



# Village Center of Waunakee

VILLAGE OF WAUNAKEE COMMUNITY SERVICES DECEMBER 2011

## WINTER 2011

### Red Cross Blood Drive

'Tis the season to give the gift of blood. The need for blood is constant, even during holidays. Join the Village Center of Waunakee, along with the Red Cross by donating blood, your time, or food and beverages for this cause.

To sign up for a blood donation or for eligibility questions please call 1-800-448-3543 or go to [www.give-bloodgivelife.org](http://www.give-bloodgivelife.org).

We are looking for volunteers for 1-2 hours shifts starting at 10:30 a.m. and ending at 6:00 p.m. These volunteers will be aiding in general assistance, greeters, refreshment servers and donor aids.

If you are unable to donate your time, consider making donations of food or beverages. If you have any questions or would like to sign up to volunteer, please contact Heidi at 850-5992.

**Date:** Friday, December 30, 2011

**Time:** 12:00 p.m. to 5:00 p.m.

### Santa at the Village Center

He's making a list and checking it twice! We are going to find out who's naughty or nice at the Waunakee Village Center on Saturday, December 3, 2011. Santa Claus and Mrs. Claus will be making their way into Waunakee to talk to the children about the North Pole and to share their wish lists. Parents are invited to take pictures of their children with Santa Claus.

Come share a cozy afternoon, making crafts, enjoying entertainment, candy canes, cookies, cider, and holiday fun! All ages are welcome to participate in this FREE event co-sponsored by the Waunakee Rotary Club.

**Date:** Saturday, December 3, 2011

**Time:** 1:00 p.m. to 4:00 p.m.

**Fee:** FREE

### 6th Annual Community Health, Energy and Activity Fair

The Waunakee-Westport Lions Club and Waunakee Utilities along with the Village Center will be holding the 6th annual Community Health, Energy and Activity Fair on March 10, 2012 at the Village Center.

This is a free event open to all ages and will include community groups, health screenings, information booths and energy demonstrations. There will be informational booths for preschoolers to seniors.

Mark your calendars to bring your family to this fun and educational event. Everyone that attends will be eligible to win great door prizes. Look for more information in late January in the Waunakee Tribune.

**Date:** Saturday, March 10, 2012

**Time:** 9:00 a.m. to 1:00 p.m.

FREE!

## Ice Skating at the Ice Pond

**Tuesdays - January 10 to March 6, 2012**

No Class January 24, 2012

Course	10:00 a.m.	10:30 a.m.	11:00 a.m.	6:20 p.m.	6:50 p.m.
Little Skaters	41743.112	41746.112		41751.112	
Snowplow Sam 1	41741.112	41744.112		41747.112	
Snowplow Sam 2	41742.112	41745.112		41749.112	
Snowplow Sam 3				41750.112	
Basic 1		42742.112		42743.112	42744.112
Basic 2	42741.112				42745.112
Basic 3					42746.112
Basic 4 - 8					42747.112
Adult 1					43742.112
Adult 1 - 4			43741.112		
Adult 2 - 4					43743.112
Free Skate 1 - 6					42748.112

### Little Skaters

This class is designed for ages 3 to 4 years old and will help the youngest skater develop coordination on the ice with the use of games and toys. This is an entry level class for children who have not skated before, an adult must accompany each skater on the ice.

### Snowplow Sam 1

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills.

### Snowplow Sam 2

This class is designed for ages 4 to 6 and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 1 to move on to this class.

### Snowplow Sam 3

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 2 to move on to this class level.

### Basic 1 - 8

This class is designed for ages 7 and older to learn the fundamentals for the sport. The eight levels of the program will introduce the fundamental moves: forward skating, stops, edges, crossovers, turns and mohawks.



Fee: R \$120.00/NR: \$130.00

#### Lessons Include:

- Instruction by high quality U.S. Figure Skating Instructors
- U.S. Figure Skating membership and a membership card, record book and stickers, year patch and level patch for completion of each level.
- Free rental skates during lessons (limited amount)
- 30 minutes of practice ice for each 30 minute class time

#### What to wear:

- Helmets are required for all Little Skaters/Snowplow Sam's and recommended for all students
- Skates with toe picks are required for all Snowplow Sam students, Hockey skates are allowed for Basic 1-4
- Wear gloves or mittens and warm layered clothing (no jeans)

**School Director:** Jean Calzavara-Uhlmann  
**Program Coordinator:** Heidi Kluesner

### Adult 1 - 4

This class is designed for the beginning adult skater. It will promote physical fitness as well as improve balance and coordination while learning proper skating techniques. Divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated. This is the program for people who look at skating as an enjoyable way for a fit and healthy lifestyle.

### Free Skate

Each Free Skate level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. The Free Skate levels are designed to give skaters a strong foundation on which to build their skills. This is the point where the skater can choose whether to pursue a recreational or competitive approach to the sport of figure skating. This class is for participants who have completed Basic 1 - 8.

## Youth Activities

### Hula Hooping

Sign up as a pair to create your own hula hoops and learn basic hooping techniques and tricks to a variety of world music. This workshop will be lead by a professional hooper from the Madison area. The course fee includes the two hour workshop and materials for two basic colored hoops. No experience necessary. Check out their website at [www.hoopelation.com](http://www.hoopelation.com)

**Fee:** R \$34.00/NR \$44.00 for pair  
**Ages:** 6 and up  
**Date:** Friday, February 24, 2012  
**Time:** 6:30 p.m. to 8:30 p.m.  
**Course:** 12710.112  
**Instructors:** Danielle Lee/Jessica Barman

### Sugar Plum Bear - Animal Workshop

Join us for an afternoon of fun! You will stuff your own Purple Sugar Plum Bear, wish on a special wishing star, and decorate holiday clothing for your new friend. We will play fun games and have a snack. Children ages 3 and 4 should be accompanied by an adult

**Fee:** R \$20.00/NR \$30.00  
**Ages:** 3 to 9  
**Date:** Tuesday, December 27, 2011  
**Time:** 1:00 p.m. to 3:00 p.m.  
**Course:** 12720.412

### Cookies for Santa

Santa loves cookies, especially if you decorate them with lots of love. Join us at the Village Center to decorate cookies to place by the tree for Santa on Christmas Eve. Each participant will get 12 cookies to decorate and take home with them. This is the perfect activity to get into the holiday spirit!

**Fee:** R \$10.00/NR \$15.00  
**Ages:** 6 and up  
**Date:** Wednesday, December 21, 2011  
**Time:** 5:00 p.m. to 6:00 p.m.  
**Course:** 12225.411

### Edible Science

Participants will experiment with food and then be able to eat their experiments! Meet at the Village Center for this exciting program. Space is limited, so please register in advance.

**Fee:** R \$10.00/NR \$15.00  
**Ages:** 6 to 11

**Session 1**  
**Date:** Wednesday, December 28, 2011  
**Time:** 1:00 p.m. to 3:00 p.m.  
**Course:** 12725.112

**Session 2**  
**Date:** Saturday, February 18, 2012  
**Time:** 1:00 p.m. to 3:00 p.m.  
**Course:** 12723.112

### Cartwheel Clinic with Jane Skoug

Have you ever wanted to perfect that cartwheel? If so, this is the clinic for you! During this clinic, your child will learn the progressions of how to successfully complete a cartwheel. Our qualified instructors and high school athletes will help participants work on their skills and technique. Be prepared to sweat!



**Fee:** R \$10.00/NR \$15.00  
**Ages:** 6 to 14  
**Date:** Wednesday, December 28, 2011

**Level 1**  
**Time:** 9:00 a.m. to 10:00 a.m.  
**Course:** 45168.411

**Level 2**  
**Time:** 10:00 a.m. to 11:00 a.m.  
**Course:** 45170.411

*This class is for children who have participated in the Cartwheel Clinic, previously.*

### Cheerleading Camp with Cheer Wisconsin

Attend this camp to learn some basic cheerleading routines with the Cheer Wisconsin staff. Athletes are taught basic dance and motion skills along with basic stunting skills. No tumbling skill or previous experience necessary!

**Fee:** R \$35.00/NR \$45.00  
**Ages:** 6 to 14  
**Date:** December 27, 2011  
**Time:** 9:30 a.m. to Noon  
**Course:** 11382.411

### Cheerstar Class with Cheer Wisconsin

CheerStar classes are designed to teach entry level cheer skills to preschool and school-aged children, including basic tumbling, cheers, chants, dances, jumps, arm motions, and performance. Emphasis is placed on having fun through performance, correct technique and form, and building the proper foundation for safety and advancement.

Additional emphasis is directed toward developing the necessary strength and flexibility to enable the student to master the skills and to provide the physical basis needed for more advanced skills. This class will be led by the staff from Cheer Wisconsin

**Fee:** R \$55.00/NR \$65.00  
**Session 1 - Thursday**  
**January 5 to February 9, 2012**

**Ages 6 - 9**  
**Time:** 3:30 p.m. to 4:20 p.m.  
**Course:** 11382.112

**Ages 10 - 14**  
**Time:** 4:30 p.m. to 5:20 p.m.  
**Course:** 11383.112

**Session 2 - Thursday**  
**February 16 to March 22, 2012**

**Ages 6 - 9**  
**Time:** 3:30 p.m. to 4:20 p.m.  
**Course:** 11385.112

**Ages 10 to 14**  
**Time:** 4:30 p.m. to 5:20 p.m.  
**Course:** 11384.112



## Early Release

### Muppet Madness

Join us for early release "Muppet Madness" program. This program offers a fun and entertaining opportunity for children in grades K-4 on afternoons where they are released from school early. Activities include: Muppet music, games lead by Village Center staff, arts and crafts and a snack will be provided. The school district provides transportation to the Village Center. Register early, this program fills up fast!

Parents must pick up their children by 4:00 p.m.

**Fee:** \$15.00  
**Date:** Friday, February 24, 2012  
**Time:** 1:00 p.m. to 4:00 p.m.

**Grades K - 2**  
**Course:** 12732.112

**Grades 3 - 4**  
**Course:** 12733.112

### Alien Invasion

Join us for early release "Alien Invasion" program. This program offers fun and entertaining opportunity for children in grades K-4 on afternoons where they are released from school early. Activities include: intergalactic music, games lead by Village Center staff, arts and crafts, and snack will be provided. The school district provides transportation to the Village Center. Register early, this program fills up fast!

Parents must pick up their children by 4:00 p.m.

**Fee:** \$15.00  
**Date:** Friday, March 23, 2012  
**Time:** 1:00 p.m. to 4:00 p.m.

**Grades K - 2**  
**Course:** 12730.112

**Grades 3 - 4**  
**Course:** 12731.112

## Snowshoe

**Ages:** 5 and up  
**Instructor:** Joleen Stinson

### Learn to Snowshoe

Try our snowshoes for a day to see if you like them, before buying your own. Your family will receive about 15 minutes of instruction for how to put them on, take them off, and walk with them. When you're ready, go hiking on your own through Village Park. Sign up the entire family for this program!

**Fee:** R family \$15.00/NR family \$25.00  
**Date:** Saturday, January 28, 2012  
**Time:** 9:00 a.m. to 11:00 a.m.  
**Course:** 12721.112

### Candlelight Snowshoe Hike

Experience the magic of snowshoeing at night with candlelight trails. The trails of Castle Creek Conservancy will be lit with many candles for this evening hike. Participants will be able to explore at their own pace on this self-guided hike. Meet at the Conservancy's entrance on Division Street.

**Fee:** R \$10.00/NR \$15.00  
**Date:** Friday, January 20, 2012  
**Time:** 6:00 p.m. to 8:00 p.m.  
**Course:** 12722.412

### Walk on the White Side

Experience the magic of snowshoeing with a trained naturalist while exploring the Castle Creek Conservancy! Get outside with the entire family to learn about snowshoeing and winter natural history. Meet at the Village Center for about 15 minutes of basic instruction before we carpool to the Conservancy for the hike.

**Fee:** R \$10.00/NR \$15.00  
**Date:** Saturday, February 11, 2012  
**Time:** 9:00 a.m. to 11:00 a.m.  
**Course:** 12722.112

*No matter which snowshoe program you sign up for, be sure to dress for the weather. The programs will not occur if temperatures are below 5° F or if there is not enough snow. A limited number of adult and children's snowshoes are available. Snowshoes were provided by an Alliant Energy Foundation Grant.*

## Children's Birthday Party

With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child! You may decorate the private party room and bring in food and drinks to compliment the party. Parties are for up to 15 children (\$5.00 for each additional child, maximum of 20). All parties must have at least 2-4 adults to assist with supervision.

For more info or to book your event, call Heidi at 608.850.5992. Booking one month in advance is recommended.

**Basic Party**  
R \$120.00/NR \$150.00

**Theme Party**  
R \$150.00/NR \$180.00

**Theme Options:** Princess Royal Ball, Dinosaur Shin-dig, Outer Space Adventure, Art Extravaganza, Pirate Party, Rock Star, Superhero, and Wild Safari.

NEW!! Now at the Waunakee Ice Pond, we will be offering a new birthday party option. The birthday package includes: a party host, private party room, ice skate rental, ice time and two pizzas from Doughboys for up to 15 children.

## Snowshoe Rental

Looking to try something new? Snowshoes are available for rent on a one-day basis at the Waunakee Village Center. Fees are R: \$15.00 per pair and NR \$25.00 per pair. If snowshoes are returned late, you will be charged an additional day for each late day when returned.

Snowshoes are available in a wide variety of sizes, ranging from youth through adult. The snowshoes are recreational shoes with an aluminum frame and buckle bindings, making them an accessible recreation opportunity for all ages and abilities. For more information contact Heidi at 850-5992 or hkluesner@vil.waunakee.wi.us.

## Tumbling

### TUMBLE BUGS WITH PARENT - AGES 18 MONTHS TO 3

Come explore landscapes, sing songs, play silly games with the parachute and much more. Participants work on their fine and gross motor skills with an emphasis on coordination, strength, balance and socialization, through the use of fun and kid friendly gymnastics equipment. This parent participation class is a wonderful first step class for any youngster.

Monday January 9 to February 27, 2012	9:20 a.m. to 9:50 a.m.	<b>Course:</b> 11396.112 <b>Fee:</b> R \$45.00/NR \$55.00
Thursday January 12 to March 1, 2012	10:35 a.m. to 11:00 a.m.	<b>Course:</b> 11394.112 <b>Fee:</b> R \$45.00/NR \$55.00
Saturday January 7 to February 25, 2012	8:30 a.m. to 9:00 a.m.	<b>Course:</b> 11395.112 <b>Fee:</b> R \$45.00/NR \$55.00

### LEAPIN LIZARDS - AGES 3 TO 5

Come learn more about tumbling and gymnastics as a Leapin Lizard. This class is for children who are comfortable without their parents participating. Circuits and games will be set up each day to emphasize independence, confidence, fine and gross motor skills, strength, flexibility and socialization. This is the perfect class for the increasingly active child.

Monday January 9 to February 27, 2012	8:30 a.m. to 9:15 a.m.	<b>Course:</b> 12379.112 <b>Fee:</b> R \$56.00/NR \$66.00
Monday January 9 to March 5, 2012 No class February 20, 2012	1:15 p.m. to 2:00 p.m.	<b>Course:</b> 12392.112 <b>Fee:</b> R \$56.00/NR \$66.00
Thursday January 12 to March 1, 2012	9:45 a.m. to 10:30 a.m.	<b>Course:</b> 12380.112 <b>Fee:</b> R \$56.00/NR \$66.00
Saturday January 7 to February 25, 2012	9:05 a.m. to 9:50 a.m.	<b>Course:</b> 12378.112 <b>Fee:</b> R \$56.00/NR \$66.00

### ROCK N ROLLERS - AGES 6 TO 9

Come discover the foundations of gymnastics as a Rock N Roller. Handstands, cartwheels, bridges, bars, beam, vault and floor exercises are just a few of the fun skills that are included in these lessons. This is a great class for the advancing Leapin Lizard.

Saturday January 7 to February 25, 2012	9:55 a.m. to 10:50 a.m.	<b>Course:</b> 11378.112 <b>Fee:</b> R \$60.00/NR \$70.00
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### TUMBLE STARS - MUST COMPLETE ROCK N ROLLERS

This class is for participants who are ready to work on more advanced skills in a fast paced atmosphere. Participants will be fine tuning their already learned skills and will be progressing towards combination skills on the beam, bars, vault and the floor. We encourage all participants to register for Rock N Rollers before taking Tumble Stars.

Saturday January 7 to February 25, 2012	11:00 a.m. to 11:55 a.m.	<b>Course:</b> 11397.112 <b>Fee:</b> R \$53.00/NR \$63.00
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## Thank you Volunteers!

The Village Center is fortunate to have so many wonderful volunteers who enthusiastically volunteer their time to work with our programs. We would like to show our appreciation to the following individuals: Waunakee FFA club, Casey Bingham, Jack Henry, Anna Evansen, Ross Reddington, Ben Calkins, Keith Ranne, Brooke Falkner, Sydney Rose and Hannah Koehler.

If you are interested in volunteering with the Village Center, please contact Heidi at 850-5992.

## Youth Tennis - Indoor

Designed to introduce children to the fun and rewarding world of tennis. The equipment and size of the playing area are tailored down to a comfortable size for young children. Emphasis is placed on learning basic movement and skills. All sessions are conducted in a creative, accepting, and fun environment where individual effort and improvement are primary objectives. Participants should bring their own racquets.

**Fee:** R \$38.00/NR \$48.00  
**Instructor:** Betsy Zadra

**Session 1 - Ages 5 - 8**  
**Date:** Wednesday  
January 4 to February 8, 2012  
**Time:** 3:15 p.m. to 4:05 p.m.  
**Course:** 42011.112

**Session 2 - Ages 5 - 8**  
**Date:** Wednesday  
February 15 to March 21, 2012  
**Time:** 3:15 p.m. to 4:05 p.m.  
**Course:** 42013.112

**Session 1 - Ages 9 and up**  
**Date:** Wednesday  
January 4 to February 8, 2012  
**Time:** 4:10 p.m. to 5:00 p.m.  
**Course:** 42012.112

**Session 2 - Ages 9 and up**  
**Date:** Wednesday  
February 15 to March 21, 2012  
**Time:** 4:10 p.m. to 5:00 p.m.  
**Course:** 42016.112

## Friday Fun Zone

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

**Ages:** 5 and under  
**Days:** Friday - 9:30 a.m. to 11:30 a.m.  
**Fees:** Free for Family Fit Pass Holders  
\$4.00/R Family  
\$8.00/NR Family

## Little Kickers

During this 4 week program, participants will learn the fundamentals of soccer with an emphasis on individual skills, teamwork and most of all fun! The program will be led by coaches and players from the Waunakee High School soccer teams. Each participant will receive their own soccer ball and t-shirt.

**Fee:** R \$35.00/NR \$45.00  
**Date:** Sunday  
March 4 to 25, 2012

**Ages 4**  
**Time:** 4:00 p.m. to 4:45 p.m.  
**Course:** 42088.112

**Ages 5 & 6**  
**Time:** 5:00 p.m. to 5:45 p.m.  
**Course:** 42089.112

- Sponsored by -  
State Farm Insurance  
Troy Salisbury Agency

## SPEED

### Sports Performance Program

All Student Athletes looking to improve their strength, speed, core strength, agility and cardio will love the dynamic workouts of the SPEED program. We welcome anyone looking to prepare for their upcoming sport season. Participants will receive personal training in a group setting at a fraction of the cost of hiring a personal trainer. The workouts will include a dynamic warm-up, burst cardio training, core conditioning and strength training. Variety will challenge participant's muscles and keep them coming back. There is a \$15 discount for each additional sibling in the same family.

**Fee:** 3 day - R \$179.00/NR \$189.00  
2 day - R \$149.00/NR \$159.00

**Date:** January 9 to March 1, 2012  
**Days:** Monday, Tuesday, and Thursday  
**Time:** 3:50 p.m. to 4:45 p.m.  
**Course:** 3 days/week #25402.112  
**Course:** 2 days/week #25403.112  
**Instructor:** Karen Endres/Jen Grabarski

## Opportunities for Youth

The following clubs provide activities for Waunakee area residents. For more information on what they offer, please check out their websites!

**Ice Pond at Waunakee**  
[www.waunakeedeforesticerink.org](http://www.waunakeedeforesticerink.org)

**Waunakee Area Soccer Club**  
[www.waunakeesoccer.org](http://www.waunakeesoccer.org)

**Waunakee Lacrosse Club**  
[www.waunakeelax.org](http://www.waunakeelax.org)

**Waunakee Orcas of Wisconsin Swim Team**  
[www.waunakeeorcas.org](http://www.waunakeeorcas.org)

**Waunakee Rural Aquatic Team**  
[www.waunakeeaquatics.org](http://www.waunakeeaquatics.org)

**Waunakee Youth Football**  
[www.waunakeefootball.com](http://www.waunakeefootball.com)

**Waunakee Youth Hockey**  
<http://waunakeehockey.org>

**Waunakee Youth Wrestling**  
<http://waunakeewrestling.com>

## Non-School Day Programs

AFTER SCHOOL will be offering special programs at the Village Center on non-school days and during holiday break periods. Please contact the AFTER SCHOOL office at 276-9782 for more information and registration materials.

**2011**  
Monday - Thursday December, 27 - 30

**2012**  
Monday, January 16  
Monday, January 23  
Friday, March 9

Monday - Friday March 26 - 30  
Friday, April 6  
Monday, April 9

## 2012 Waunakee Area Youth Baseball and Softball

Waunakee Area Little League (WALL) is a volunteer organization providing Little League Baseball and Softball to children living in the Waunakee Area School District. WALL is coordinated through the Village Recreation Department. Once again this year we are excited to be chartered with Little League International. The goal of WALL is to provide an activity that develops the qualities of sportsmanship, teamwork, responsibility, and discipline under the leadership of adult volunteer role models. *Level of play is based on your child's grade in the fall 2012.*

Register in person at the Village Center, via phone at 850-5992 or online at [www.waunakee/recreation](http://www.waunakee/recreation).

• **Early Bird Registration Period for Junior, Major and Minor Baseball Leagues is: January 31 to March 15, 2012.**



• **Early Bird Registration Period for T-Ball, Coach Pitch Baseball, Rookie Leagues Baseball and all Softball is: January 31 to April 15, 2012.**

Players MUST be registered by these dates to be guaranteed a spot on a team. Anyone not registered by the end of the early bird period will be accepted based on availability.

Some leagues will be provided base-ball vests and pants that will need to be returned at the end of the season.

*Anyone that does not return their vest or pants at the end of the season will be charged a \$20.00 replacement fee per item.*

Program	Game Days	Course Number	Early Bird	Regular Fee
<i>Little League Play is based on your child's grade in the Fall of 2012.</i>				
Little Hitters Parent/Child T- Ball (Co-ed) 4 years	Mon 5:30 p.m. Mon 6:30 p.m. Wed 5:30 p.m. Wed 6:30 p.m.	42135.212 42136.212 42133.212 42137.212	\$25.00	\$35.00
T- Ball (Co-ed) Entering Kindergarten	Tues Thurs	42132.212 42134.212	\$35.00	\$45.00
Coach Pitch Baseball (Boys) 1st and 2nd Grade	Mon and Wed	42151.212	\$44.00	\$54.00
Coach Pitch Softball (Girls) 1st and 2nd Grade	Tues and Thurs	42141.212	\$44.00	\$54.00
Rookie League Baseball (Boys - pitching machine) 3rd Grade	Mon and Wed	42152.212	\$48.00	\$58.00
Rookie League Softball (Girls - pitching machine) 3rd Grade	Tues and Thurs	42146.212	\$48.00	\$58.00
Minor League Softball (Girls - live pitching) 4th and 5th Grade	Tues and Thurs	42142.212	\$50.00	\$60.00
Minor League A Baseball (Boys - live pitching) 4th Grade	Mon and Wed	42157.212	\$65.00	\$75.00
Minor League AA Baseball (Boys - live pitching) 5th Grade	Mon and Wed	42154.212	\$70.00	\$80.00
Major League Softball (Girls - live pitching) 6th and 7th Grade	Tues and Thurs	42143.212	\$60.00	\$70.00
Major League Baseball (Boys - live pitching) 6th and 7th Grade	TBD	42158.212	\$82.00	\$92.00
Junior League Softball (Girls - live pitching) 8th and 9th Grade	TBD	42144.212	\$65.00	\$75.00
Junior League Baseball (Boys - live pitching) 8th and 9th Grade	TBD	42155.212	\$90.00	\$100.00
Senior League Baseball (Boys - live pitching) 10th and 11th Grade	TBD	42156.212	\$80.00	\$90.00

## US Baseball Academy

The Waunakee Area Little League (WALL) will once again be sponsoring the US Baseball Academy in 2012. The academy will be held at the Waunakee High School for six Sundays beginning January 29, 2012. To register and get complete details please go to the US Baseball website - [www.usbaseballacademy.com](http://www.usbaseballacademy.com) or call US Baseball Academy at 1-866-622-4487.

## Team Sponsorship

WALL had almost 1200 children from the ages of 5 to 16 participate in our baseball/softball leagues last year. Many have helped us by sponsoring a team with their company name and logo. Team sponsorships are \$300.00. Funds received offset the purchase of safety equipment and uniforms.

Throughout the season hundreds of people will see your logo on uniforms. If you or your business is interested in sponsoring a team please contact Jeff Skoug at 850-5992.



## MATC Classes

### Adult Enrichment Classes

Class Name	Fee*	Day	Time	Start Date	End Date
Cake Decorating #63814	\$23.75	SU	1:00 p.m. to 5:00 p.m.	2/26	2/26
Cake Decorating #63869	\$23.75	SU	1:00 p.m. to 5:00 p.m.	3/11	3/11
Email Marketing Basics #63522	\$30.00	SA	9:00 a.m. to Noon	1/21	1/21
Grant Writing I #63530	\$50.00	SA	9:00 a.m. to Noon	3/24	3/31
Painting for Pleasure #63775	\$65.88	M	6:30 p.m. to 9:00 p.m.	2/13	3/26
Painting for Pleasure #63776	\$65.88	W	1:00 p.m. to 3:30 p.m.	2/15	3/28
Painting for Pleasure #63808	\$65.88	R	9:00 a.m. to 11:30 a.m.	2/16	3/29
Caligraphy #64828	\$45.25	R	6:00 p.m. to 8:00 p.m.	2/15	3/21
Pancakes & Crepes #64792	\$34.63	SA	9:00 a.m. to Noon	3/17	3/24
A Taste of Chocolate #64796	\$23.75	SA	1:00 p.m. to 4:00 p.m.	4/28	4/28
Watercolor Painting - all levels #64833	\$59.00	T	9:00 a.m. to Noon	3/13	4/10

\* All project supplies are at an additional cost.

Seniors will pay a reduced rate for these classes, typically a 20% discount. For course information call (608) 258-2301 or visit [www.matcmadison.edu](http://www.matcmadison.edu).

To register: Call (608) 246-6240 between 12:00 p.m. to 6:00 p.m. Monday to Thursday, 12:00 p.m. to 3:30 p.m. Friday.



## Summit Family Night - at the Ice Pond

Meet us at the Ice Pond for an exciting evening of family oriented activities and skating. Summit Credit Union will sponsor the activities which will include: skating, face painting, ice games and art & crafts. Don't miss out this special event!

**Date:** Thursday, January 19, 2012

**Time:** 7:30 p.m. to 9:00 p.m.

**Fee:** \$4.00/family - Resident  
\$8.00/family - Non Resident

**Free!** - Family FIT Pass Members

**Free!** - Summit Credit Union Members



## Ballroom Dance - Beginning

Learn basic ballroom dance steps and variations including fox trot, swing, waltz and latins. Learn to lead, follow and relax on the dance floor. The class is taught by Terry Enge, certified ballroom dance instructor.

**Fee:** R \$27.00/NR \$37.00

**Date:** Thursday  
January 5 to February 9, 2012

**Time:** 7:00 p.m. to 8:00 p.m.

**Course:** 13266.112

**Instructor:** Terry Enge/CBI



## Taekwondo - For Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class. All instructors are Nationally Certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. Fees are for unlimited classes per month.

**NEW STUDENT?** Please direct any additional questions to the instructor at (608) 217-3585.

**Fee:** R \$50.00/NR \$60.00

**Age:** 4 and up

**Time:** See Chart

**Instructor:** Michael Plessel  
[www.waunakeeata.com](http://www.waunakeeata.com)



December - 45391.411

(December 2011 1/2 Price!)

January - 45391.112

February - 45392.112

MONDAY	WEDNESDAY	SATURDAY
<b>Tiny Tigers</b> Ages 4 and up White - Yellow 5:15 p.m. to 5:45 p.m.	<b>Tiny Tigers</b> Ages 4 and up White - Yellow 5:15 p.m. to 5:45 p.m.	<b>Tiny Tigers</b> Ages 4 to 6 White - Yellow 8:15 a.m. to 8:45 a.m.
<b>Beginner Class</b> Ages 7 and Up White - Yellow 5:45 p.m. to 6:20 p.m.	<b>Beginner Class</b> Ages 7 and Up White - Yellow 5:45 p.m. to 6:20 p.m.	- Break - 8:45 a.m. to 9:00 a.m.
- Break - 6:20 p.m. to 6:30 p.m.	- Break - 6:20 p.m. to 6:30 p.m.	<b>Beginner Class</b> Ages 7 and Up White - Yellow 9:00 a.m. to 9:35 a.m.
<b>Intermediate Class</b> Ages 7 and Up Camo - Purple 6:30 p.m. to 7:05 p.m.	<b>Intermediate Class</b> Ages 7 and Up Camo - Purple 6:30 p.m. to 7:05 p.m.	<b>Intermediate Class</b> Ages 7 and Up Camo - Purple 9:35 a.m. to 10:10 a.m.
<b>Advanced Class</b> Ages 7 and Up Blue and Red 7:05 p.m. to 7:40 p.m.	<b>Advanced Class</b> Ages 7 and Up Blue and Red 7:05 p.m. to 7:40 p.m.	<b>Leadership</b> Ages 7 and Up All Ranks 10:10 a.m. to 10:40 a.m.
<b>Black Belt Class</b> Ages 7 and Up Rec. Black and Black 7:40 p.m. to 8:25 p.m.	<b>Black Belt Class</b> Ages 7 and Up Rec. Black and Black 7:40 p.m. to 8:25 p.m.	<b>Advanced Class</b> Ages 7 and Up Blue and Red 10:40 a.m. to 11:15 a.m.
<b>New Days and Times!</b>		<b>Black Belt Class</b> Ages 7 and Up Rec. Black and Black 11:15 a.m. to Noon

## Power Circuit by Inspire 4 Fitness

Looking for a class that focuses on strength, core and cardio conditioning that will keep you moving and having fun? Then Power Circuit is for you. Come join this new class led by an experienced trainer and coach that will help you meet your fitness and/or weight loss goals. Designed for all fitness levels it offers men and women constantly changing exercises that challenge your mind and body in a supportive, positive environment. We will never do the exact same workout twice.

All participants will receive a weekly email with a healthy recipe, fitness tips and inspirational stories or thoughts. Don't miss your opportunity to join this innovative class this fall.

**Fee:** 4 day - R \$85.00/NR \$95.00  
2 day - R \$50.00/NR \$60.00

**Days:** Monday, Tuesday, Wednesday and Thursday

**Time:** 5:35 a.m. to 6:20 a.m.

**Instructor:** Karen Endres

**December**

**Course:** 4 days/week #25404.411

**Course:** 2 days/week #25405.411

No class December 26 - 30, 2011

**January**

**Course:** 4 days/week #25404.112

**Course:** 2 days/week #25405.112

**February**

**Course:** 4 days/week #25408.112

**Course:** 2 days/week #25409.112



## FIT Pass Information

Anyone is eligible to purchase a FIT Pass at the Waunakee Village Center. To use these recreation areas, affordable passes can be purchased at the Center.

### Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

### Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open use-times and is valid from the date of purchase. This pass is ideal for a patron who only wants a pass for a few months during the year. All short term passes must be paid in full.

### Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

### Daily Track Pass Punch Card

The Daily Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track only.

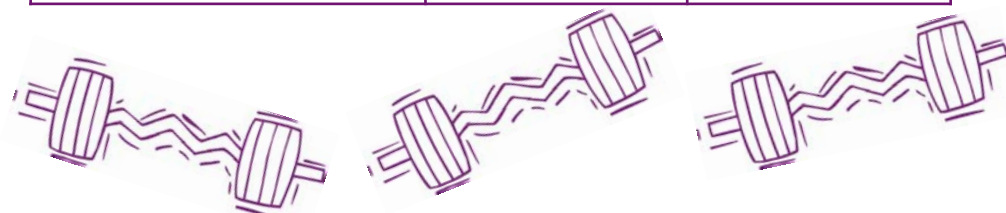
### Do You Carry Dean, Unity, Group Health, or Physicians Plus for Your Health Insurance?

Membership reimbursements may be available if you carry Group Health, Dean, Unity or Physicians Plus Health Insurance!

For more information contact your health care provider's website or stop at the Welcome Desk.

## FIT Pass Fee Schedule

Pass Classification	Resident Rate	Non-Resident Rate
<b>ANNUAL PASS (EFT)</b>		
Youth	\$8.75 per month	\$11.25 per month
High School (14-18)	\$14.00 per month	\$18.00 per month
Adult (18-54)	\$25.00 per month	\$35.00 per month
Older Adult (55+)	\$14.00 per month	\$14.00 per month
Family	\$47.50 per month	\$62.50 per month
*option to pay in full for the year		
<b>6 MONTH PASS</b>		
Youth	\$55.00	\$72.00
High School (14-18)	\$95.00	\$120.00
Adult (18-54)	\$165.00	\$220.00
Older Adult (55+)	\$95.00	\$95.00
Family	\$300.00	\$385.00
<b>3 MONTH PASS</b>		
Youth	\$30.00	\$39.00
High School (14-18)	\$55.00	\$71.00
Adult (18-54)	\$90.00	\$120.00
College (17-24) Summer Only	\$70.00	\$90.00
Older Adult (55+)	\$55.00	\$55.00
Family	\$155.00	\$205.00
<b>1 MONTH PASS</b>		
Youth	\$12.00	\$16.00
High School (14-18)	\$22.50	\$29.00
Adult (18-54)	\$37.50	\$49.00
Older Adult (55+)	\$22.50	\$22.50
Family	\$60.00	\$78.00
<b>DAILY PASS</b>		
Youth	\$2.00	\$4.00
High School (14-18)	\$2.00	\$4.00
Adult (18-54)	\$4.00	\$6.00
Older Adult (55+)	\$2.00	\$2.00
Family	\$10.00	\$15.00
<b>DAILY TRACK PASS PUNCH CARD</b> 10 visits - use of track only.		
Adult/Youth	\$6.00	\$12.00
Older Adult (55+)	\$6.00	\$6.00



## GROUP EXERCISE CLASSES

The Village Center offers a complete schedule of group exercise classes in addition to the fitness center and walking track. Classes are offered throughout the week and are designed to accommodate all levels of participants. Current class offerings include: Yoga, Pilates, Group Cycling, Zumba and various Cardio and Sculpt classes. A complete schedule of classes will be available on the following dates.

### Winter Session

January 2, 2011 to March 24, 2012  
(12 weeks)

### Winter Session Schedule

Available and Registration Starts  
Sunday - December 11, 2011

## Kidcare

### Daytime Hours:

Monday to Friday  
8:00 a.m. to 11:00 a.m.

### Evening Hours:

Monday to Thursday  
5:00 p.m. to 8:00 p.m.

### Fees:

1 child - \$12.00 per month  
2 children - \$18.00 per month  
3 children - \$24.00 per month

### Drop In

\$3.00 per child per visit

Our friendly staff will provide fun and safe activities for your child while you are participating in a Village Center activity. The service is available for walking through 5 years of age. There is a 2 hour maximum per visit. Space is limited to 10 children on a first come, first serve basis. Staff will not change diapers. Parents will be called to Kidcare when needed.



If you have AARP, Humana or WPS Supplemental Health Insurance, you may be eligible for the SilverSneakers Program!

SilverSneakers offers an innovative blend of physical activity, healthy lifestyle and socially oriented programming that allows older adults to take greater control of their health. SilverSneakers members receive:

- A free Village Center membership with access to conditioning classes, exercise equipment, and walking track.
- Access to any participating fitness center throughout the U.S. while traveling.
- Customized SilverSneakers classes designed exclusively for older adults who want to improve their strength, flexibility, balance and endurance.

**Fee:** R \$38.00/NR \$48.00  
Punch card for 10 classes  
Card good for 3 months  
If you are a SilverSneakers Fit Pass Holder the classes are free.

**Current class schedules are available at the Welcome Desk**

## One-On-One Personal Training

Are you looking to get a great start on a new fitness program, lose weight, or train for a particular event? Connect with a Personal Trainer by calling the Welcome Desk at 850-5992.

## Muscular Strength and Range of Movement Class

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activity for daily living skills. Hand-held weights, elastic tubing with handles and a ball are offered for resistance; and a chair is used for seated and/or standing support.

### Cardio Circuit

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand held weights; elastic tubing with handles and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercises.

### YogaStretch

YogaStretch is a class designed for ALL participants and focuses on poses and postures to improve breathing, flexibility, balance, muscular strength and endurance and joint range of motion. YogaStretch is a blend of three Yoga styles creating harmony of movement for the whole body. Static and dynamic movements are presented to enhance the flow and physical energy of the movements with the SilverSneakers chair for seated and standing support.

## Gift Certificates

Treat your friends and family to a healthy gift with Village Center FIT Pass. Buy now in time for the holidays!





## Facility Rentals

The Waunakee Village Center is made available for use by all groups through the generosity of the residents of Waunakee. The Village Center is a 45,000 square foot building on two levels consisting of rooms of varying sizes and capacities. The park around the building may also be reserved for events. Reasonable rules and guidelines have been established to assure the maximum enjoyment of this facility. Reservations are accepted one year in advance of the reservation date.

### Rooms on the Entry Level

- Conference Room
- Activity Room
- Computer Room

### Rooms on Creek Level

- Community Room  
(from 40 to 180 guests!)
- Catering Kitchen
- Regulation Size Gymnasium
- Studio
- Village Center Grounds

For more information on rates or to reserve a room please call the Village Center at 850-5992.

To view a video of our facility visit our website at:  
[www.waunakee.com/villagecenter](http://www.waunakee.com/villagecenter)

## Reserve Your Park Shelter for the 2012 Season!

Are you planning a family reunion, office picnic, birthday party, or a special event? The shelters located in the Waunakee parks are available to be reserved for your private party.

To make a shelter reservation, come to the Village Center in person or call the Welcome Desk at 850-5992.

The following facilities are available for rental; Village Park Main Shelter, Village Park Gazebo, Ripp Park Shelter, Centennial Park Ballfield Shelter (between the ball

diamonds), Centennial Park Shelter, Hanover Park Shelter, Savannah Park Shelter and Tierney Park Shelter!

Fees vary depending upon the rental date/time and your residency. Cancellations made 30 days prior to your event will incur a 25% administrative fee. No refunds will be made for cancellations within 30 days of the event.

**Monday, January 2, 2012 will be the first day to reserve parks for 2012.**

### Shelter Rental Fees 2012

Shelter	*Weekday Fee Monday to Thursday	*Weekend Fee Friday to Sunday
Village Park Shelter	\$60.00	\$70.00
Centennial Park - New Shelter	\$60.00	\$70.00
Village Park Gazebo	\$50.00	\$60.00
Centennial Park - Old Shelter Between the Ball Diamonds	\$50.00	\$60.00
Ripp Park Shelter	\$50.00	\$60.00
Tierney Park Shelter	\$50.00	\$60.00
Hanover Park Shelter	\$50.00	\$60.00
Savannah Park Shelter	\$50.00	\$60.00

\*There is an additional \$40.00 fee for non-residents.  
Wisconsin State Sales Tax will be applied to all rentals.

## Holiday Hours

Christmas Eve  
Saturday - December 24, 2011  
7:00 a.m. to Noon

Christmas Day  
Sunday - December 25, 2011  
Closed

New Year's Eve  
Saturday - December 31, 2011  
7:00 a.m. to 2:00 p.m.

New Years Day  
Saturday - January 1, 2012  
Closed

