



# Village Center of Waunakee

VILLAGE OF WAUNAKEE COMMUNITY SERVICES

June 2010

## SUMMER 2010

### Wild Rumpus Circus Camp

Featuring low-flying trapeze, clowning, juggling, tightwire, pantomime, acrobatics and more!

Start with a warm-up that will stretch and strengthen body, mind and imagination through new games, improv and more. We'll discover the basics of juggling and low-flying trapeze, and explore the world of physical comedy including pantomime, clowning, and mask movement forms, as well as dabbling in tightwire, acrobatics, costuming and set design. Camp will close on Friday with a special performance! Parents, families and friends are cordially invited.

Marcia Miquelon directs the Mazomanie Movement Arts Center. Her background includes dance, yoga, and contact improvisation. Her love of teaching has taken her from the ski slopes of Utah to the classrooms of Southern Africa.

Jacob Mills is a professional actor, physical comedian and educator. He has been performing and teaching since 1974. His performances have been featured in a wide array of venues in the US, Europe, and the Middle East, including schools, theaters, festivals, cruise ships and corporate events.

**Fee:** R \$128.00/NR \$138.00

**Date:** Monday to Friday

August 9 to August 13, 2010

**Time:** 9:00 a.m. to 2:00 p.m.

**Ages:** 7 to 14

**Course:** 12330.210

**Instructors:** Jacob Mills and Marcia Miquelon

### Youth Theatre

#### Fairy Tales with a Twist

Children will work toward a performance of a common fairy tale where they decide the ending. We will learn basic parts of a story in this class and will work on positive problem-solving skills as well as learning basic principles of theatre. With a focus on creative movement, this class will help participants to portray stories using their whole bodies. A performance will take place on the final day of class.

**Fee:** R \$33.00/NR \$43.00

**Date:** Monday to Friday

July 12 to July 16, 2010

**Time:** 3:30 p.m. to 4:30 p.m.

**Ages:** 4 to 8

**Course:** 12341.210

#### Fairytales Mash-up

Students will work on a show to present the final day of class. Participants will become familiar with basic theatre terminology and will strive to use their entire bodies and voices for creative character development. Students will also help to build a set and props to be used in the performance.

**Fee:** R \$48.00/NR \$58.00

**Date:** Monday to Friday

July 19 to July 23, 2010

**Time:** 3:30 p.m. to 4:55 p.m.

**Ages:** 9 to 14

**Course:** 12342.210

About the instructor: Alanna Reeves graduated from the American Musical and Drama Academy in New York in 2003. Since her graduation she directed a summer youth traveling theatre program for the Missoula Children's Theatre. She is currently enrolled at the UW-Madison studying Theatre in Education.

## Tumbling

### Tumble Bugs Parent/Child Class

This class will teach kids basic gymnastics skills, with an emphasis on coordination, strength, balance and socialization. Join your 18 month old to 3 year old as they explore landscapes, sing songs, do silly activities and most of all have fun while building a strong foundation for future sports and activities!

**Ages:** 18 month to 3 years

#### Session at High School

**Fee:** \$40.00  
**Date:** Wednesdays and Fridays  
June 16 to July 7, 2010  
**Time:** 8:50 a.m. to 9:20 a.m.  
**Course:** 12386.210

#### Sessions at Village Center Session 1

**Fee:** R \$29.00/NR \$39.00  
**Date:** Saturday  
July 10 to August 14, 2010  
**Time:** 8:25 a.m. to 8:55 a.m.  
**Course:** 11385.210

#### Session 2

**Fee:** R \$29.00/NR \$39.00  
**Date:** Wednesday  
July 14 to August 11, 2010  
**Time:** 9:30 a.m. to 10:00 a.m.  
**Course:** 11384.210

#### Session 3

**Fee:** R \$29.00/NR \$39.00  
**Date:** Thursday  
July 15 to August 12, 2010  
**Time:** 9:30 a.m. to 10:00 a.m.  
**Course:** 11383.210

## Thank you Volunteers

Thank you to Alyssa Cynkar, Corinne Spiczinski and Caroline Patz for volunteering at our spring tumbling programs. If you are looking for ways to get involved with the community as a volunteer, please stop by the Village Center to fill out a volunteer form.

### Leapin Lizards

Children that take this class should be comfortable without parents. Participants will learn about the four major components of gymnastics: the balance beam, bars, floor work and vaulting. Circuits will be set up each day to develop motor skills, sports related skills like kicking and throwing, strength, flexibility, social skills and most of all tons of fun!

**Ages:** 3 to 6

#### Session at High School

**Fee:** \$49.00  
**Date:** Wednesdays and Fridays  
June 16 to July 7, 2010  
**Time:** 10:35 a.m. to 11:20 a.m.  
**Course:** 12387.210

#### Sessions at Village Center Session 1

**Fee:** R \$35.00/NR \$45.00  
**Date:** Saturday  
July 10 to August 14, 2010  
**Time:** 9:00 a.m. to 9:45 a.m.  
**Course:** 12382.210

#### Session 2

**Fee:** R \$49.00/NR \$59.00  
**Date:** Monday  
July 12 to August 23, 2010  
**Time:** 5:10 p.m. to 5:55 p.m.  
**Course:** 12383.210

#### Session 3

**Fee:** R \$35.00/NR \$45.00  
**Date:** Wednesday  
July 14 to August 11, 2010  
**Time:** 10:05 a.m. to 10:50 a.m.  
**Course:** 12380.210

#### Session 4

**Fee:** R \$35.00/NR \$45.00  
**Date:** Thursday  
July 15 to August 12, 2010  
**Time:** 10:05 a.m. to 10:50 a.m.  
**Course:** 12381.210

*\*Rates for tumbling classes vary because of the number of sessions per schedule.*

### Rock N' Rollers

This is the perfect class for beginning gymnasts ages 5 to 9. Participants will learn the four apparatus of gymnastics: the balance beam, bars, floor exercise and vaulting. Circuits will be set up each day to progress in motor skills, strength and flexibility. Social skills are added to the class to make it fun.

**Ages:** 5 to 9

**Session 1**  
**Fee:** R \$35.00/NR \$45.00  
**Date:** Saturday  
July 10 to August 14, 2010  
**Time:** 9:50 a.m. to 10:35 a.m.  
**Course:** 12385.210

#### Session 2

**Fee:** R \$49.00/NR \$59.00  
**Date:** Monday  
July 12 to August 23, 2010  
**Time:** 6:00 p.m. to 6:45 p.m.  
**Course:** 11388.210

#### Session 3

**Fee:** R \$35.00/NR \$45.00  
**Date:** Wednesday  
July 14 to August 11, 2010  
**Time:** 10:55 a.m. to 11:40 a.m.  
**Course:** 12384.210

## Art Cart Comes to Centennial Park!

We are very excited to announce that once again this year the Madison Museum of Contemporary Arts "Art Cart" will be visiting the Waunakee parks twice this summer! The program will offer a variety of art activities led by experienced educators. Both children and adults are welcome, but all must be "dressed for mess."

**Fee:** FREE  
**Date:** Saturday  
June 26 and July 17, 2010  
**Time:** 10:00 a.m. to Noon  
**Location:** Centennial Park New Shelter

### Tumble Stars

Join us for this intermediate skill level class. Continue on bars, beam, vault and floor apparatus. Tumble Stars is an invite only class, previously enrolled tumble stars are welcome. Other interested participants should call the Village Center to set-up a skill assessment before enrolling. Participants should be proficient in performing a cartwheel and forward roll on floor. Pullover (or close) on bars, be comfortable walking all ways on the beam, and be able to push up to a bridge for 5 seconds.

**Ages:** 5 to 8

#### Session at High School

**Fee:** \$53.00  
**Date:** Wednesdays and Fridays  
June 16 to July 7, 2010  
**Time:** 9:30 a.m. to 10:25 a.m.  
**Course:** 42170.210

#### Sessions at Village Center Session 1

**Fee:** R \$38.00/NR \$48.00  
**Date:** Saturday  
July 10 to August 14, 2010  
**Time:** 10:50 a.m. to 11:45 a.m.  
**Course:** 11386.210

#### Session 2

**Fee:** R \$53.00/NR \$63.00  
**Date:** Monday  
July 12 to August 23, 2010  
**Time:** 4:00 p.m. to 4:55 p.m.  
**Course:** 11387.210



## Gymnastics

Back again for another summer! Beginning through intermediate gymnastics instruction, featuring all Olympic events - vault, bars, beam, floor and basic dance. Join high school gymnastics coach Elaine Yankunas and several high school gymnasts for this high quality program for all levels of gymnasts.

This is a four-week session with class three days per week. All classes will be held at the High School Old Gymnasium.

**Fee:** \$49.00  
**Days:** Monday, Tuesday and Thursday  
**Date:** June 14 to July 8, 2010

**Ages 5 to 6**  
**Time:** 11:15 a.m. to Noon  
**Course:** 42171.210

**Ages 6 to 7**  
**Time:** 10:00 a.m. to 10:55 a.m.  
**Course:** 42175.210

**Ages 8 to 9**  
**Time:** 9:00 a.m. to 9:55 a.m.  
**Course:** 42172.210

**Ages 10 +**  
**Time:** 12:30 p.m. to 1:25 p.m.  
**Course:** 42173.210

### Advanced Gymnastics

This class is designed for the more-advanced gymnast. Typically this is a student with at least 4 years of experience, but younger participants with advanced skills will be accepted.

This is a four-week session with class three days per week. All classes will be held at the High School Old Gymnasium.

**Fee:** \$54.00  
**Date:** Monday, Tuesday and Thursdays  
June 14 to July 8, 2010

**Time:** 1:30 p.m. to 3:00 p.m.  
**Course:** 42174.210

## Kidcare

### Daytime Hours:

Monday to Friday  
8:00 a.m. to 11:00 a.m.

### Evening Hours:

Monday to Thursday  
5:00 p.m. to 8:00 p.m.

### Fees:

1 child - \$12.00 per month  
2 children - \$18.00 per month  
3 children - \$24.00 per month  
Drop In - \$3.00 per child per visit

Are you thinking about participating in a group exercise class or working out at the Village Center - but don't know what to do with your toddler? Your child will have a great time in Kidcare!

Our friendly staff will provide fun and safe activities for your child while you are participating in a Village Center activity. The service is available for walking through 5 years of age. There is a 2 hour maximum per visit. Space is limited to 10 children on a first come, first serve basis. Staff will not change diapers. Parents will be called to Kidcare when needed.

Children ages 6-11 are welcome in Kidcare during the summer months. If there is a high attendance of older children on certain days, we will provide BIG Kidcare separate from our "little" Kidcare participants. Regular Kidcare rules and fees apply.

## Indoor Playground

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

**CANCELLED Friday, August 20, 2010**  
**Ages:** 5 and under  
**Location:** Village Center Gym  
**Days:** Friday  
**Time:** 9:30 a.m. to 11:30 a.m.  
**Fees:** Free for Family Fit Pass Holders  
R \$4.00/family NR \$8.00/family

## EE - Environmental Education

**Fee:** R \$8.00/NR \$13.00  
**Time:** 2:00 p.m. to 4:00 p.m.  
**Ages:** 6 to 11

### EE: The Lost Ladybugs

Ladybugs that used to be common have become rare. Participants will find and photograph lady bugs as part of a citizen research project through Cornell University. Learn more at <http://www.lostladybug.org>. Play fun insect games while learning about ladybugs and other insects.

### EE: Stream Exploration

Discover the critters that live in Six Mile Creek by using nets and keys. Make sure to wear shoes and clothes that can get wet and muddy! Participants will play water themed games to learn about pollution and the water cycle.

### EE: Our Urban Forest

Trees are terrific! Participants will ID tree species, play tree games, and discover the importance of urban forests.

### EE: Predators of Wisconsin

Wolves, bears, cougars... oh my! They may not be hanging around Waunakee, but they are in Wisconsin. Learn about the top predators in the state by playing games and using your imagination

### EE: Survivor!

Are you afraid of getting lost in the woods? Learn how to use a compass and basic survival skills. Work through a compass course in small groups in Village Park.

### EE: Bird Brain

Birds have amazing adaptations! Learn what makes birds unique and go out to the natural areas in Waunakee with binoculars to find a variety of bird species.

### EE: Slither, Hiss and Hop

However you arrive, don't miss this exciting program about reptiles and amphibians! What is the difference between reptiles and amphibians? Compete in herp olympics and other fun herp games and activities.

Program	Date	Course Number
The Lost Ladybugs	Thursday June 17, 2010	12720.210
Stream Exploration	Thursday July 1, 2010	12721.210
Our Urban Forest	Thursday July 8, 2010	12722.210
Predators of Wisconsin	Thursday July 15, 2010	12723.210
Survivor!	Thursday July 29, 2010	12724.210
Bird Brain	Thursday August 5, 2010	12725.210
Slither, Hiss and Hop	Thursday August 12, 2010	12726.210

## Children's Birthday Party

With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child is! You may decorate the private party room and bring in food and drinks to complement the party. Parties are for up to 15 children (\$5.00 for each additional child, maximum of 20). All parties must have at least 2-4 adults to assist with supervision. For more information or to book your event, call the Village Center at 850-5992. Booking one month in advance is recommended.

### The Basic Party Includes:

- Organized games in the gym for 1 hour led by Village Center staff (Birthday child chooses activities)
- No-fuss clean up

**Fee:** R \$120.00/NR \$150.00

**Ages:** 4 to 11

### Theme Party Includes:

- Themed decorations
- Themed crafts for each participant to take home
- Organized theme specific games for 1.5 hours led by Village Center staff

**Fee:** R \$150.00/NR \$180.00

**Ages:** 4 to 11

### Theme Options

Princess Royal Ball, Dinosaur Shin – "Dig," Outer Space Adventure, Art Extravaganza, Pirate Party, Rock Star, Superhero or Scrapbooking (provided in partnership with Not Just Scrapbooking).

Do you have other ideas? We may be able to create a custom party just for your child!



## Fantastic Friday Fun (F3)

Join us for Fantastic Friday Fun (F3) from June 18 to August 13. Children will celebrate each Friday morning with a different theme. Enjoy creative activities, games, and adventures! You may sign up for one program or the entire series. Early registration is encouraged, but drop-ins are welcome as space allows.

**Fee:** R \$8.00/NR \$13.00\*

\*except Hip Hip Hooray - see below

**Date:** Fridays, June 18 to August 13, 2010

**Time:** 9:30 a.m. to 11:30 a.m.

**Ages:** 4 to 8

**Sloppy Slimy, Sticky, Soggy Science** - In this program, be ready for gooey science experiments! It's sloppy and soggy, so please dress for mess!

**American Girl Tea Party** - Girls should bring their favorite American Girl doll to participate in the tea party!

**Puppy Love** - Become a dog for a day while playing games and having fun!

**Spy Secrets** - Become a detective, write in invisible ink, and reveal the secrets!

**Barbie Fashion Party** - Dress up like Barbie, get your hair braided, and make new friends while playing Barbie games!

**Bubbles and Splash** - Experiment with water and bubbles! Be sure to bring a change of clothes for the car ride home.

**Hip Hip Hooray\*** - Three cheers for Happy Hippopotamus! This Noah's Ark Animal Workshop will be filled with fun and smiles as you hand stuff your own cuddly Hippo, name it and make a wish on a rainbow star. We will play some "hip" games and have a fun snack to feed the hungry, hungry humans!



**Fee:** R \$19.00/NR \$29.00

**Legends and Fairy Tales** - Explore your favorite fairy tales and legends while playing games.

Fantastic Friday Fun (F3)		
Program	Date	Course Number
Sloppy Slimy, Sticky, Soggy Science	June 18, 2010	12700.210
American Girl Tea Party	June 25, 2010	12701.210
Puppy Love	July 9, 2010	12702.210
Spy Secrets	July 16, 2010	12703.210
Barbie Fashion Party	July 23, 2010	12704.210
Bubbles and Splash	July 30, 2010	12705.210
Hip Hip Hooray*	August 6, 2010	12706.210
Legends and Fairy Tales	August 13, 2010	12707.210

## Youth Art

**Fee:** R \$8.00/NR \$13.00  
**Time:** 2:00 p.m. to 3:00 p.m.

### Card Making

Make a variety of cards with Village Center supplies: stickers, stamps, markers, paint, paper, stencils and a variety of other art supplies. Stock up with homemade cards to give to your family and friends.

**Date:** Wednesday, July 7, 2010

**Ages:** 5 to 13

**Course:** 12713.210

### Painting

It's time to get creative! Learn basic painting techniques and paint with acrylic paints on real canvas. Dress for a mess!

**Date:** Wednesday, July 21, 2010

**Ages:** 5 to 13

**Course:** 12714.210

### Beading

Make beaded jewelry and ironed bead designs to take home or give to friends and family.

**Date:** Wednesday, August 4, 2010

**Ages:** 5 to 13

**Course:** 12716.210

### Tie Dye

Learn how to fold, tie, and dye fabric to make different patterns and designs. Each participant will dye one shirt and one pair of socks, if you would like to dye more items - bring them to class! Be sure to dress for a mess!

**Date:** Wednesday, July 28, 2010

**Ages:** 7 to 16

**Course:** 12715.210

## Youth Enrichment

### "Unusual" Art

Reduce, reuse, recycle... into art! Come with creative ways to reuse materials to make masterpieces, instruments and costumes. Bring extra supplies from home to combine with supplies provided.

**Fee:** R \$8.00/NR \$13.00

**Date:** Tuesday, July 20, 2010

**Time:** 2:00 p.m. to 3:00 p.m.

**Ages:** 8 to 13

**Course:** 12711.210

### "Unusual" Sports

Do you love playing sports? Try some "unusual" or less-played sports including ultimate frisbee, disc golf and kickball. Do you know of any other weird sports? If so, bring the idea, everyone will get a chance to share a new game and teach us how to play.

**Fee:** R \$8.00/NR \$13.00

**Date:** Tuesday, June 29, 2010

**Time:** 2:00 p.m. to 3:00 p.m.

**Course:** 12710.210

**Ages:** 8 to 13

## Dance

Watch for new dance classes being offered at the Village Center this Summer!

## Tennis Instruction

### Ripp Park Tennis Courts

Age	Time	Days	Session I June 14 to July 8	Session II July 12 to August 5	Fee
4 - 6	12:00 p.m. to 12:30 p.m.	M/W	42019.210	42024.210	\$30.00
6 - 10	12:45 p.m. to 1:35 p.m.	M/W	FILLED	FILLED	\$34.00
4 - 6	12:00 p.m. to 12:30 p.m.	T/TH	FILLED	42030.210	\$30.00
6 - 10	12:45 p.m. to 1:35 p.m.	T/TH	FILLED	42031.210	\$34.00
11+	1:45 p.m. to 2:35 p.m.	T/TH	42011.210	42022.210	\$34.00

### Hanover Park Tennis Courts

Age	Time	Days	Session I June 14 to July 8	Session II July 12 to August 5	Fee
6 - 9	10:15 a.m. to 11:05 a.m.	M/W	42017.210	42026.210	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	M/W	42034.210	42038.210	\$34.00
6 - 9	10:15 a.m. to 11:05 a.m.	T/TH	42020.210	42032.210	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	T/TH	42035.210	42039.210	\$34.00

### Tierney Park Tennis Courts

Age	Time	Days	Session I June 14 to July 8	Session II July 12 to August 5	Fee
6 - 9	10:15 a.m. to 11:05 a.m.	M/W	FILLED	42027.210	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	M/W	42051.210	42057.210	\$34.00
6 - 9	10:15 a.m. to 11:05 a.m.	T/TH	FILLED	42033.210	\$34.00
10 - 14	9:15 a.m. to 10:05 a.m.	T/TH	42058.210	42053.210	\$34.00

### Friday Team Tennis - Grades 6 - 9

A great program designed for tennis players entering 6th to 9th grade. Registered team members will practice at Ripp Park on Monday and Wednesday afternoons and then compete against other Madison area teams on Friday mornings. Six weeks of matches and one season-ending tournament are included. This is a perfect program for players ready to compete on a recreational basis. Village staff will serve as coaches, but parents must be available to assist with transportation to the away matches.

**Fee:** \$48.00  
**Date:** June 14 to August 6, 2010  
**Time:** Monday and Wednesday - 1:45 p.m. to 2:45 p.m./Friday - 9:00 a.m. to Noon  
**Course:** 42028.210  
**Location:** Ripp Park Tennis Courts

### Waunakee Youth Tennis Tournament - 2010

Ripp Park - July 16 and July 17 (Friday-Saturday) with July 18 (Sunday) as a rain make up day. Age divisions will be boys' and girls' 12 & under, 13 to 14, 15 to 16, 17 to 18 singles. Registration information can be obtained by visiting the Village Center or our website. Volunteers are needed.

## Golf

### Harvest Hill League 2010

Join us for this Summer Golf League created just for kids. The program includes 15 minutes of instruction and 75 minutes of supervised play. Choose the Wednesdays that work the best for you. A minimal amount of golf experience is necessary. Space is limited! Fees are per class. You must identify the dates you will be attending when you register. There is a maximum of 24 participants per day. Instructor is Betsy Zadra.

**Fee:** R \$8.00/NR \$10.00  
**Date:** Wednesday, June 16 to August 11, 2010  
**Ages:** 6 to 13  
**Time:** 2:00 p.m. to 3:30 p.m.  
**Course:** 42055.210

### Lake Windsor League (Advanced)

Join us this summer at Lake Windsor Country Club for a new youth golf league. The program includes 15 minutes of instruction and 75 minutes of supervised play. Each week participants will get to play 3 - 4 holes on the course.

You must have experience playing golf on a regulation golf course or have the instructor's approval to register. Space is limited! Participants should bring their own clubs.  
**Fee:** R \$95.00/NR \$105.00  
**Date:** Monday, June 21 to August 2, 2010  
**Ages:** 8 to 13  
**Instructor:** Betsy Zadra  
**Time:** 2:00 p.m. to 3:30 p.m.  
**Course:** 42052.310

## YogaKids

Reading, storytime, music, creative arts, and earthcare with yoga to educate the "whole" child. Children learn invaluable skills that set the groundwork for meeting challenges and growing strong physically, mentally and emotionally; cultivating self-esteem for a lifetime of successful achievement.

**Fee:** R \$42.00/NR \$52.00  
**Instructor:** Amanda Keen  
**Date:** Monday  
 June 21 to August 16, 2010

**Ages 3 - 6**  
**Time:** 1:00 p.m. to 1:45 p.m.  
**Course:** 22400.210  
**Ages 7 - 10**  
**Time:** 1:50 p.m. to 2:35 p.m.  
**Course:** 22401.210  
**Ages 11 - 15**  
**Time:** 2:40 p.m. to 3:25 p.m.  
**Course:** 22402.210

## Taekwondo for Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class. All instructors are Nationally Certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. Fees are for unlimited classes per month.

*NEW STUDENT. Please direct any additional questions to the instructor at (608) 469-6051.*

**Fee:** R \$50.00/NR \$60.00  
**Age:** 4 and up  
**Time:** 5:30 p.m. to 8:30 p.m.  
**Instructor:** Michael Plessel  
[www.waunakeeata.com](http://www.waunakeeata.com)

June - 45395.310  
 July - 45396.310  
 August - 45397.310

TUESDAY	WEDNESDAY	THURSDAY
<b>Tiny Tigers</b> Ages 4 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.	<b>Private Lessons</b> 5:15 p.m. to 6:15 p.m. Setup with Instructor	<b>Tiny Tigers</b> Ages 4 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.
<b>Tiny Tigers</b> Ages 4 to 6 Camo - Red 5:45 p.m. to 6:15 p.m.	<b>Beginner Class</b> Ages 7 and Up White - Yellow 6:15 p.m. to 6:50 p.m.	<b>Tiny Tigers</b> Ages 4 to 6 Camo - Red 5:45 p.m. to 6:15 p.m.
<b>Beginner Class</b> Ages 7 and Up White - Yellow 6:15 p.m. to 6:50 p.m.	<b>Intermediate Class</b> Ages 7 and Up Camo - Red 6:50 p.m. to 7:25 p.m.	<b>Beginner Class</b> Ages 7 and Up White - Yellow 6:15 p.m. to 6:50 p.m.
<b>Intermediate/Advance Class</b> Ages 7 and Up Camo - Black 6:50 p.m. to 7:25 p.m.	<b>Advance Class</b> Ages 7 and Up Rec. Black - Black 7:25 p.m. to 8:00 p.m.	<b>Intermediate Class</b> Age 7 and Up Camo - Red 6:50 p.m. to 7:25 p.m.
<b>Leadership Class</b> Ages 7 and Up Leadership Program Members 7:25 p.m. to 8:00 p.m.		<b>Advanced Class</b> Age 7 and Up Rec. Black - Black 7:25 p.m. to 8:00 p.m.
<b>Instructor Class</b> Ages 10 and Up Instructor Program Members 8:00 p.m. to 8:35 p.m.		

## NFL Flag Football



NFL FLAG is the premier youth football league for boys and girls K - 4. The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork.

All players will receive an official NFL reversible jersey. Volunteer coaches are needed for all levels. All games are held at Centennial Park.

**Registration deadline is August 13, 2010**

Players MUST be registered by this date to be guaranteed a spot on a team. There is a \$10.00 late fee for anyone not registered by the deadline and will be accepted based on availability.

All schedules will follow from Coach.  
**Fee: R \$47.00/NR \$57.00**

**Grade K**  
**Date:** Thursday  
 September 9 to October 28, 2010  
**Time:** 5:30 p.m. to 8:30 p.m.  
 Games last approximately 45 minutes.  
**Course:** 42101.310

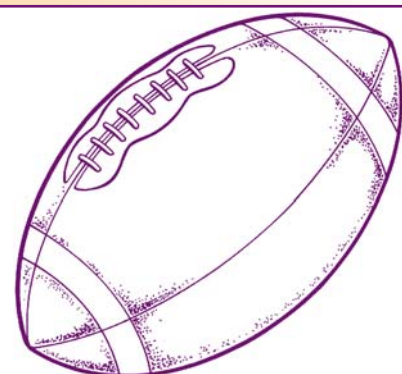
**Grade 1**  
**Date:** Wednesday  
 September 8 to October 27, 2010  
**Time:** 5:30 p.m. to 8:30 p.m.  
 Games last approximately 45 minutes.  
**Course:** 42105.310

**Grade 2**  
**Date:** Tuesday  
 September 7 to October 26, 2010  
**Time:** 5:30 p.m. to 8:30 p.m.  
 Games last approximately 1 hour.  
**Course:** 42102.310

**Grades 3 - 4**  
**Date:** Monday  
 August 30 to October 25, 2010  
**Time:** 5:30 p.m. to 8:30 p.m.  
 Games last approximately 1 hour.  
**Course:** 42103.310

## Warrior Football

A true tradition in Waunakee - tackle football for youth entering fourth, fifth and sixth grade in the fall. Practice will begin on August 14, with games beginning on September 11, 2010. Registration forms are available at the Village Center or by contacting Program Director, Mark Prusha at 849-9368.



## Summit Family Night: Summer Dance

Put on your dancing shoes and bring your family to the Village Center on Friday, July 16th for a rockin' good time. Musical Memories DJ will be providing the groovin' tunes and entertainment. Your family will also enjoy snacks, gym games, and arts-n-crafts. Don't miss out on the fun - invite your friends, entire family, and neighbors to come too, this event will be fun for all ages!

**Date:** Friday, July 16, 2010  
**Time:** 6:00 p.m. to 8:00 p.m.  
**Fee:** \$4.00/family - Resident  
 \$8.00/family - Non Resident  
 Free! for Family FIT Pass Members  
 Free! for Summit Credit Union Members



## Play in Your Park

This FREE drop-in, two hour program will include old fashioned playground games, sports and arts-n-craft projects. Target age is 5-10 years old but older siblings or younger siblings with a parent are welcome to attend. The program will travel to nine different parks in Waunakee throughout the summer, including small neighborhood parks and larger community parks.

**Day:** Wednesdays  
**Time:** 1:30 p.m. to 3:30 p.m.  
**Ages:** 5 to 10  
**Fee:** FREE

- June 16, 2010 - Village Park
- June 23, 2010 - Prairie Park
- June 30, 2010 - Hanover Park
- July 7, 2010 - Centennial Park
- July 14, 2010 - Augusta Park
- July 21, 2010 - Tierney Park
- July 28, 2010 - Savannah Park
- August 4, 2010 - Scenic Valley Park
- August 11, 2010 - Meadowbrook Park

## Trips

### Brewers vs Cubs (Adult)

Jump on the bus to watch the Milwaukee Brewers battle the Chicago Cubs at Miller Park! Trip fee covers transportation on a coach bus, bleacher ticket, tailgate catered meal at Miller Park, and group t-shirt to show your excitement for this rivalry. You are welcome to bring your own beverages and lawn chair for on the bus and tailgating. Bus will leave the Waunakee Village Center at 2:15 p.m. and arrive back at 11:30 p.m. Don't strike out on this opportunity to see the Brewers and Cubs play!

**Fee:** R \$70.00/NR \$80.00  
**Date:** Tuesday, June 8, 2010  
**Time:** 2:15 p.m. to 11:30 p.m.  
**Ages:** 21 and up  
**Course:** 53000.210

#### Did you know...

A minimum number of participants are required for all VC bus trips! So please do not wait until the last second to sign up. Share the trip with a friend to help get the word out.

### Brewers vs Twins (Youth)

Hit a home run by watching the Brewers take on the Minnesota Twins at Miller Park. Trip fee covers the game ticket, transportation and a t-shirt to remember the trip. Pack a sack lunch to tailgate before the game. Extra money will be needed for food or souvenirs.

Group of 6-8 children with one leader will stay together the entire time. Families are welcome. Don't miss this opportunity to watch the Brewers as they battle their way though the National League.

**Fee:** R \$45.00/NR \$55.00  
**Date:** Thursday, June 24, 2010  
**Time:** 9:15 a.m. to 6:00 p.m.  
**Ages:** 7 to 14  
**Course:** 52000.210

### Green Bay Packers - Training Camp

Celebrate the Packers legacy in Titledown! Watch the Packers practice during training camp. Check out the legends during a self-guided tour of the Packers Hall of Fame and visit the Packers Pro Shop. Take a Lambeau Field stadium tour - see a private suite, walk through the player's tunnel and a whole lot more. Enjoy a tailgate lunch at Curley's Pub.

Trip fee covers transportation, lunch, and your entrance into the stadium and hall of fame. Extra money will be needed for souvenirs. You may want to send additional food and a drink along for the bus ride. Families are welcome. Children ages 5 to 9 must be accompanied by an adult. (Adults must register for the trip too.) Children over the age of 10 are welcome to sign up with friends!

**Fee:** R \$45.00/NR \$55.00  
**Date:** Tuesday, August 3, 2010  
**Time:** 6:45 a.m. to 5:45 p.m.  
**Ages:** 5 and up  
**Course:** 52002.210

### Horseback Riding

Jump on the bus to Fantasy Hills Ranch for a fun afternoon of horseback riding. Each child will ride for one hour and then explore the ranch and petting zoo with a group leader. A snack will be provided, but you may want to send additional food and a drink along for the bus ride.

**Fee:** R \$45.00/NR \$55.00  
**Date:** Tuesday, July 13, 2010  
**Time:** 12:45 p.m. to 6:45 p.m.  
**Ages:** 7 to 14  
**Course:** 52001.210

### V. C. Day Trippers: Chicago Drop at Your Stop

Hop on a coach bus and leave the driving to us. We will drop off at the following locations: Navy Pier (Chicago Tall Ships is this weekend), the Museum Campus (Field Museum & Aquarium), the Science & Industry Museum, State Street, and Michigan Avenue. You will be on your own to enjoy Chicago however you would like and we will return to pick you up later in the day. Approximate arrival in Chicago 11:00 a.m. and approximate departure from Chicago 5:00 p.m.

**Fee:** R \$43.00/NR \$53.00  
**Date:** Saturday, August 28, 2010  
**Time:** 6:20 a.m. to 9:20 p.m.  
**Ages:** 25 and up  
**Course:** 13301.210

## MATC Classes

Class Name	Fee*	Day	Time	Start Date	End Date
Landscape and Design #12799	\$63.32	T	6:00 p.m. to 9:00 p.m.	6/8	7/20
Painting for Pleasure #12698	\$36.74	W	1:00 p.m. to 3:30 p.m.	6/9	6/30

*\* All project supplies are at an additional cost.*

Seniors will pay a reduced rate for these classes, typically a 20% discount. These are non-credit courses offered through Madison Area Technical College. For course information call (608) 258-2301 or visit [www.matcmadison.edu](http://www.matcmadison.edu).

To register: Call (608) 246-6240 between 12:00 p.m. to 6:00 p.m. Monday thru Thursday, 12:00 p.m. to 3:30 p.m. Friday or call the Village Center at 850-5992.

## FIT Pass Information

Anyone is eligible to purchase a FIT Pass at the Waunakee Village Center. To use these recreation areas, affordable passes can be purchased at the Center.

### Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

### Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open use-times and is valid from the date of purchase. This pass is ideal for a patron who only wants a pass for a few months during the year. All short term passes must be paid in full.

### Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

### Daily Track Pass Punch Card

The Daily Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track only.



## FIT Pass Fee Schedule

Effective January 1, 2009

Pass Classification	Resident Rate	Non-Resident Rate
<b>ANNUAL PASS (EFT)</b>		
Youth	\$8.75 per month	\$11.25 per month
High School (14-18)	\$14.00 per month	\$18.00 per month
Adult (18-54)	\$25.00 per month	\$35.00 per month
Older Adult (55+)	\$14.00 per month	\$14.00 per month
Family	\$47.50 per month	\$62.50 per month
*option to pay in full for the year		
<b>6 MONTH PASS</b>		
Youth	\$55.00	\$72.00
High School (14-18)	\$95.00	\$120.00
Adult (18-54)	\$165.00	\$220.00
Older Adult (55+)	\$95.00	\$95.00
Family	\$300.00	\$385.00
<b>3 MONTH PASS</b>		
Youth	\$30.00	\$39.00
High School (14-18)	\$55.00	\$71.00
Adult (18-54)	\$90.00	\$120.00
College (17-24) Summer Only	\$70.00	\$90.00
Older Adult (55+)	\$55.00	\$55.00
Family	\$155.00	\$205.00
<b>1 MONTH PASS</b>		
Youth	\$12.00	\$16.00
High School (14-18)	\$22.50	\$29.00
Adult (18-54)	\$37.50	\$49.00
Older Adult (55+)	\$22.50	\$22.50
Family	\$60.00	\$78.00
<b>DAILY PASS</b>		
Youth	\$2.00	\$4.00
High School (14-18)	\$2.00	\$4.00
Adult (18-54)	\$4.00	\$6.00
Older Adult (55+)	\$2.00	\$2.00
Family	\$10.00	\$15.00
<b>DAILY TRACK PASS PUNCH CARD</b> 10 visits - use of track only.		
Adult/Youth	\$6.00	\$12.00
Older Adult (55+)	\$6.00	\$6.00



If you have AARP or Humana Supplemental Health Insurance, you may be eligible for the SilverSneakers Program!

SilverSneakers offers a blend of physical activity, healthy lifestyle and socially oriented programming that allows older adults to take greater control of their health. Members receive:

- A free Village Center membership with access to conditioning classes, exercise equipment, and walking track.
- Access to any participating fitness center throughout the U.S.
- Customized SilverSneakers classes designed exclusively for older adults.

### Muscular Strength and Range of Movement Class

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activity for daily living skills. Hand-held weights, elastic tubing with handles and a ball are offered for resistance; and a chair is used for seated and/or standing support.

### Cardio Circuit

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand held weights; elastic tubing and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercises.

### YogaStretch

YogaStretch is a class designed for ALL participants and focuses on poses and postures to improve breathing, flexibility, balance, muscular strength, endurance and range of motion. YogaStretch is a blend of three Yoga styles creating harmony of movement for the whole body.

**Fee:** R \$38.00/NR \$48.00  
Punch card for 10 classes  
FREE If you are a SilverSneakers Fitpass Member

## Group Exercise Schedule

The Village Center offers a complete schedule of group exercise classes in addition to the fitness center and walking track. Classes are offered throughout the week and are designed to accommodate all levels of participants. A complete schedule of classes will be available on the dates below.

### Group Exercise Timeline

**Summer Session**  
**June 13 to August 21, 2010**  
**(10 weeks)**

*No Classes July 4, 2010*

Summer Session Schedule Available  
and Registration Starts  
Sunday - May 16, 2010

## One-On-One Personal Training

Are you looking to get a great start on a new fitness program, lose weight, or train for a particular event? Connect with a Personal Trainer by calling the Welcome Desk at 850-5992.

### Do You Carry Dean, Unity, Group Health, or Physicians Plus for Your Health Insurance?

Membership reimbursements may be available if you carry Group Health, Dean, Unity or Physicians Plus Health Insurance!

For more information contact your health care provider's website or stop at the Welcome Desk.

## Facility Rentals

The Waunakee Village Center is made available for use by all groups through the generosity of the residents of Waunakee. The Village Center is a 45,000 square foot building on two levels consisting of rooms of varying sizes and capacities. The park around the building may also be reserved for events. Reasonable rules and guidelines have been established to assure the maximum enjoyment of this facility. Reservations are accepted one year in advance of the reservation date.

### Rooms on the Entry Level

- Conference Room
- Activity Room
- Computer Room

### Rooms on Creek Level

Community Room  
from 40 to 180 guests!

- Catering Kitchen
- Regulation Size Gymnasium
- Studio
- Village Center Grounds

For more information on rates or to reserve a room please call the Village Center at 850-5992.

*To view a video of our facility visit our website at:*  
[www.vil.waunakee.wi.us](http://www.vil.waunakee.wi.us)



## Red Cross Blood Drive

The Waunakee Village Center is hosting a blood drive on Friday, June 25, 2010! Volunteers are needed for 1-2 hour shifts starting at 11:00 a.m. and ending at 6:00 p.m. If you are unable to volunteer your time, consider making donations of food or beverages. For more information or to sign up to volunteer call the Village Center at 850-5992.

To sign up for an appointment or for eligibility questions call 1-800-GIVE-LIF(E) or go to [www.givebloodgivelife.org](http://www.givebloodgivelife.org).

**Date:** Friday - June 25, 2010

**Time:** 12:30 p.m. to 5:30 p.m.

**Volunteers and  
Blood Donors  
Needed!**

## Waunakee Community Band Summer Concert Schedule

The Waunakee Community Band is proud to present its 24th year!

June 3 Gazebo Concert #1  
June 17 Gazebo Concert #2  
July 1 Gazebo Concert #3  
July 15 Gazebo Concert #4  
July 29 High School PAC #5

All concerts are held on Thursday evenings at 7:00 p.m. in the Village Park Gazebo. Refreshments are served at every concert by local organizations. Please bring a blanket or chair to sit on!

## Park Shelter Rental

Are you planning a family reunion, office picnic, birthday party, or a special event? The shelters located in the Waunakee parks are available to be reserved for your private party.

Fees vary depending upon the rental date/time and your residency. Cancellations made 30 days prior to your event will incur a 25% administrative fee. No refunds will be made for cancellations within 30 days of the event.

To make a shelter reservation, stop in the Village Center in person or call the Welcome Desk at 850-5992.

## Do You Have Time and Talent?

Are you looking for a unique way to get involved in the community? The Village Center is always looking for new program or activity ideas. If you would have a fun idea or are interested in leading a program, please call Jeff or Sue at 850-5992.

## Sponsorship Opportunities

The Waunakee Village Center offers a wide variety of programs for the Waunakee community, including sporting events, adult workshops, youth enrichment programs, bus trips, family nights, educational and fun program series. We always welcome sponsors for these events. If your business is interested in a great community based marketing opportunity, please contact the Village Center at 850-5992.

## 2010 WPRA Ticket Program

Do your summer plans include a trip to a local amusement park or other area attractions? Recreate, save money, and help support the Waunakee Recreation Department by purchasing your tickets at the Village Center!

*Tickets will be available during regular business hours beginning Friday, May 7, 2010. Ticket sales will conclude on Sunday, September 5, 2010. All tickets must be paid for (cash or check) at the time of purchase. Once purchased, tickets will not be refunded or exchanged. Contact the Welcome Desk at the Village Center for more information - 850-5992.*

PARK-ACTIVITY	YOUR PRICE	GATE PRICE
Six Flags Great America Anyday (Adult)	\$34.00	\$56.64
Six Flags Great America & Hurricane Harbor Water Park WPRA Week, July 10 - 18, 2010 (Adult)	\$28.00	\$56.64
Noah's Ark (Ages 3 to Adult)	\$28.00	\$38.33
Mt. Olympus Water & Theme Park (Ages 3 to Adult)	\$23.50	\$40.00
Milwaukee County Zoo (Adult 13 and older)	\$9.75	\$13.25
Milwaukee County Zoo (Child ages 3 to 12)	\$7.75	\$10.25