opportunity for children in grades K-4 on afternoons when they are released from school early. Activities include fitness based and active games in the gymnasium lead by Village Center staff. A healthy snack will also be provided. There will be general arts and crafts and a movie for a quiet area as well. The school district provides transportation to the Village Center.

Parents must pick up their children by 4:00 p.m.

Fee: \$15.00
Date: Friday, February 22 2013
Time: 1:00 p.m. to 4:00 p.m.

Grades K - 2
Course: 12722.113

Grades 3 - 4
Course: 12723.113

Youth Dance Classes Coming this Winter!

The Village Center will be offering youth dance classes this winter – preschool dance, jazz and hip hop. The schedule and class description will be available in mid to late December.

Friday Fun Zone

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

Ages: 5 and under
Days: Friday - 9:30 a.m. to 11:30 a.m.
Fees: Free for Family Fit Pass Holders
 \$4.00/R Family
 \$8.00/NR Family

Young Rembrandts

Drawing is the fundamental skill of the visual arts. Young Rembrandts® teaches drawing skills while developing learning skills that give an academic advantage in the classroom. Young Rembrandts' unique and proven method was developed by an artist and educator.

We deliver a top quality experience that is fun, engaging, educational and affordable.

Preschool

Fee: R \$53.00/NR \$63.00
Ages: 3 ½ to 5 years
Session 1
Date: Thursday, January 10 to February 7, 2013
Time: 4:00 p.m. to 4:45 p.m.
Course: 12327.113

Session 2
Date: Thursday, February 14 to March 21, 2013
Time: 4:00 p.m. to 4:45 p.m.
Course: 12328.113

Drawing

Fee: R \$55.00/NR \$65.00
Ages: 6 to 11
Session 1
Date: Thursday, January 10 to February 7, 2013
Time: 4:00 p.m. to 5:00 p.m.
Course: 12324.113

Session 2
Date: Thursday, February 14 to March 21, 2013
Time: 4:00 p.m. to 5:00 p.m.
Course: 12325.113

Cartooning

Fee: R \$58.00/NR \$68.00
Ages: 6 to 11 years
Session 1
Date: Thursday, January 10 to February 7, 2013
Time: 5:15 p.m. 6:30 p.m.
Course: 12321.113

Session 2
Date: Thursday, February 14 to March 21, 2013
Time: 5:15 p.m. to 6:30 p.m.
Course: 12322.113

Home School Physical Education

Our Home School physical education classes are a great way to incorporate physical education into your child's curriculum. Participants will experience group games, organized sports, and fitness/wellness activities in a relaxed, non-threatening atmosphere. The activities will be designed to teach sportsmanship and teamwork while allowing the participants to develop self-confidence.

Fee: R \$60.00/ NR \$70.00
Date: Thursday, January 10 to March 28, 2013
Time: 1:00 p.m. to 2:00 p.m.
Ages: 5 to 13 years
Course: 12070.113

Lango

When you teach your child a new language, you open up a world of possibilities!

Research shows that children who learn a foreign language score higher on standardized tests and perform better in school. And, as the world economy becomes even more global, the benefits of speaking another language are clear.

With Lango, your child will learn another language in a small group setting, make developmental strides, gain exposure to new cultures, and have a blast in the process! Our dynamic classes incorporate original music, dance, games, storytelling and more to keep kids immersed and engaged in their target language.

For more information and to enroll your child, please visit:

www.LangoKidsWI.com

Fee: \$129.00
Date: Tuesday
 January 8 to February 26, 2013
Time: 11:00 a.m. to 12:30 p.m.



Ice Skating at the Ice Pond - Tuesdays

Lessons Include:

- Instruction by high quality U.S. Figure Skating Instructors
- U.S. Figure Skating membership, membership card, and record book and stickers, year patch and level patch for completion of each level.
- Free rental skates during lessons (limited amount)
- 30 minutes of practice ice for each 30 minute class time

What to wear:

- Helmets are required for all Little Skaters/Snowplow Sam's and recommended for all students
- Skates with toe picks are required for all Snowplow Sam students, Hockey skates are allowed for Basic 1-4
- Wear gloves or mittens and warm layered clothing (no jeans)

Fee: R \$120.00/NR: \$130.00

School Director: Jean Calzavara-Uhlmann

Program Coordinator: Kyna North

Little Skaters

This class is designed for ages 3 to 4 years old and will help the youngest skater develop coordination on the ice with the use of games and toys. This is an entry level class for children who have not skated before, an adult must accompany each skater on the ice.

Snowplow Sam 1

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills.

Snowplow Sam 2

This class is designed for ages 4 to 6 and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 1 to move on to this class.

Snowplow Sam 3

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 2 to move on to this class level.

Basic 1 - 8

This class is designed for ages 7 and older to learn the fundamentals for the sport. The eight levels of the program will introduce the fundamental moves: forward skating, stops, edges, crossovers, turns and mohawks. You must have successfully completed Basic 1 to register for classes 2 through 8

Adult 1 - 4

This class is designed for the beginning adult skater. It will promote physical fitness as well as improve balance and coordination while learning proper skating techniques. Divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated. This is the program for people who look at skating as an enjoyable way for a fit and healthy lifestyle.

Free Skate

Each Free Skate level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. The Free Skate levels are designed to give skaters a strong foundation on which to build their skills. This is the point where the skater can choose whether to pursue a recreational or competitive approach to the sport of figure skating. This class is for participants who have completed Basic 1 - 8.



Course	6:20 p.m.	6:50 p.m.
Little Skaters		41734.113
Sam 1	41735.113	
Sam 2	41736.113	
Sam 3	41737.113	
Basic 1	42740.113	
Basic 2		42741.113
Basic 3		42742.113
Basic 4 - 8		42743.113
Adult 1 - 4		43734.113
Free Skate	42758.113	
JANUARY 8 TO FEBRUARY 26, 2013		

Snowshoe Rental

Looking to try something new? Snowshoes are available for rent on a one-day basis at the Waunakee Village Center. Fees are R: \$15.00 per pair and NR \$25.00 per pair. If snowshoes are returned late, additional fees will be applied.

Snowshoes are available in a wide variety of sizes, ranging from youth through adult. The snowshoes are recreational shoes with an aluminum frame and buckle bindings, making them an accessible recreation opportunity for all ages and abilities. For more information contact Kyna at 850-5992 or knorth@vil.waunakee.wi.us.

Snowshoe

Learn to Snowshoe

Try our snowshoes for a day to see if you like them, before buying your own. Your family will receive about 15 minutes of instruction on how to put them on, take them off, and walk with them. When you're ready, go hiking on your own through Village Park. Sign up the entire family for this program!

Fee: R \$15.00/NR \$25.00

Ages: 5 and up Children ages 5-10 must be accompanied by an adult.

Date: Saturday, January 12, 2013

Time: 9:00 a.m. to 11:00 a.m.

Course: 12720.413

Instructor: Joleen Stinson



Walk on the White Side Snowshoe Hike

Experience the magic of snowshoeing with a trained naturalist while exploring the prairie landscape of Schumacher Farm Park! Get outside with the entire family to learn about snowshoeing and winter natural history. No experience necessary-if you can walk, you can snowshoe!

Fee: R \$10.00/NR \$15.00

Date: Saturday, February 2, 2013

Time: 9:00 a.m. to 11:00 a.m.

Course: 12722.413

No matter which snowshoe program you sign up for, be sure to dress for the weather. The programs will not occur if temperatures are below 5° F or if there is not enough snow. A limited number of adult and children's snowshoes are available. Snowshoes were provided by an Alliant Energy Foundation Grant.

Youth Activities

Wire Wrap Beading

Make beaded jewelry and wire wrapped pendant designs to take home or give to friends and family.

Fee: R \$8.00/NR \$13.00

Ages: 6 to 13

Date: Thursday, February 7, 2013

Time: 6:35 p.m. to 7:35 p.m.

Course: 12716.113

Tie Dye

Learn how to fold, tie, and dye fabric to make different patterns and designs. Each participant will dye one shirt and one pair of socks. If you would like to dye more items - bring them to class! Be sure to dress for a mess!

Fee: R \$13.00/NR \$18.00

Ages: 7 to 15

Date: Sunday March 3, 2013

Time: 1:00 p.m. to 2:00 p.m.

Course: 12715.113

Children's Birthday Party

With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child is! You may decorate the private party room and bring in food and drinks to compliment the party. Parties are for up to 15 children (\$5.00 for each additional child, maximum of 20). All parties must have at least 2-4 adults to assist with supervision.

For more info or to book your event, call Kyna at 850-5992. Booking one month in advance is recommended.

Basic Party

R \$120.00/NR \$150.00

Theme Party

R \$150.00/NR \$180.00

Theme Options: Princess Royal Ball, Dinosaur Shin-dig, Outer Space Adventure, Art Extravaganza, Pirate Party, Rock Star, Superhero, and Wild Safari.

Cheer Waunakee

Cheer Waunakee is a fun introduction to the exciting sport of cheerleading. Our cheerleaders are introduced to basic cheer tumbling, simple cheers, chants, dances and jumps, and learn age appropriate skills to prepare for local performances. Performances may include parades, festivals, community events and recreational competitions. Cheerleading is a dynamic blend of tumbling, dance and performance all in one sport! It develops strength, flexibility, and power, but also teaches life lessons in teamwork, commitment, responsibility and camaraderie.

Our teams have no bench, with every member an important participant. Every child is a star! This program is administered by Prairie Kids Club, the home of the Cheer Wisconsin All Star cheerleading

Fee: R \$80.00/NR \$90.00

Date: Tuesday, January 15
to April 9, 2013

Time: 4:45 p.m. to 6:00 p.m.

Ages: 8 to 14

Course: 12370.113

One Day Cheerleading Camp with Cheer Waunakee

Cheerleading is a dynamic blend of tumbling, dance, and performance all in one sport! It develops strength, flexibility, spunk and power and teaches life lessons in teamwork, commitment, responsibility and camaraderie. Campers will learn a short routine which will include simple cheers, chants, dances and jumps and learn age appropriate skills.

Trained instructors will be partnering with the Waunakee High School Varsity cheerleaders to provide an afternoon of fun and learning. Family and friends are invited to the last portion of the camp to see the routine the campers have learned!

Fee: R \$35.00/NR \$45.00

Date: Friday, December 28, 2012

Time: 12:30 p.m. to 3:00 p.m.

Ages: 7 to 14

Course: 11382.412

Youth Tennis - Indoor

The major goal of this program is to introduce children to the fun and rewarding world of tennis. The equipment and size of the playing area are tailored to a comfortable size for young children. Emphasis is placed on learning basic movement and skills. Participants should bring their own racquets.

Fee: R \$38.00/NR \$48.00

Instructor: Betsy Zadra

Session 1 - Ages 5 - 8

Date: Wednesday

January 2 to February 6, 2013

Time: 3:15 p.m. to 4:05 p.m.

Course: 42011.113

Session 2 - Ages 5 - 8

Date: Wednesday

February 13 to March 20, 2013

Time: 3:15 p.m. to 4:05 p.m.

Course: 42014.113

Session 1 - Ages 9 and up

Date: Wednesday

January 2 to February 6, 2013

Time: 4:10 p.m. to 5:00 p.m.

Course: 42012.113

Session 2 - Ages 9 and up

Date: Wednesday

February 13 to March 20, 2013

Time: 4:10 p.m. to 5:00 p.m.

Course: 42015.113

Baseball Open Gym

The Village Center gym will be available to work on your baseball skills before the season begins. Participants will work on batting, fielding and throwing. Volunteer coaches are also needed.

Fee: R \$16.00/NR \$26.00

Date: Friday

January 11 to March 1, 2013

Grades 3 & 4

Time: 6:00 p.m. to 7:00 p.m.

Course: 42163.113

Grades 5 & 6

Time: 7:00 p.m. to 8:00 p.m.

Course: 42164.113

Grades 7 & 8

Time: 8:00 p.m. to 9:00 p.m.

Course: 42165.113

SPEED

Sports Performance Program

All student athletes looking to improve their strength, speed, core strength, agility and cardio will love the dynamic workouts of the SPEED program. We welcome anyone looking to prepare for their upcoming sport season. Participants will receive personal training in a group setting at a fraction of the cost of hiring a personal trainer. The workouts will include a dynamic warm-up, burst cardio training, core conditioning and strength training. Variety will challenge participant's muscles and keep them coming back. There is a \$15 discount for each additional sibling in the same family.

Fee: 3 day - R \$179.00/NR \$189.00

2 day - R \$129.00/NR \$139.00

Date: January 7 to February 28, 2013

No class January 21 and 28, 2013

Days: Monday, Tuesday, and Thursday

Time: 3:50 p.m. to 4:45 p.m.

Course: 3 days/week #25402.113

Course: 2 days/week #25403.113

Instructor: Karen Endres/Jen Grabarski

Opportunities for Youth

The following clubs provide activities for Waunakee area residents. For more information on what they offer, please check out their websites!

Ice Pond at Waunakee

www.waunakeedeforesticerink.org

Waunakee Area Soccer Club

www.waunakeesoccer.org

Waunakee Lacrosse Club

www.waunakeelax.org

Waunakee Wave

www.waunakeewave.org

Waunakee Youth Football

www.waunakeefootball.com

Waunakee Youth Hockey

<http://waunakeehockey.org>

Waunakee Youth Wrestling

<http://waunakeewrestling.com>

Little Kickers

During this 4 week program, participants will learn the fundamentals of soccer with an emphasis on individual skills, teamwork and most of all fun! The program will be led by coaches and players from the Waunakee High School soccer teams. Each participant will receive their own soccer ball and t-shirt.

Fee: R \$35.00/NR \$45.00

Date: Sunday

March 3 to 24, 2013

Ages 4

Time: 4:00 p.m. to 4:45 p.m.

Course: 42088.313

Ages 5 & 6

Time: 5:00 p.m. to 5:45 p.m.

Course: 42089.113

2013 Waunakee Area Youth Baseball and Softball

Waunakee Area Little League (WALL) is a volunteer organization providing Little League Baseball and Softball to children living in the Waunakee Area School District. WALL is coordinated through the Village Recreation Department. Waunakee Area Little League is chartered with Little League International. The goal of WALL is to provide an activity that develops the qualities of sportsmanship, teamwork, responsibility, and discipline under the leadership of adult volunteer role models. *Level of play is based on your child's grade in the fall 2013.*

Register in person at the Village Center, via phone at 850-5992 or online at www.waunakee/recreation.

• Early Bird Registration Period for Junior, Major and Minor Baseball Leagues is: January 31 to March 15, 2013.



• Early Bird Registration Period for T-Ball, Coach Pitch Baseball, Rookie League Baseball and all Softball is: January 31 to April 15, 2013.

Players MUST be registered by these dates to be guaranteed a spot on a team. Anyone not registered by the end of the early bird period will be accepted based on availability.

Some leagues will be provided uniforms that need to be returned at the end of the season.

Anyone who does not return their uniform at the end of the season will be charged a \$20.00 replacement fee.

Program	Game Days	Course Number	Early Bird	Regular Fee
<u>Little League Play is based on your child's grade in the Fall of 2013.</u>				
Little Hitters Parent/Child T- Ball (Co-ed) 4 years	Mon 5:30 p.m. Mon 6:30 p.m. Wed 5:30 p.m. Wed 6:30 p.m.	42135.213 42136.213 42133.213 42137.213	\$25.00	\$35.00
T- Ball (Co-ed) Entering Kindergarten	Tues Thurs	42132.213 42134.213	\$36.00	\$46.00
Coach Pitch Baseball (Boys) 1st and 2nd Grade	Mon and Wed	42151.213	\$45.00	\$55.00
Coach Pitch Softball (Girls) 1st and 2nd Grade	Tues and Thurs	42141.213	\$45.00	\$55.00
Rookie League Baseball (Boys - pitching machine) 3rd Grade	Mon and Wed	42152.213	\$50.00	\$60.00
Rookie League Softball (Girls - pitching machine) 3rd Grade	Tues and Thurs	42146.213	\$50.00	\$60.00
Minor League Softball (Girls - live pitching) 4th and 5th Grade	Tues and Thurs	42142.213	\$50.00	\$60.00
Minor League A Baseball (Boys - live pitching) 4th Grade	Mon and Wed	42157.213	\$65.00	\$75.00
Minor League AA Baseball (Boys - live pitching) 5th Grade	Mon and Wed	42154.213	\$72.00	\$82.00
Major League Softball (Girls - live pitching) 6th and 7th Grade	TBD	42143.213	\$65.00	\$75.00
Major League Baseball (Boys - live pitching) 6th and 7th Grade	TBD	42158.213	\$82.00	\$92.00
Junior League Softball (Girls - live pitching) 8th and 9th Grade	TBD	42144.213	\$65.00	\$75.00
Junior League Baseball (Boys - live pitching) 8th and 9th Grade	TBD	42155.213	\$92.00	\$102.00
Senior League Baseball (Boys - live pitching) 10th and 11th Grade	TBD	42156.213	\$80.00	\$90.00

US Baseball Academy

The Waunakee Area Little League (WALL) will once again be sponsoring the US Baseball Academy in 2013. The academy will be held at the Waunakee High School for six Sundays beginning January 27, 2013. To register and get complete details please go to the US Baseball website – www.usbaseballacademy.com or call US Baseball Academy at 1-866-622-4487.

Team Sponsorship

WALL had almost 1200 children from the ages of 4 to 16 participate in our baseball/softball leagues last year. Many have helped us by sponsoring a team with their company name and logo. Team sponsorships are \$300.00.

Throughout the season hundreds of people will see your logo on uniforms. If you or your business are interested in sponsoring a team please contact Jeff Skoug at 850-5992.

Taekwondo Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class. All instructors are nationally certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. Fees are for unlimited classes per month. *Tiny Tigers is limited to 8 students. NEW STUDENT. Please direct any questions to the instructor at (608) 469-6051.*

December

Ages 4 to 6 Course: 45395.412
7 and up Course: 45394.412
December is 1/2 price!

January

Ages 4 to 6 Course: 45392.113
7 and up Course: 45396.113

February

Ages 4 to 6 Course: 45393.113
7 and up Course: 45397.113

MONDAY	WEDNESDAY	SATURDAY
Tiny Tigers Ages 4 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.	Tiny Tigers Ages 4 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.	Tiny Tigers Ages 4 to 6 White - Yellow 8:30 a.m. to 9:00 a.m.
Beginner Class Ages 7 and Up White - Yellow 5:45 p.m. to 6:30 p.m.	Beginner Class Ages 7 and Up White - Yellow 5:45 p.m. to 6:30 p.m.	- Break - 9:00 a.m. to 9:05 a.m.
- Break - 6:30 p.m. to 6:35 p.m.	- Break - 6:30 p.m. to 6:35 p.m.	Beginner Class Ages 7 and Up White - Yellow 9:05 a.m. to 9:50 a.m.
Intermediate & Advance Class Ages 7 and Up Camo - Red 6:35 p.m. to 7:20 p.m.	Intermediate & Advance Class Ages 7 and Up Camo - Red 6:35 p.m. to 7:20 p.m.	Intermediate & Advance Class Ages 7 and Up Camo - Red 9:50 a.m. to 10:35 a.m.
- Break - 7:20 p.m. to 7:25 p.m.	- Break - 7:20 p.m. to 7:25 p.m.	- Break - 10:35 a.m. to 10:40 a.m.
Black Belt Class Ages 7 and Up Rec. Black and Black 7:25 p.m. to 8:10 p.m.	Black Belt Class Ages 7 and Up Rec. Black and Black 7:25 p.m. to 8:10 p.m.	Leadership Ages 7 and Up All Ranks 10:40 a.m. to 11:10 a.m.
Fee: R \$50.00/NR \$60.00 Age: 4 and up Time: See schedule Instructor: Michael Plessel www.waunakeeata.com		Black Belt Class Ages 7 and Up Rec. Black and Black 11:10 a.m. to 11:55 a.m.

Ballroom Dance -

Beginning

Learn basic ballroom dance steps and variations including fox trot, swing, waltz and latins. Learn to lead, follow and relax on the dance floor. The class is taught by Terry Enge, certified ballroom dance instructor (CBI).

Fee: R \$27.00/NR \$37.00

Ages: 16 and up

Instructor: Terry Enge/CBI

Session 1

Date: Thursday, January 10
to February 14, 2013

Time: 8:00 p.m. to 9:00 p.m.

Course: 13267.113

Session 2

Date: Thursday, February 28
to April 4, 2013

Time: 8:00 p.m. to 9:00 p.m.

Course: 13268.113

Beginning 2 (Intermediate)

This class is for those that have some basic experience with ballroom dance. You will build on previously learned dance steps and variations including fox trot, swing, waltz and latins. The class is taught by Terry Enge, certified ballroom dance instructor (CBI).

Fee: R \$27.00/NR \$37.00

Ages: 16 and up

Instructor: Terry Enge/CBI

Session 1

Date: Thursday, January 10
to February 14, 2013

Time: 7:00 p.m. to 8:00 p.m.

Course: 13261.113

Session 2

Date: Thursday, February 28
to April 4, 2013

Time: 7:00 p.m. to 8:00 p.m.

Course: 13262.113



MATC Classes

Adult Enrichment Classes

Class Name	Fee*	Day	Time	Start Date	End Date
Painting for Pleasure #66686	\$77.13	M	6:30 p.m. to 9:00 p.m.	2/11	3/25
Painting for Pleasure #66690	\$77.13	W	1:00 p.m. to 3:30 p.m.	2/13	3/27
Painting for Pleasure #66688	\$77.13	TH	9:00 a.m. to 11:30 a.m.	2/14	3/2
Sweet and Savory Crepes #66535	\$29.75	SA	9:00 a.m. to Noon	3/2	3/2
Creative Writing #61793	\$69.01	M	6:30 p.m. to 8:30 p.m.	3/4	4/22
Cooking for One/Two #61847	\$39.38	SU	1:30 p.m. to 4:30 p.m.	3/17	3/24
A Taste of Chocolate #61738	\$27.25	SU	1:30 p.m. to 4:30 p.m.	4/14	4/14
Stained Glass Suncatcher #66513	\$34.25	SU	1:00 p.m. to 5:00 p.m.	4/21	4/21
Calligraphy #64333	\$52.76	M	6:00 p.m. to 8:00 p.m.	4/29	6/3

* All project supplies are at an additional cost.

Seniors will pay a reduced rate for these classes, typically a 20% discount. For course information call (608) 258-2301 or visit www.madisoncollege.edu.

To register: Call (608) 246-6240 between 12:00 p.m. to 6:00 p.m. Monday to Thursday, 12:00 p.m. to 3:30 p.m. Friday.

Power Circuit by Inspire 4 Fitness

Looking for a class that focuses on strength, core and cardio conditioning that will keep you moving and having fun? Power Circuit is for you. Come join this new class led by an experienced trainer and coach that will help you meet your fitness and/or weight loss goals. Designed for all fitness levels we offer men and women constantly changing exercises that challenge your mind and body in a supportive, positive environment. We will never do the exact same workout twice.

All participants will receive a weekly email with a healthy recipe, fitness tips and inspirational stories or thoughts. Don't miss your opportunity to join this innovative class.

Fee: 4 day - R \$85.00/NR \$95.00
3 day - R \$75.00/NR \$85.00
2 day - R \$50.00/NR \$60.00

Days: Monday, Tuesday, Thursday and Friday

Time: 5:35 a.m. to 6:20 a.m.

Instructor: Karen Endres

December

Course: 4 days/week #25404.412

Course: 3 days/week #25407.412

Course: 2 days/week #25405.412

January

Course: 4 days/week #25400.113

Course: 3 days/week #25409.113

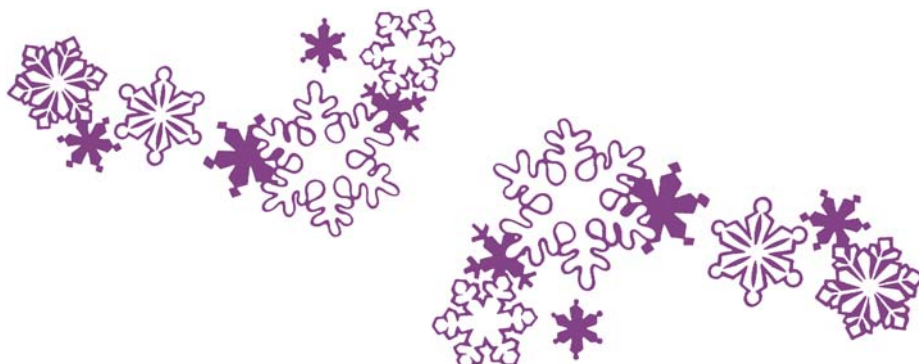
Course: 2 days/week #25401.113

February

Course: 4 days/week #25408.113

Course: 3 days/week #25407.113

Course: 2 days/week #25406.113



FIT Pass Information

Anyone is eligible to purchase a FIT Pass at the Waunakee Village Center. To use these recreation areas, affordable passes can be purchased at the Center.

Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open use-times and is valid from the date of purchase. This pass is ideal for a patron who only wants a pass for a few months during the year. All short term passes must be paid in full.

Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

Daily Track Pass Punch Card

The Daily Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track only.

Do You Carry Dean, Unity, Group Health, or Physicians Plus for Your Health Insurance?

Membership reimbursements may be available if you carry Group Health, Dean, Unity or Physicians Plus Health Insurance!

For more information contact your health care provider's website or stop at the Welcome Desk.

FIT Pass Fee Schedule

<i>Pass Classification</i>	<i>Resident Rate</i>	<i>Non-Resident Rate</i>
ANNUAL PASS (EFT)		
Youth	\$8.75 per month	\$11.25 per month
High School (14-18)	\$14.00 per month	\$18.00 per month
Adult (18-54)	\$25.00 per month	\$35.00 per month
Older Adult (55+)	\$14.00 per month	\$14.00 per month
Family	\$47.50 per month	\$62.50 per month
*option to pay in full for the year		
6 MONTH PASS		
Youth	\$55.00	\$72.00
High School (14-18)	\$95.00	\$120.00
Adult (18-54)	\$165.00	\$220.00
Older Adult (55+)	\$95.00	\$95.00
Family	\$300.00	\$385.00
3 MONTH PASS		
Youth	\$30.00	\$39.00
High School (14-18)	\$55.00	\$71.00
Adult (18-54)	\$90.00	\$120.00
College (17-24) Summer Only	\$70.00	\$90.00
Older Adult (55+)	\$55.00	\$55.00
Family	\$155.00	\$205.00
1 MONTH PASS		
Youth	\$12.00	\$16.00
High School (14-18)	\$22.50	\$29.00
Adult (18-54)	\$37.50	\$49.00
Older Adult (55+)	\$22.50	\$22.50
Family	\$60.00	\$78.00
DAILY PASS		
Youth	\$2.00	\$4.00
High School (14-18)	\$2.00	\$4.00
Adult (18-54)	\$4.00	\$6.00
Older Adult (55+)	\$2.00	\$2.00
Family	\$10.00	\$15.00
DAILY TRACK PASS PUNCH CARD 10 visits - use of track only.		
Adult/Youth	\$6.00	\$12.00
Older Adult (55+)	\$6.00	\$6.00



GROUP EXERCISE CLASSES

The Village Center offers a complete schedule of group exercise classes in addition to the fitness center and walking track. Classes are offered throughout the week and are designed to accommodate all levels of participants. Current class offerings include: Yoga, Pilates, Group Cycling, Zumba and various Cardio and Sculpt classes. A complete schedule of classes will be available on the following dates.

Winter Session

January 6, 2013 to March 23, 2013
(11 weeks)

Winter Session Schedule

Available and Registration Starts
Sunday - December 16, 2012

Kidcare

Daytime Hours:

Monday to Friday
8:00 a.m. to 11:00 a.m.

Evening Hours:

Monday to Thursday
5:00 p.m. to 8:00 p.m.

Fees:

- 1 child - \$12.00 per month
- 2 children - \$18.00 per month
- 3 children - \$24.00 per month

Drop In

\$3.00 per child per visit

Our friendly staff will provide fun and safe activities for your child while you are participating in a Village Center activity. The service is available for walking through 5 years of age. There is a 2 hour maximum per visit. Space is limited to 10 children on a first come, first serve basis. Staff will not change diapers. Parents will be called to Kidcare when needed.



If you have AARP, Humana or WPS Supplemental Health Insurance, *you may* be eligible for the SilverSneakers Program!

SilverSneakers offers an innovative blend of physical activity, healthy lifestyle and socially oriented programming that allows older adults to take greater control of their health. SilverSneakers members receive:

- A free Village Center membership with access to conditioning classes, exercise equipment, and walking track.
- Access to any participating fitness center throughout the U.S. while traveling.
- Customized SilverSneakers classes designed exclusively for older adults who want to improve their strength, flexibility, balance and endurance.

Fee: R \$38.00/NR \$48.00
Punch card for 10 classes
Card good for 3 months
If you are a SilverSneakers FIT Pass Holder the classes are free.

Current class schedules are available at the Welcome Desk

Muscular Strength and Range of Movement Class

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activity for daily living skills. Hand-held weights, elastic tubing with handles and a ball are offered for resistance; and a chair is used for seated and/or standing support.

Cardio Circuit

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand held weights; elastic tubing with handles and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercises.

YogaStretch

YogaStretch is a class designed for ALL participants and focuses on poses and postures to improve breathing, flexibility, balance, muscular strength and endurance and joint range of motion. YogaStretch is a blend of three Yoga styles creating harmony of movement for the whole body. Static and dynamic movements are presented to enhance the flow and physical energy of the movements with the SilverSneakers chair for seated and standing support.

One-On-One Personal Training

Are you looking to get a great start on a new fitness program, lose weight, or train for a particular event? Connect with a Personal Trainer by calling the Welcome Desk at 850-5992.

Gift Certificates

Treat your friends and family to a healthy gift with a Village Center FIT Pass. Buy now in time for the holidays!



Holiday Hours

Christmas Eve

Monday - December 24, 2012
5:30 a.m. to Noon

Christmas Day

Tuesday - December 25, 2012
Closed

New Year's Eve

Monday - December 31, 2012
5:30 a.m. to 2:00 p.m.

New Years Day

Tuesday - January 1, 2013
Closed



Waunakee "Treasure" Hunt

Join your family, friends and neighbors for a scavenger hunt of Waunakee. Come to the Village Center on Thursday, March 14, 2013 for the kick-off meeting or the list of treasure items will be emailed on Saturday morning. You must have pre-registered in order to receive the list. Collect items from the list and save them in a shoebox. Submit the entries to the Village Center Welcome Desk. Each team will win back the entry fee in prizes. There is also the chance at winning a grand prize.

Items on the list can be handmade, purchased or found unless specifically stated. Get creative! Get the whole family involved!

Fee: \$5.00
Date: Thursday, March 14, 2013
Time: 6:00 p.m. to 6:30pm
Ages: Any
Course: 15720.113

Reserve Your Park Shelter for the 2013 Season!

Are you planning a family reunion, office picnic, birthday party, or a special event? To make a shelter reservation, come to the Village Center in person or call the Welcome Desk at 850-5992.

Fees vary depending upon the rental date/time and your residency. Cancellations

made 30 days prior to your event will incur a 25% administrative fee. No refunds will be made for cancellations within 30 days of the event.

Wednesday, January 2, 2013 will be the first day to reserve shelters for 2013.

Shelter Rental Fees 2013

Shelter	*Weekday Fee	*Weekend Fee
	Monday to Thursday	Friday to Sunday
Village Park Shelter	\$60.00	\$70.00
Centennial Park - New Shelter	\$60.00	\$70.00
Village Park Gazebo	\$50.00	\$60.00
Centennial Park - Old Shelter Between the Ball Diamonds	\$50.00	\$60.00
Ripp Park Shelter - North	\$50.00	\$60.00
Ripp Park Shelter - South	\$50.00	\$60.00
Tiemey Park Shelter	\$50.00	\$60.00
Hanover Park Shelter	\$50.00	\$60.00
Savannah Park Shelter	\$50.00	\$60.00

*There is an additional \$40.00 fee for non-residents.
Wisconsin State Sales Tax will be applied to all rentals.

7th Annual Community Health, Energy and Activity Fair

The Waunakee-Westport Lions Club and Waunakee Utilities along with the Village Center will be holding the 7th Annual Community Health, Energy and Activity Fair on March 9, 2013 at the Village Center.

This is a free event open to all ages and will include community groups, health screenings, information booths and energy demonstrations.

Date: Saturday, March 9, 2013
Time: 8:30 a.m. to Noon
FREE!