



Village Center of Waunakee

VILLAGE OF WAUNAKEE COMMUNITY SERVICES SEPTEMBER 2011

FALL 2011

Haunted Barn

Join us for a "Haunting Good Time" in Stoughton. Activities include: a costume contest, tour through the Haunted Barn and trails. Pictures will be taken with the Haunted Hearse or the night time characters.

We will see the Haunted Barn with the lights on and no real monsters. Halloween music will be played through out the tour to give off a spooky feeling. Experience a haunted house in a less frightening atmosphere.

Sign up your little ghoul right away, this chilling trip will fill up fast.

Fee: R \$18.00/NR \$28.00
Day: Saturday, October 15, 2011
Time: 1:00 p.m. to 4:00 p.m.
Ages: 6 to 12
Course: 52300.311



3 on 3 Basketball Tournament

The Village Center will be hosting a 3 on 3 youth basketball tournament on Thursday, October 27 and Friday, October 28 during the fall teacher's convention. The tournament is for boys and girls in grades 4th - 8th. There will be a separate division for each grade and gender. Teams will consist of 4 players. Each team is guaranteed a minimum of 3 games. Four teams must be entered in each division to run. Some divisions may be combined based on number of teams.

Registration forms are available at the Village Center and must be turned in by Friday, October 21, 2011 at 6:00 p.m. Teams can call the Village Center Tuesday, October 25th after 1:00 p.m. to get tournament schedules. Teams are considered entered only after the registration form and payment are turned into the Village Center.

Fee: \$40.00 per team
Date: Thursday/Friday, October 27 - 28, 2011
Time: 11:00 a.m. to 5:00 p.m.
Course: 42116.311

"Magical World of Harry Potter" Summit Family Night

Avada Kedavra! Meet us at the Ice Pond on October 21, 2011 for a magical evening of family oriented activities and wizardly fun. Summit Credit Union will sponsor the activities which include: skating, face painting, Hogwarts games, arts and crafts, costume contests and a quidditch match. Don't miss out on this special event!

Fee: \$4.00 per family - Resident
\$8.00 per family - Non-resident
•Free for Family FIT Pass Members
•Free for Summit Credit Union Members
Date: Friday, October 21, 2011
Time: 6:00 p.m. to 9:00 p.m.

summit
CREDIT UNION

FIT Pass Information

Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open use-times and is valid from the date of purchase. This pass is ideal for a patron who only wants a pass for a few months during the year. All short term passes must be paid in full.

Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

Daily Track Pass Punch Card

The Daily Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track only.

Do You Carry Dean, Unity, Group Health, or Physicians Plus for Your Health Insurance?

Membership reimbursements may be available if you carry Group Health, Dean, Unity or Physicians Plus Health Insurance!

For more information contact your health care provider's website or stop at the Welcome Desk.

Group Exercise Classes

Group Exercise Schedule

The Village Center offers a complete schedule of group exercise classes in addition to the fitness center and walking track. Classes are offered throughout the week and are designed to accommodate all levels of participants. A complete schedule of classes will be available on the dates below.

Schedules will be available:

- 1) At the Village Center Welcome Desk.
- 2) On-line at www.vil.waunakee.wi.us
- 3) By calling 850-5992 and we will be happy to mail you one.

Group Exercise Timeline

Fall Session I
September 6
to
October 29, 2011
(8 weeks)

Fall Session I Schedule
Available and Registration Starts
Sunday - August 14, 2011

Fall Session II
October 30
to
December 24, 2011
(8 weeks)

Fall Session II Schedule
Available and Registration Starts
Sunday - October 9, 2011



One-On-One Personal Training

Are you looking to get a great start on a new fitness program, lose weight, or train for a particular event? Connect with a Personal Trainer by calling the Welcome Desk at 850-5992.

90 Day Fitness Challenge

"The 90 Day Fitness Challenge" is designed for you based on your goals and current level of health and fitness. This program will teach you the fundamentals of how you can use food and exercise to create a healthier life. You will have all the tools you'll need to live a healthier lifestyle, lose fat and keep it off. As part of this program you will get a personalized fitness program, 3 month FIT Pass to the Village Center, body fat evaluations, and multiple weekly fitness classes. This program will be led by Sarah Homan, Certified Natural trainer. More information on this program will be available in late mid to late September at the Welcome Desk. If you are interested you can sign up by calling Sarah at 850-6469.

Did you know...

A minimum number of participants are required for all Village Center Programs? So please do not wait until the last second to sign up. If you want to participate in a program sign up now and call your friends!



If you have AARP, Humana or WPS Supplemental Health Insurance, you may be eligible for the SilverSneakers Program!

SilverSneakers offers an innovative blend of physical activity, healthy lifestyle and socially oriented programming that allows older adults to take greater control of their health. SilverSneakers members receive:

- A free Village Center membership with access to conditioning classes, exercise equipment, and walking track.
- Access to any participating fitness center throughout the U.S. while traveling.
- Customized SilverSneakers classes designed exclusively for older adults who want to improve their strength, flexibility, balance and endurance.

Fee: R \$38.00/NR \$48.00
Punch card for 10 classes
If you are a SilverSneakers Fit Pass Holder the classes are free.

Current class schedules are available at the Welcome Desk

Kidcare

Daytime Hours:

Monday to Friday
8:00 a.m. to 11:00 a.m.

Evening Hours:

Monday to Thursday
5:00 p.m. to 8:00 p.m.

Fees:

1 child - \$12.00 per month
2 children - \$18.00 per month
3 children - \$24.00 per month

Drop In

\$3.00 per child per visit

Muscular Strength and Range of Movement Class

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activity for daily living skills. Hand-held weights, elastic tubing with handles and a ball are offered for resistance; and a chair is used for seated and/or standing support.

Cardio Circuit

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand held weights; elastic tubing with handles and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercises.

YogaStretch

YogaStretch is a class designed for ALL participants and focuses on poses and postures to improve breathing, flexibility, balance, muscular strength and endurance and joint range of motion. YogaStretch is a blend of three Yoga styles creating harmony of movement for the whole body. Static and dynamic movements are presented to enhance the flow and physical energy of the movements with the SilverSneakers chair for seated and standing support.

Power Circuit by Inspire 4 Fitness

Looking for a class that focuses on strength, core and cardio conditioning that will keep you moving and having fun? Then Power Circuit is for you. Come join this new class led by an experienced trainer and coach that will help you meet your fitness and/or weight loss goals. Designed for all fitness levels it offers men and women constantly changing exercises that challenge your mind and body in a supportive, positive environment. We will never do the exact same workout twice.

All participants will receive a weekly email with a healthy recipe, fitness tips and inspirational stories or thoughts. Don't miss your opportunity to join this innovative class this fall.

Fee: 4 day - R \$85.00/NR \$95.00
2 day - R \$50.00/NR \$60.00

Days: Monday, Tuesday, Wednesday and Thursday

Time: 5:35 a.m. to 6:20 a.m.

Instructor: Karen Endres

October
Course: 4 days/week #25400.41 |
2 days/week #25401.41 |

November
Course: 4 days/week #25402.41 |
2 days/week #25403.41 |

No class November 24, 2011

December
Course: 4 days/week #25404.41 |
Course: 2 days/week #25405.41 |
No class December 26 - 30, 2011

Gym Closed

The gymnasium will be closed September 27 thru October 2, 2011 for the JBF sale. The Fitness area and walking track will be open as usual.

2011 - 2012 Men's Basketball League

The 2010-2011 Men's Basketball Season will begin on October 12, 2011 with a practice game. All players from the 2010/2011 season will have until September 18, 2011 to register. Beginning September 19, 2011 registration will be open to all new players. This is a draft league with players signing up as individuals and being drafted onto teams. The draft will take place the first week of October.

Fee: \$71.00
Date: Wednesdays, October 12, 2011 to February 15, 2012
 No games November 23 and December 28, 2011
Time: 6:45 p.m. to 9:45 p.m.
Course: 43000.411
Location: Waunakee High School - Old Gym



MATC Classes

Adult Enrichment Classes

Class Name	Fee*	Day	Time	Start Date	End Date
Painting for Pleasure #38816	\$65.88	M	6:30 p.m. to 9:00 p.m.	9/12	10/24
Painting for Pleasure #38817	\$65.88	W	1:00 p.m. to 3:30 p.m.	9/14	10/26
Painting for Pleasure #38818	\$65.88	TH	9:00 a.m. to 11:30 a.m.	9/15	10/27
Water Colors All Levels #38827	\$59.00	T	9:00 a.m. to Noon	9/27	11/1
Water Colors All Levels #38828	\$59.00	T	12:30 p.m. to 3:30 p.m.	9/27	11/1

To register call (608)246-6240 between 12:00 p.m. to 6:00 p.m. Monday thru Thursday, 12:00 p.m. to 3:30 p.m. Friday, or visit www.matcmadison.edu.

*Students 60 years and older will receive a discount of approximately 20%

Adult Enrichment

Beginning Guitar I

The Acoustic Guitar method teaches you to play guitar using techniques and songs of American roots music. Beginning with a few basic chords and strums, you will learn real music drawn from blues, folk, country, and bluegrass traditions. Working in standard music notation and tablature; learn how to find notes on the fingerboard by using them in particular song arrangements.

Requires an acoustic guitar, nylon or steel string. A commitment to practice at least one half hour per day is expected. A CD is included with the text to assist with practice. If you have questions about your guitar, please contact the instructor, Keith Krinke BEFORE signing up for the class at 849-5097.

Time: 6:00 p.m. to 7:00 p.m.
Course: 15341.111

Beginning/Intermediate Guitar 2

Graduates of Acoustic Guitar taught previously at the Village Center are welcome. You may also join with permission of the instructor. You should know a variety of open (first position) chords and strums, and a number of songs. Instruction on musical notation in the open position together with using tablature notation will be part of the course. You will learn how to alternate the bass notes in a country backup pattern, how to connect chords with classic bass runs, and how to play your first finger-picking patterns.

Requires an acoustic guitar, nylon or steel string. A commitment to practice at least one half hour per day is expected. A CD is included with the text to assist with practice. If you have any questions please contact the instructor, Keith Krinke BEFORE enrolling at 849-5097

Time: 7:15 p.m. to 8:15 p.m.
Course: 15342.411

Fee: R \$58.00/NR \$68.00
Date: Thursday, September 29 to November 3, 2011

Ages: 14 and up
Instructor: Keith Krinke

Ballroom Dance - Beginning

Learn basic ballroom dance steps and variations including fox trot, swing, waltz and latins. Learn to lead, follow and relax on the dance floor. The class is taught by Terry Enge, certified ballroom dance instructor. Partners preferred.

Fee: R \$27.00/NR \$37.00
Ages: 16 and up
Instructor: Terry Enge

Session 1

Date: Thursday, September 15 to October 20, 2011
Time: 7:00 p.m. to 8:00 p.m.
Course: 13260.311

Session 2

Date: Thursday, October 27 to December 8, 2011
Time: 8:00 p.m. to 9:00 p.m.
Course: 13266.311
 No class November 24, 2011

Ballroom Dance - Beginning 2 (intermediate)

This class is for those that have some basic experience with ballroom dance. You will build on previously learned dance steps and variations including fox trot, swing, waltz and latins. The class is taught by Terry Enge, certified ballroom dance instructor. Partners preferred.

Fee: R \$27.00/NR \$37.00
Ages: 16 and up
Date: Thursday, October 27 to December 8, 2011
Time: 8:00 p.m. to 9:00 p.m.
Course: 13265.311
 No class November 24, 2011

Kick Off Christmas in Chicago

Love shopping in Chicago or seeing the attractions but don't want the hassle of driving and parking? Then hop on board the Kick off Christmas in Chicago coach. Enjoy a day at your leisure in Chicago! We'll arrive near Michigan Avenue at approximately 10:00 a.m. and you are on your own until 7:30 p.m. As an additional bonus, this is the day of the annual Lighting of Michigan Avenue following a very special Disney Procession down Michigan Avenue. There are plenty of special sales at the stores, special activities and performances that are scattered throughout Michigan Avenue!

Fee: R \$41.00/NR \$51.00
Date: Saturday, November 19, 2011
Time: 6:30 a.m. to 10:30 p.m.
Ages: 25 and up
Course: 13301.311

Mindfulness-Based Stress Reduction Class

The world renowned, Mindfulness-based Stress Reduction course offers a highly participatory educational curriculum based on formal & informal mindful awareness practices; group dialogue, background readings & mindful awareness home practice audio CD's. Formal practices include (Body Scan, Gentle Yoga, Sitting & Walking Meditation). Informal practices include (Mindful Eating, Mindful Routine Activities, & Mindful Communications).

Over the last 30 years, hundreds of scientific studies have demonstrated the courses ability to reduce stress, decrease some aspects of medical & psychological disease, while enhancing whole person wellness. Contact health insurance & flex spending provider for possible reimbursement. Scholarships are available.

Offered in cooperation with Mindful Connections, LLC. - www.mindfulconnections.net

Fee: R \$199.00/NR \$209.00
Ages: Any

Session 1

Date: Sunday, September 18 to November 13, 2011
Time: 2:30 p.m. to 5:00 p.m.
Course: 24922.311

Session 2

Date: Tuesday, September 20 to November 15, 2011
Time: 6:00 p.m. to 8:30 p.m.
Course: 24921.311

Opportunities for Youth

The following clubs provide activities for Waunakee area residents. For more information on what they offer, please check out their websites!

Ice Pond at Waunakee
www.waunakeedeforesticerink.org

Waunakee Area Soccer Club
www.waunakeesoccer.org

Waunakee Lacrosse Club
www.waunakeelax.org

Waunakee Orcas of Wisconsin Swim Team
www.waunakeeorcas.org

Waunakee Rural Aquatic Team
www.waunakeeaquatics.org

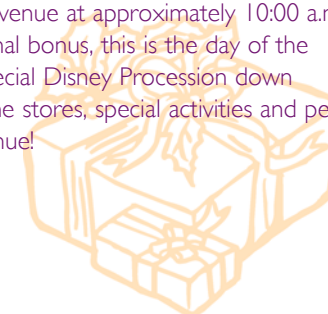
Waunakee Youth Football
www.waunakeefootball.com

Waunakee Youth Hockey
<http://waunakeehockey.org>

Waunakee Youth Wrestling
<http://waunakeewrestling.com>

Sponsorship Opportunities

The Waunakee Village Center offers a wide variety of programs for the Waunakee community, including sporting events, adult workshops, youth enrichment programs, bus trips, family nights, educational and fun program series. We always welcome sponsors for these events. If your business is interested in a great community based marketing opportunity, please contact the Village Center at 850-5992.



Ice Skating at the Ice Pond - Tuesday Classes

Session 1 and 2					
Course	10:00 a.m.	10:30 a.m.	11:00 a.m.	6:20 p.m.	6:50 p.m.
Little Skaters					
Snowplow Sam 1					
Snowplow Sam 2					
Snowplow Sam 3					
Basic 1					
Basic 2					
Basic 3					
Basic 4 - 8					
Adult 1					
Adult 1 - 4					
Adult 2 - 4					
Free Skate 1 - 6					

SESSION 1 - SEPTEMBER 13 TO OCTOBER 18, 2011 - FEE: R \$86.00/NR \$96.00
 SESSION 2 - OCTOBER 25 TO DECEMBER 18, 2011 - FEE: R \$128.00/NR \$138.00

Little Skaters

This class is designed for ages 3 to 4 years old and will help the youngest skater develop coordination on the ice with the use of games and toys. This is an entry level class for children who have not skated before, an adult must accompany each skater on the ice.

Snowplow Sam 1

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills.

Snowplow Sam 2

This class is designed for ages 4 to 6 and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 1 to move on to this class.

Snowplow Sam 3

This class is designed for ages 4 to 6 years old and will help develop preliminary coordination and strength necessary to maneuver on the ice. The focus is on fun and games while learning beginning skating skills. You must complete Snowplow Sam 2 to move on to this class level.

Basic 1 - 8

This class is designed for ages 7 and older to learn the fundamentals for the sport. The eight levels of the program will introduce the fundamental moves: forward skating, stops, edges, crossovers, turns and mohawks. You must have successfully completed Basic 1 to register for this class.

Session 2 will include a Holiday Exhibition!

Lessons Include:

- Instruction by high quality U.S. Figure Skating Instructors
- U.S. Figure Skating membership and a membership card, record book and stickers, year patch and level patch for completion of each level.
- Free rental skates during lessons (limited amount)
- 30 minutes of practice ice for each 30 minute class time

What to wear:

- Helmets are required for all Little Skaters and Snowplow Sam's and recommended for all students
- Skates with toe picks are required for all Snowplow Sam students, Hockey skates are allowed for Basic 1-4
- Wear gloves or mittens and warm layered clothing (no jeans)

School Director: Jean Calzavara-Uhlmann

Program Coordinator: Heidi Kluesner

Adult 1 - 4

This class is designed for the beginning adult skater. It will promote physical fitness as well as improve balance and coordination while learning proper skating techniques. Divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated. This is the program for people who look at skating as an enjoyable way for a fit and healthy lifestyle.

Free Skate

Each Free Skate level is divided into four sections: moves in the field, spins, dance/footwork sequence and jumps. The Free Skate levels are designed to give skaters a strong foundation on which to build their skills. This is the point where the skater can choose whether to pursue a recreational or competitive approach to the sport of figure skating. This class is for participants who have completed Basic 1 - 8.

Little Champs Football

Members of the Champion Style Athletics staff, which consists of 5 former UW Rose Bowl champions, will give your future football star the foundation needed to be the best overall athlete he or she can be. In addition to working on basic football skills participants learn movement mechanics. Movement mechanics involves teaching the athlete how to move in the most efficient way possible, which maximizes total body output without wasting energy. Movement mechanics have a direct impact on speed, coordination, timing, balance, agility, and explosiveness.

The Little Champs Football Fundamentals program consists of 8 sessions that are each 45 minutes long.
Fee: R \$90.00/NR \$100.00
Day: Mondays and Wednesdays

Session 1

September 7 to October 3, 2011

Session 2

October 5 to November 2, 2011

Ages 6 - 7

Time: 3:15 p.m. to 4:00 p.m.
 Session 1 - Course 42106.311
 Session 2 - Course 42106.411

Ages 8 - 10

Time: 4:00 p.m. to 4:45 p.m.
 Session 1 - Course 42107.311
 Session 2 - Course 42107.411

Ages 11 - 13

Time: 4:45 p.m. to 5:30 p.m.
 Session 1 - Course 42108.311
 Session 2 - Course 42108.411

Champion Style Plyometrics

Do you believe that improving your jumping ability would improve your game? If so, this program is for you! Members of the Champion Style Athletics staff, which consists of 5 former UW Rose Bowl champions, will work with athletes in grades 8-12 who are serious about taking their game to the next level.

Through the use of plyometrics, athletes will learn how to maximize their leaping and vertical jumping abilities. They also will improve core strength, explosiveness, and body control.

Fee: R \$150.00/NR \$160.00
Date: Tuesdays and Thursdays
Time: 4:00 p.m. to 5:00 p.m.
Grades: 8 to 12

September - 42109.311
 October - 42100.311
 November - 42100.411

Taekwondo Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class. All instructors are Nationally Certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. Fees are for unlimited classes per month. **NEW STUDENT. Please direct any additional questions to the instructor at (608) 469-6051.**

Fee: R \$50.00/NR \$60.00
Age: 4 and up
Time: See schedule
Instructor: Michael Plessel
www.waunakeeata.com

September - 45398.311
 October - 45390.311
 November - 45391.311

MONDAY	WEDNESDAY	SATURDAY
Tiny Tigers Ages 4 and up White - Yellow 5:15 p.m. to 5:45 p.m.	Tiny Tigers Ages 4 and up White - Yellow 5:15 p.m. to 5:45 p.m.	Tiny Tigers Ages 4 to 6 White - Yellow 8:15 a.m. to 8:45 a.m.
Beginner Class Ages 7 and Up White - Yellow 5:45 p.m. to 6:20 p.m.	Beginner Class Ages 7 and Up White - Yellow 5:45 p.m. to 6:20 p.m.	- Break - 8:45 a.m. to 9:00 a.m.
- Break - 6:20 p.m. to 6:30 p.m.	- Break - 6:20 p.m. to 6:30 p.m.	Beginner Class Ages 7 and Up White - Yellow 9:00 a.m. to 9:35 a.m.
Intermediate Class Ages 7 and Up Camo - Purple 6:30 p.m. to 7:05 p.m.	Intermediate Class Ages 7 and Up Camo - Purple 6:30 p.m. to 7:05 p.m.	Intermediate Class Ages 7 and Up Camo - Purple 9:35 a.m. to 10:10 a.m.
Advanced Class Ages 7 and Up Blue and Red 7:05 p.m. to 7:40 p.m.	Advanced Class Ages 7 and Up Blue and Red 7:05 p.m. to 7:40 p.m.	Leadership Ages 7 and Up All Ranks 10:10 a.m. to 10:40 a.m.
Black Belt Class Ages 7 and Up Rec. Black and Black 7:40 p.m. to 8:25 p.m.	Black Belt Class Ages 7 and Up Rec. Black and Black 7:40 p.m. to 8:25 p.m.	Advanced Class Ages 7 and Up Blue and Red 10:40 a.m. to 11:15 a.m.
New Days and Times!		Black Belt Class Ages 7 and Up Rec. Black and Black 11:15 a.m. to Noon

2011/2012 Youth Basketball

The recreational leagues are organized and administered by the Village's Recreation Department with the assistance of the high school coaches and players along with parent coaches. The season runs from December 2011 through February 2012. Fees vary by league; all players receive a reversible jersey and basketball. Register at the Village Center, online at www.vil.waunakee.wi.us, or by phone at 608-850-5992.

Boys and Girls in grades K to 8 are invited to participate in this program. This program consists of skills, scrimmages and league games based on grade level. Kindergarten through 2nd grade focuses on skill development through fast and fun stations working into scrimmages. Players in grades 3 to 4 will also have the opportunity to play games. 5th - 8th grade teams will play area teams in the "Big 10 Recreational Basketball League". Players in the 4th - 8th grade levels will be required to do some traveling. Practices for the 5th - 8th grade teams begin in November. All other grades will begin practice in December. Specific game locations and times will be identified in late November.

Registration deadline: Grades K - 4 Monday, November 14, 2011

Grades 5 - 8 Friday, October 21, 2011

GIRLS - WAUNAHOOPS				
Grade	Course	Location	Fee	Course
Kindergarten	9:00 a.m./Saturday	Arboretum School	\$37.00	42116.411
1st Grade	10:00 a.m./Saturday	Arboretum School	\$37.00	42117.411
2nd Grade	11:00 a.m./Saturday	Arboretum School	\$37.00	42118.411
3rd Grade	12:00 p.m./Saturday	Arboretum School	\$42.00	42119.411
4th Grade	Games - Saturday TBD Practices - Monday TBD	Arboretum School Middle School	\$45.00	42009.411
5th Grade	Games - Saturday TBD Practices - Monday TBD	Prairie School Middle School	\$60.00	42008.411
6th Grade	Games - Saturday TBD Practices - Monday TBD	Prairie School Middle School	\$60.00	42006.411
7th and 8th Grade	Games - TBD Practices - TBD	Arboretum School Village Center	\$60.00	42004.411
BOYS - LITTLE WARRIORS				
Grade	Course	Location	Fee	Course
Kindergarten	10:00 a.m./Saturday	Middle School	\$37.00	42110.411
1st Grade	9:00 a.m./Saturday	Middle School	\$37.00	42111.411
2nd Grade	8:00 a.m./Saturday	Middle School	\$37.00	42112.411
3rd Grade	11:00 a.m./Saturday	Middle School	\$42.00	42113.411
4th Grade	Games - Saturday TBD Practices - Thursday TBD	Middle School Arboretum School	\$45.00	42114.411
5th Grade	Games - Saturday TBD Practices - Tuesday TBD	Prairie School Arboretum School	\$60.00	42115.411
6th Grade	Games - Saturday TBD Practices - Tuesday TBD	Prairie School Arboretum School	\$60.00	42007.411
7th and 8th Grade	Games - TBD Practices - TBD	Arboretum School Village Center	\$60.00	42005.411
<p><u>4th grade boys and girls</u> - play games against teams from Monona, Cottage Grove, Verona Maple Bluff and Fitchburg. <u>5th and 6th grade boys and girls</u> - play games against teams from Maple Bluff and Middleton.</p>				

Youth Activities

Youth Indoor Tennis

The major goal of this program is to introduce children to the "fun and rewarding" world of tennis. The equipment and size of the playing area are tailored down to a comfortable size for young children. Emphasis is placed on learning basic movement and skills. Participants should bring their own racquets.

Fee: R \$38.00/NR \$48.00

Date: Wednesday, November 9 to December 21, 2011
No class November 23, 2011

Instructor: Betsy Zadra
Location: Village Center

Ages 5 to 8
Time: 3:15 p.m. to 4:05 p.m.
Course: 42011.311

Ages 9 & up
Time: 4:10 p.m. to 5:00 p.m.
Course: 42012.311

Little Kickers Soccer

During this 4 week program, participants will learn the fundamentals of soccer with an emphasis on individual skills, teamwork and most of all fun! The program will be led by coaches and players from the Waunakee High School varsity soccer teams. Each participant will receive their own soccer ball and t-shirt.

Fee: R \$35.00/NR \$45.00

Date: Sunday
November 6 to 27, 2011

Ages 4
Time: 4:00 p.m. to 4:45 p.m.
Course: 42088.311

Ages 5 & 6
Time: 5:00 p.m. to 5:45 p.m.
Course: 42089.311

- Sponsored by -
State Farm Insurance
Troy Salisbury Agency

3rd Annual New Balance Girls On The Run - 5K

Everyone is welcome! This is a community Run/Walk event! Join us for a 5K Certified run or walk on Saturday, November 12, 2011. Feel free to run, jog, walk, skip or simply come cheer on our amazing girls! Register online at: www.girlsontherundane.co.org or pick up a hard copy of the registration at the Village Center. Early registration is encouraged to guarantee your long-sleeve race t-shirt.

Fee: \$25.00 individual
Family discount available

Date: Saturday
November 12, 2011

Time: 10:00 a.m. start
Location: Waunakee Village Park



Non-School Day Programs

AFTER SCHOOL will be offering special programs at the Village Center on non-school days and during holiday break periods. Each of the all day programs will focus on themes that enhance children's natural sense of discovery and wonder.

Please contact their administrative office at 276-9782 ext. 10 for more information or to receive registration materials.



Early Release

Join us for our early release program. We offer a fun and entertaining opportunity for children in grades K-4 on afternoons where they are released from school early. The school district provides transportation to the Village Center. Register early, this program fills up fast!

Parents must pick up their children at 4:00 p.m.

Wild West

Activities include: country music, games lead by Village Center staff, arts and crafts, and fun snack will be provided.

Fee: \$15.00
Date: Friday, September 16, 2010
Time: 1:00 p.m. to 4:00 p.m.

Grades K - 2
Course: 12730.311

Grades 3 - 4
Course: 12731.311

Spooktacular

Activities include: spooky music, games lead by Village Center staff, arts and crafts, and scary snacks will be provided.

Fee: \$15.00
Date: Wednesday, October 26 2011
Time: 1:00 p.m. to 4:00 p.m.

Grades K - 2
Course: 12732.311

Grades 3 - 4
Course: 12733.311

Ice Pond

The school district will provide transportation to the Ice Pond. Activities include ice skating, games lead by Village Center staff, arts-n-craft, and a snack is provided. Please bring warm clothes.

Fee: \$15.00
Date: Tuesday, November 22 2011
Time: 1:00 p.m. to 4:00 p.m.

Grades K - 2
Course: 12740.311

Grades 3 - 4
Course: 12741.311

Tumbling

TUMBLE BUGS WITH PARENT - AGES 18 MONTHS TO 3

Come explore landscapes, sing songs, play silly games with the parachute and much more. Participants work on their fine and gross motor skills with an emphasis on coordination, strength, balance and socialization, through the use of fun and kid friendly gymnastics equipment. This parent participation class is a wonderful first step class for any youngster.

SESSION 1

Monday September 12 to October 24, 2011	9:20 a.m. to 9:50 a.m.	Course: 11383.311 Fee: R \$39.00/NR \$49.00
Thursday September 8 to October 27, 2011 <i>No class September 29, 2011</i>	10:30 a.m. to 11:00 a.m.	Course: 11384.311 Fee: R \$39.00/NR \$49.00
Saturday September 10 to October 29, 2011 <i>No class October 1, 2011</i>	8:30 a.m. to 9:00 a.m.	Course: 11386.311 Fee: R \$39.00/NR \$49.00

SESSION 2

Monday November 7 to December 12, 2011	9:20 a.m. to 9:50 a.m.	Course: 11396.311 Fee: R \$33.00/NR \$43.00
Thursday November 10 to December 15, 2011	10:30 a.m. to 11:00 a.m.	Course: 11394.311 Fee: R \$33.00/NR \$43.00
Saturday November 5 to December 17, 2011 <i>No class November 12, 2011</i>	8:30 a.m. to 9:00 a.m.	Course: 11395.311 Fee: R \$33.00/NR \$43.00

LEAPIN LIZARDS - AGES 3 TO 5

Come learn more about tumbling and gymnastics as a Leapin Lizard. This class is for children who are comfortable without their parents participating. Circuits and games will be set up each day to emphasize independence, confidence, fine and gross motor skills, strength, flexibility and socialization. This is the perfect class for the increasingly active child.

SESSION 1

Monday September 12 to October 24, 2011	8:30 a.m. to 9:15 a.m.	Course: 12385.311 Fee: R \$49.00/NR \$59.00
Monday September 12 to October 24, 2011	1:15 p.m. to 2:00 p.m.	Course: 12391.311 Fee: R \$49.00/NR \$59.00
Monday September 12 to October 24, 2011	5:15 p.m. to 6:00 p.m.	Course: 12383.311 Fee: R \$49.00/NR \$59.00
Thursday September 8 to October 27, 2011 <i>No class September 29, 2011</i>	9:45 a.m. to 10:30 a.m.	Course: 12381.311 Fee: R \$49.00/NR \$59.00
Saturday September 10 to October 29, 2011 <i>No class October 1, 2011</i>	9:05 a.m. to 9:50 a.m.	Course: 12382.311 Fee: R \$49.00/NR \$59.00

SESSION 2

Monday November 7 to December 12, 2011	8:30 a.m. to 9:15 a.m.	Course: 12379.311 Fee: R \$42.00/NR \$52.00
Monday November 7 to December 12, 2011	1:15 p.m. to 2:00 p.m.	Course: 12392.311 Fee: R \$42.00/NR \$52.00
Thursday November 10 to December 15, 2011	9:45 a.m. to 10:30 a.m.	Course: 12380.311 Fee: R \$42.00/NR \$52.00
Saturday November 5 to December 17, 2011 <i>No class November 12, 2011</i>	9:05 a.m. to 9:50 a.m.	Course: 12378.311 Fee: R \$42.00/NR \$52.00

Tumbling

ROCK N ROLLERS - AGES 6 TO 9

Come discover the foundations of gymnastics as a Rock N Roller. Handstands, cartwheels, bridges, bars, beam, vault and floor exercises are just a few of the fun skills that are included in these lessons. This is a great class for the advancing Leapin Lizard.

Session 1

Saturday September 10 to October 29, 2011 <i>No class October 1, 2011</i>	9:55 a.m. to 10:50 a.m.	Course: 12386.311 Fee: R \$53.00/NR \$63.00
Monday September 12 to October 24, 2011	4:15 p.m. to 5:10 p.m.	Course: 11390.311 Fee: R \$53.00/NR \$63.00

Session 2

Saturday November 5 to December 17, 2011 <i>No class November 12, 2011</i>	9:55 a.m. to 10:50 a.m.	Course: 11378.311 Fee: R \$46.00/NR \$56.00
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TUMBLE STARS - MUST COMPLETE ROCK N ROLLERS

This class is for participants who are ready to work on more advanced skills in a fast paced atmosphere. Participants will be fine tuning their already learned skills and will be progressing towards combination skills on the beam, bars, vault and the floor. We encourage all participants to register for Rock N Rollers before taking Tumble Stars.

Session 1

Saturday September 10 to October 29, 2011 <i>No class October 1, 2011</i>	11:00 a.m. to 11:55 a.m.	Course: 11393.311 Fee: R \$53.00/NR \$63.00
Monday September 12 to October 24, 2011	3:15 p.m. to 4:10 p.m.	Course: 11391.311 Fee: R \$53.00/NR \$63.00

Session 2

Saturday November 5 to December 17, 2011 <i>No class November 12, 2011</i>	11:00 a.m. to 11:55 a.m.	Course: 11397.311 Fee: R \$46.00/NR \$56.00
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Friday Fun Zone

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

Ages: 5 and under
Location: Village Center Gym
Days: Friday
Time: 9:30 a.m. to 11:30 a.m.
Fees: Free for Family Fit Pass Holders
R \$4.00/family
NR \$8.00/family

Children's Birthday Party

With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child is! You may decorate the private party room and bring in food and drinks to compliment the party. Parties are for up to 15 children (\$5.00 for each additional child, maximum of 20). All parties must have at least 2-4 adults to assist with supervision.

For more info or to book your event, call Heidi at 608.850.5992. Booking one month in advance is recommended.

Basic Party
R \$120.00/NR \$150.00

Theme Party
R \$150.00/NR \$180.00

Theme Options: Princess Royal Ball, Dinosaur Shin-dig, Outer Space Adventure, Art Extravaganza, Pirate Party, Rock Star, Superhero, Ice Skating Party, and Wild Safari.

Ice Skating Party

NEW!! Now at the Waunakee Ice Pond, we will be offering a new birthday party option. The birthday package includes: a party host, private party room, ice skate rental, ice time and two pizzas from Doughboys for up to 15 children.

Adopt-A-Park-Sign

Park signs are often the first things that visitors and community members see when visiting our park. We are reaching out to the community to encourage you to make the signs look even better! Work with friends, family neighbors, colleagues from work, organizations or even by yourself. The Village of Waunakee will provide perennial flowers for you to plant around the park sign. You are encouraged to visit your sign once or twice a month to remove weeds and log the work you have done.

For more information or to adopt a sign, please contact Sandy Frankland at fgreenlawn@tds.net or Heidi Kluesner at the Village Center at 608.850.5992 or hkluesner@vil.waunakee.wi.us. Available Parks: Blue Ridge, McWatty, Meadowbrook, Water Tower and Hanover Tennis Courts.

Holiday Closings

The Village Center will be closed the following Holidays:

Labor Day
Monday – September 5, 2011

Thanksgiving Day
Thursday – November 24, 2011



Cars in the Park

All makes, models, and years car show. This second annual event is open to car enthusiasts who would like to enter their vehicle or community members simply interested in checking out all of the top-notch entries. Cars can be registered on site beginning at 8:00 a.m. for a fee of \$10.00 and a non-perishable food item. There is no fee for spectators, but food pantry donations are encouraged.

All cars will be judged by independent judges and awards will be presented at 3:00 p.m. A great concession stand and a DJ for music will help make this event a great time for the entire family. For more information contact Chris Neumaier at 849-7760.

Where: Village Park

Date: Saturday, September 17, 2011

Time: 8:00 a.m. to 3:00 p.m.

Halloween at Schumacher Farms

The Friends of Schumacher Farms and the Village Center of Waunakee would like to present Halloween at Schumacher Farms on Saturday, October 29, 2011 from 6:00 p.m. to 9:00 p.m. Events will include:

- Hayrides
- Bonfire with S'mores, Popcorn and Cider
- Games in the Barn
- Face painting
- Witches



Don't miss out on the Halloween fun! For questions or concerns, please contact the Village Center at 608.850.5992.

Thank you!

Youth Programming Volunteers

The Village Center is fortunate to have so many wonderful volunteers who enthusiastically volunteer their time to work with our programs. We would like to show our appreciation to the following individuals: Gabby Schmitt, Anna Evanson, Hanna Thomas, Morgan Ellickson, Casey Bingham, Jennifer Dixon, Will Lauper, Brooke Falkner, and Bailee Clanton. Thank you for all your time and efforts!

We would also like to thank local businesses that helped support our programs. They include: Zoe's Pizzeria, Piggly Wiggly, Subway and Culver's. Your participation is essential in our community outreach.

If you are interested in volunteering with the Village Center, please contact Heidi at 608.850.5992.

Little League - Softball and Baseball

Another successful Little League Softball and Baseball season has finished here in Waunakee! We would like to take this opportunity to thank the people that made this fun-filled program possible. Over 150 adults volunteered their time to serve as coaches and coordinators for our leagues. That is just awesome!

These coaches and coordinators helped manage the 1100 kids that participated this summer.

Little League Sponsors

We would also like to thank the local businesses that assisted the league this year by sponsoring teams: CJ's Lawn and Snow Service, Waunakee Utilities, CMI, Complete Construction and Design, North American Mechanical Inc., Associated Financial Group, Empire Photography, Chad's Carpentry, Advertisers Press, Knights of Columbus, Physician's Plus, Culvers of Waunakee, Nord Gear, Premier Builders, Springs Window Fashions, Premier Mortgage Specialist, and HLW Builders LLC.

Thank you all for your support!!!