



VILLAGE OF WAUNAKEE COMMUNITY SERVICES MARCH 2008

SPRING - SUMMER 2008

Village Center Hours

Monday to Friday
5:30 a.m. to 9:00 p.m.
Saturday
7:00 a.m. to 5:00 p.m.
Sunday
Noon to 5:00 p.m.

Rentals may occur outside of the scheduled hours of operation.

A GREAT Night for Families!

Bring your family to the Village Center on Friday, April 11, 2008 for a fun-filled family event.

The Great Wisconsin Credit Union is sponsoring our activities including a family-friendly movie, games and activities in the gymnasium, arts and craft activities and snacks. The event will be held from 6:00 p.m. to 8:00 p.m.

Don't miss out on the fun!

Fee: \$4.00 per family -Resident
\$8.00 per family - Non Resident
Free for FIT Pass Members



Waunakee Community Band Summer Concert Schedule

The Waunakee Community Band is proud to present its 23rd year of performing concerts for the community

June 5	Gazebo Concert #1	7:00 p.m.
June 19	Gazebo Concert #2	7:00 p.m.
July 3	Gazebo Concert #3	7:00 p.m.
July 17	Gazebo Concert #4	7:00 p.m.
July 31	Gazebo Concert #5	7:00 p.m.

All concerts are held on Thursday evenings at 7:00 p.m. in the Village Park Gazebo. Refreshments are served at every concert by local organizations. Please bring a blanket or chair to sit on!

Is Your Email Current?

Have you heard from us in lately? If not perhaps you got a new email address and didn't update us. We would love to have the correct one. Having your email enables us to send you a receipt, a notice of a class being cancelled, or even to let you know of new programs. We don't want you to miss out on what is happening here!

Please stop in at the Welcome Desk or call us at 850-5992 and just confirm that everything is current.

Preschool Activities

Leapin Lizards

This class will teach kids ages 4 to 6 about the four major components of gymnastics: the balance beam, bars, floor work and vaulting. Circuits will be set up each day to develop motor skills, sports related skills like kicking and throwing, strength, flexibility, social skills and most of all tons of fun!

Fee: Resident: \$48.00
Non-resident: \$58.00
Ages: 4 to 6
Instructor: Village Center Staff

Session I
Date: Saturday, April 5 to
May 24, 2008
Time: 10:15 a.m. to 11:00 a.m.
Course: 11387.208
Instructor: Jane Skoug

Session II
Date: Monday, April 7 to
June 2, 2008
Time: 6:10 p.m. to 6:55 p.m.
Course: 11384.208
Instructor: Village Center Staff

Indoor Playground

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

Ages: 5 and under
Location: Village Center Gym
Day: Fridays
Time: 9:30 a.m. to 11:30 a.m.
Fees: Free - Family Fit Pass Holders
\$4.00/Resident Family
\$8.00/Non-Resident Family

Tumble Bugs - Parent/Child

This class will teach kids basic gymnastics skills, with an emphasis on coordination, strength, balance and socialization. Join your 2 to 3 year old as they explore landscapes, sing songs, do silly activities and most of all have fun while building a strong foundation for future sports and activities!

Fee: Resident: \$38.00
Non-resident: \$48.00
Ages: 2 to 3

Session I
Date: Saturday, April 5 to
May 24, 2008
Time: 9:30 a.m. to 10:00 a.m.
Course: 11385.208
Instructor: Jane Skoug

Session 2
Date: Monday, April 7 to
June 2, 2008
Time: 5:30 p.m. to 6:00 p.m.
Course: 11386.208
Instructor: Village Center Staff

Youth Activities

Tumble Stars

Tumble stars is for kids with previous tumbling experience and are ready to start learning more advanced skills. Coordination and strength are stressed in this great class which will prepare kids for any future sport or activity. Please note: we recommend that children complete two sessions of Leaping Lizards before moving on to Tumble Stars.

Fee: Resident: \$48.00
Non-resident: \$58.00
Date: Monday, April 7 to
June 2, 2008
Time: 7:00 p.m. to 7:45 p.m.
Ages: 4 to 6
Course: 11388.208
Instructor: Village Center Staff

Baby Signs - Sign, Say & Play!

Join thousands of families who have already discovered the magic of using Baby Signs® programs to talk with babies before they can talk! This 6 week class includes fun games, songs, and activities that highlight over 40 signs as well as important developmental skills. Each week will focus on a different theme including Mealtime, Bedtime, Bathtime, Getting Dressed, Pets, and At the Park. Classes also include parent education topics. *Bring a \$60.00 materials fee to the first class for your take-home kit.* BeeBo's Play Pack, Fun Signs DVD, 2 Fun Signs board books, Quick Reference Guide, and music CD and songbook. For a full description of this class, go to www.babysignsprogram.com/withtamara

Fee: Resident: \$60.00
Non-resident: \$70.00
Date: Monday, April 7 to
May 12, 2008
Time: 10:00 a.m. to 10:45 a.m.
Ages: 4 months to 2 ½ years
Course: 11341.208
Instructor: Tamara Smith

Non-School Day Programs

AFTER SCHOOL will be offering special programs at the Village Center on non-school days and during holiday break periods. Each of the all day programs will focus on themes that enhance children's natural sense of discovery and wonder.

Please contact their administrative office at 276-9782 ext. 10 for more information or to receive registration materials.

2008 Program Dates
March 21 thru 28 and 31

Preschool Dance

Brought to you by
Kehl School of Dance...
Creative Dance

Boys as well as girls will enjoy movement in a fast-paced, high energy dance class. Children should be able to participate in a loosely structured environment. We recommend that they are potty-trained as a sign of maturity. Dancers wear fitness clothes and socks.

Fee: Resident: \$38.00
Non-resident: \$48.00
Date: Wednesday, March 5 to
May 7, 2008
Time: 10:30 a.m. to 11:00 a.m.
Ages: 3 to 4
Course: 11380.208
Instructor: Kehl School Of Dance

Introduction to Ballet

Explore the world of ballet in a fun, song and dance class. Dancers wear leotards, tights and ballet shoes. Skirts also welcome.

Fee: Resident: \$38.00
Non-resident: \$48.00
Date: Wednesday, March 5 to
May 7, 2008
Time: 11:05 a.m. to 11:35 a.m.
Ages: 4 to 5
Course: 11381.208
Instructor: Kehl School Of Dance



Youth Enrichment

Cookies by Kids!

Cookies: baked and no-baked recipes including School Bus Cookies, Bonbons, Rocky Road Clusters and more will be included in a wonderful class for kids and adults. Experience new recipes for holiday parties, for serving family or in lunches. Simple enough for children of all ages and so tasty for everyone to enjoy. If an adult comes with a child, the adult is also considered a student at sign-up. Everything is furnished and no experience is necessary. Bring a friend and each of you will receive gifts.

Fee: Resident: \$19.00
Non-resident: \$29.00
Date: Saturday, March 29, 2008
Time: 9:00 a.m. to 11:30 a.m.
Ages: 8 and up
Course: 12222.208
Instructor: Lydia Critchley

Crazy Sandwiches

A fun class of making sandwiches with ice cream, chocolate peanut butter, egg salad tacos, nutty shrimp salad sandwiches and more. A tasty class that is taught hands-on, so you get to sample all sandwiches made. Sandwiches need not be boring, come find how to make them fun and delicious.

Fee: Resident: \$19.00
Non-resident: \$29.00
Date: Wednesday, March 26, 2008
Time: 9:00 a.m. to 11:30 a.m.
Ages: 8 and up
Course: 12226.208
Instructor: Lydia Critchley

Sciensational Workshops - The Rocket Robot

The Village Center has teamed up with Sciensational Workshops to offer a spring break science camp. You will build and take home your own Rocket Robot. It works by the clap of your hands or the sound of your voice. It will automatically reverse, and then turn left before embarking on a new course.

See first hand the many gears, circuit board, and microphone. It is an easy to assemble mechanical drive system. Work with our wired control Movit Robot arm as you command it to grab, release, lower, or lift small objects. Be part of Robotic Technology and have fun investigating the future.

Fee: Resident: \$140.00 - Non-resident: \$150.00
Date: Monday, March 24 and Tuesday, March 25, 2008
Time: 9:00 a.m. to 4:30 p.m. **Ages:** 7 to 12
Course: 12244.108

Kids Cooking – Desserts

Bars, cookies, cake, pie and tortes... easy for children to prepare and so tasty everyone will enjoy eating them. Adults will appreciate the quick/simple recipes to use for summer parties and get-togethers. If an adult comes with a child, the adult is also considered a student at sign-up. Everything is furnished. No experience is necessary. Cameras are welcome. Bring friends and you and you will each receive gifts.

Fee: Resident: \$19.00
Non-resident: \$29.00
Date: Saturday, May 3, 2008
Time: 9:00 a.m. to 11:30 a.m.
Ages: 8 and up
Course: 12228.208
Instructor: Lydia Critchley

Make Your Own Soap

Make soaps, bath powder, bath beads and other bath products out of natural products like honey, oatmeal, milk, and more. In this class you can make things to give for holiday gifts. All ages encouraged. Everything will be furnished. You will take home what you make. No experience is necessary. Bring a friend and you will both receive a gift.

Fee: Resident: \$19.00
Non-resident: \$29.00
Date: Saturday, April 19, 2008
Time: 9:00 a.m. to 11:30 a.m.
Ages: 7 to 12
Course: 15294.208
Instructor: Lydia Critchley

Boat Smart Boating Safety

The Madison Sail & Power Squadron, a local unit of the United States Power Squadrons® (USPS), in cooperation with the Wisconsin Department of Natural Resources and the Village of Waunakee is offering a certified boating safety class suitable for the entire family.

The BOAT SMART® course will be held on five consecutive Wednesday evenings beginning April 2, 2008. All Madison Sail and Power Squadron instructors are certified by the United States Power Squadrons and the Wisconsin DNR. Students passing a final written exam will receive a DNR safe boating certificate. Students between the ages of 12 and 16 should be accompanied by a parent or guardian to successfully complete the course.

Fee: \$35.00
Date: Wednesday
 April 2 to April 30, 2008
Time: 6:30 p.m. to 8:30 p.m.
Ages: 12 and up
Course: 15331.208
Instructor: Jim Pahl-Washa

Art Cart Comes to Centennial Park!

We are very excited to announce that once again this year the Madison Art Center's "Art Cart" will be visiting the Waunakee Parks twice this summer! The program will offer a variety of art activities led by experienced educators. Both children and adults are welcome, but all must be "dressed for mess."

This program is offered free of charge to all interested participants.

Fee: Free
Date: Saturday
 June 28 and July 12, 2008
Time: 10:00 a.m. to Noon
Location: Centennial Park New Shelter

Camps

Camp Pleasant Valley

Conveniently located in the Waunakee Village Center! Camp Pleasant Valley is a unique experience where individuals become friends, new experiences become skills to share, and camp adventures lead to greater appreciation of each other and the world in which we live. Choose from weekly theme areas for 5-7 year olds or specialty units for 8-12 year olds. Field trips, special guests and Festival Fridays are regular weekly events.

Summer camp runs Monday through Friday, June 16 to August 22, 2008. Camp operates from 9:00 a.m. to 4:00 p.m. each day. Before and After Camp Care is available from 7:30 a.m. to 9:00 a.m. and 4:00 p.m. to 5:45 p.m. for an additional fee. Register for the themes or units your child wants -- one week at a time! Camp Pleasant Valley is accredited by the American Camp Association.

For more information please call 276-9782, check out www.afterschool-wi.org.

Wander Wisconsin

Unique Wisconsin adventures and camping experiences for youth ages 8 to 15. Something for everyone! Trips range from five days to two weeks. Touring trips packed with fun, special events and attractions or wilderness trips in pristine locations. All trips are based just minutes away from Waunakee on the West Side of Madison. Trips are age appropriate and led by experienced staff. American Camp Association Accredited.

For more information: Check out www.wanderwisconsin.org to view their Summer 2008 schedule, or call 276-9782 to receive a printed Adventure Guide.

Gymnastics

Back again for another summer! Beginning through intermediate gymnastics instruction, featuring all Olympic events - vault, bars, beam, floor and basic dance. Join high school gymnastics coach Elaine Yankunas and several high school gymnasts for this high quality program for all levels of gymnasts.

This is a four-week session with class three days per week. All classes will be held at the High School Old Gymnasium.

Fee: \$45.00
Days: Monday, Tuesday and Thursday
Date: June 16 to July 10, 2008

Ages 5 to 6
Time: 11:15 a.m. to Noon
Course: 42171.208

Ages 7 to 8
Time: 10:05 a.m. to 11:05 a.m.
Course: 42172.208

Ages 9 +
Time: 9:00 a.m. to 10:00 a.m.
Course: 42173.208

Advanced Gymnastics

This class is designed for the more-advanced gymnast. Typically this is a student entering 5th grade or higher, but younger participants with advanced skills will be accepted. This is a four-week session with class three days per week. All classes will be held at the High School Old Gym.

Fee: \$48.00
Days: Monday, Tuesday and Thursday
Date: June 16 to July 10, 2008
Time: 12:30 p.m. to 1:45 p.m.
Grade: 10 and up
Course: 42174.208

Soccer

Soccer Registration

The second half of this 2007/2008 soccer season has begun. New players will be added to teams only on a space-available basis.

Open registration for the 2008/2009 soccer season (K-HS) will be held on April 21 and 22, 2008 from 5:00 p.m. to 7:00 p.m. and Saturday, April 26, 2008 from 9:00 a.m. to 11:00 a.m. inside the old entrance to the High School Field house. Contact the club by calling 850-KICK or check out the WASC website at www.waunakesoccer.org.

Summer Soccer Camp

The Waunakee Area Soccer Club will hold its 3rd Annual Summer Soccer Camp from July 21 to 25 in Ripp Park for ages 5 to 12, and at Daleo Fields in Westport for ages 13 to 16. Registration forms are available at the Village Center, Town of Westport Administrative Offices, Waunakee Public Library, at the Spring Registration in April, and online at www.waunakesoccer.org. Call 850-KICK for more info.

Summer Soccer Tourney

The Waunakee Area Soccer Club will host the 3rd Annual Waunakee Soccer Cup Tournament at Daleo Fields in Westport on August 8 to 10, 2008 for U11 to U18 age groups in both Recreational and Competitive levels. Registration information will be online at www.waunakesoccer.org. Call 850-KICK for more info or contact the Tournament Director Tim Bruner at timbruner01@yahoo.com

Little Kickers Soccer

During this 4 week program, participants will learn the fundamentals of soccer with an emphasis on individual skills, teamwork and most of all fun! The program will be led by coaches and players from the Waunakee High School soccer teams. Each participant will receive a soccer ball and t-shirt.

Golf

Golf Fore Kids Indoor Lessons

This Junior Golf Program is created just for kids. The four week program includes weekly emphasis on the fundamentals of the swing, putting, chipping, golf etiquette and rules. There will be weekly appearances by PGA instructors.

Fee: Resident: \$50.00
 Non-resident: \$60.00
Date: Wednesday
 April 9 to April 30, 2008
Instructor: Betsy Zadra

Beginner I
Time: 3:15 p.m. to 4:00 p.m.
Ages: 5 to 10
Course: 42041.108

Beginner II
Time: 4:15 p.m. to 5:00 p.m.
Ages: 7 to 12
Course: 42042.108

Golf Fore Kids Spring League

Join us for this 4 week Spring Golf League created just for kids. The program includes 15 minutes of instruction and 75 minutes of supervised play. A minimal amount of golf experience is necessary. Space is limited! Participants should bring their own clubs. The league will be held at Harvest Hill Golf Course (Syl's) at the corner of STH 19 and Poelma Drive.

Fee: Resident: \$50.00
 Non-resident: \$60.00
Date: Wednesday
 May 7 to May 28, 2008
Times: 3:45 p.m. to 5:15 p.m.
Ages: 6 to 14
Course: 42052.108
Instructor: Betsy Zadra

Fee: Resident: \$35.00
 Non-resident: \$45.00
Date: Saturday, March 8 to 29, 2008

Ages 5 to 6
Time: 9:00 a.m. to 9:45 a.m.
Course: 42081.108

Ages 7 to 8
Time: 10:00 a.m. to 10:45 a.m.
Course: 42082.108

Lacrosse

Lacrosse America, along with the Waunakee Recreation Department, is offering kids in 3rd and 4th grade an opportunity to learn the skills needed to grow as a lacrosse player. Practice will be once each week in an instructional clinic format and will have some games scheduled.

All schedules and information will be posted at www.lacrosseamerica.com. Players are required to provide their own transportation to all games. Emphasis in games will be on skill development, teamwork, sportsmanship and equal playing time (provided there has been good practice attendance). Lacrosse players wear protective equipment consisting of a helmet, shoulder pads, arm pads and gloves, which can be rented for the season through Lacrosse America for \$50.00. All players must have their own stick. Beginner sticks can be purchased for \$36.00. Please visit www.lacrosseamerica.com for details on either programs or equipment.

Fee: Resident: \$115.00
 Non-resident: \$125.00
Date: TBD
 April 18 to June 13, 2008
Time: 5:00 p.m. to 6:30 p.m.
Grades: 3 and 4
Course: 42091.208

Free - Lacrosse Clinic

Do you have questions about LaCrosse? There is a free clinic on Friday, March 15, 2008 from 2:00 p.m. to 4:00 p.m. at the Village Center!

This would be a great time for parents to meet the coach and ask questions about the program. Please note this is for kids in grade 3 and 4.

2008 Waunakee Area Youth Baseball and Softball

Waunakee Area Little League (WALL) is a volunteer organization providing Little League Baseball and Softball to children living in the Waunakee Area School District. WALL is coordinated through the Village Recreation Department. Once again this year we are excited to be chartered with Little League International. The goal of WALL is to provide an activity that develops the qualities of sportsmanship, teamwork, responsibility, and discipline under the leadership of adult volunteer role models. *Level of play is based on your child's age as of May 1, 2008.*

Register in person at the Village Center, online at www.vil.waunakee.wi.us or via phone at 850-5992.

•**Registration Deadline for Senior, Junior, Major and Minor Leagues is March 30, 2008.**

•**Registration Deadline for T-Ball, Coach Pitch and Rookie Leagues is April 10, 2008.**

Players MUST be registered by these dates to be guaranteed a spot on a team. There is a \$10.00 late fee for anyone not registered by the deadline and will be accepted based on availability.

Coaches Needed

If you've ever considered coaching and making a difference in the lives of young people, WALL needs you in all age groups! There will be several educational opportunities for coaches throughout the season. All coaches must fill out a coaching application form and return it to the Village Center. As part of the application all coaches will be required to go through a background check.

Program/Age level	Game Days	Course Number	Fee
Morning T- Ball (Co-ed) Entering Kindergarten	Mon or Wed	42131.208	\$32.00
Evening T- Ball (Co-ed) Entering Kindergarten	Tues or Thurs	42132.208	\$32.00
Coach Pitch Baseball (Boys) 6 and 7 year olds or entering 1st grade	Mon and Wed	42151.208	\$42.00
Coach Pitch Softball (Girls) 6 and 7 year olds or entering 1st grade	Tues and Thurs	42141.208	\$42.00
Rookie League Baseball (Boys - pitching machine) 8 year olds or entering 3rd Grade	Mon and Wed	42152.208	\$47.00
Minor League Softball (Girls - pitching machine) 8 and 9 year olds	Tues and Thurs	42142.208	\$47.00
Minor League Baseball (Boys - live pitching) 9 and 10 year olds	Mon and Wed	42153.208	\$55.00
Major League Softball (Girls - live pitching) 10 and 11 year olds	Mon and Wed	42143.208	\$55.00
Major League Baseball (Boys - live pitching) 11 and 12 year olds	Tues and Thurs	42154.208	\$70.00
Junior League Softball (Girls - live pitching) 12 - 14 year olds	Tues and Thurs	42144.208	\$65.00
Junior League Baseball (Boys - live pitching) 13 - 14 year olds	TBD	42155.208	\$75.00
Senior League Baseball (Boys - live pitching) 13 - 14 year olds	TBD	42156.208	\$75.00

Baseball Skills Assessment Day

All players in Minor, Major and Junior baseball will need to attend this important event. The date of the skills assessments will be April 5, or 13 & 14 year olds and April 12, for 9 to 12 year olds. The purpose of the skills assessment is to ensure an even distribution of talent once teams are assembled. This is not a try out, but rather a group evaluation to help facilitate team formation.

Detailed information on the Assessment Day Schedule is available the Village Center.

Players will be contacted by their coaches - by April 23, 2008 with team assignments.

Umpire Training Clinic

Have you ever wanted to give baseball or softball umpiring a try? If so, this is the clinic for you! During this 3 hour clinic, local WIAA umpires will cover rules, field positioning, mechanics, and appearance. This clinic is designed for adults and high school students that are interested in umpiring youth baseball and softball games.

Participants that attend this clinic and are interested in umpiring Waunakee Area Little League this summer will have priority choice of games. All participants will receive a t-shirt.

Fee: \$12.00
Date: Sunday, April 13, 2008
Time: 1:00 p.m. to 4:00 p.m.
Ages: 15 and up
Location: Ripp Park
Course: 45169.208

Team Sponsorship

The Waunakee Area Little League had over 900 children between the ages of 5 and 15 participate in our baseball and softball leagues last year. Organizations have helped us by sponsoring a team with their company name and logo. Team sponsorships are \$300.00. Funds received for sponsorships offset the purchase of safety equipment and uniforms.

Throughout the season hundreds of people will see your organization's logo on uniforms. If you or your business would be interested in sponsoring a team please contact Jeff Skoug at 850-5992.

Traveling Baseball & Softball Teams

In addition to the Little League Baseball and Softball programs there are also two traveling leagues in Waunakee. The Traveling Baseball Programs are part of the Cal Ripkin & Babe Ruth programs. For more information on either of these programs please contact Bob Freimuth at 850-5982.

The Traveling Softball Program is part of the South Central Girls Softball League. For information on this program please contact Gary Epping at 849-4589. Participants for both of these traveling leagues are encouraged to also play with the Waunakee Area Little League.

Adult Softball

Captains meetings for the 2008 adult softball season will be held in mid-March with the softball season scheduled to begin the first week of May. If you would like to register a team in one of our leagues, or if you are a single player looking for a team to join, contact Jeff at the Village Center at 850-5992. If you are interested in joining the co-ed league call J.R. Hribar at 209-2416. All games are played at Centennial Park.

Men's Over 35 **Monday**
Women **Wednesday**
Men **Thursday**
Co-ed **Friday**

Taekwondo - For Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class, allowing students to progress quickly and confidently toward their personal goals. All instructors are Nationally Certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. This program will be facilitated by The Waunakee ATA Black Belt Academy. Fees are for unlimited classes per month. **NEW STUDENTS: New students should attend either the Tiny Tiger class or the Beginner class, corresponding to their age. Please direct any additional questions to the instructor at 469-6051**

Fee: Resident: \$50.00
Non-resident: \$60.00
Age: 3 and up
Time: 5:30 p.m. to 8:30 p.m.
Instructor: Michael Plessel

March
Course: 45390.108
Date: Tuesdays
Wednesdays
Thursdays
March 4 to 27, 2008

April
Course: 45391.208
Date: Tuesdays
Wednesdays
Thursdays
April 1 to May 1, 2008

May
Course: 45392.208
Date: Tuesdays
Wednesdays
Thursdays
May 6 to 29, 2008

TUESDAY	WEDNESDAY	THURSDAY
Tiny Tigers Ages 3 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.	Junior Class Ages 6 to 14 White, Orange & Yellow 5:30 p.m. to 6:00 p.m.	Tiny Tigers Ages 3 to 6 White - Yellow 5:15 p.m. to 5:45 p.m.
Tiny Tigers Ages 3 to 6 Camo - Blue 5:45 p.m. to 6:15 p.m.	Junior Class Ages 6 to 14 Camo - Red 6:00 p.m. to 6:30 p.m.	Tiny Tigers Ages 3 to 6 Camo - Blue 5:45 p.m. to 6:15 p.m.
Beginner Class Ages 6 and Up White - Green 6:15 p.m. to 7:00 p.m.	Leadership Class Ages 6 and Up Leadership Program Members 6:30 p.m. to 7:15 p.m.	Beginner Class Ages 6 and Up White - Green 6:15 p.m. to 7:00 p.m.
Advanced Class Ages 6 and Up Purple - Black 7:00 p.m. to 7:45 p.m.	Black Belt Class Ages 6 and Up Black Belts 7:15 p.m. to 7:45 p.m.	Advanced Class Age 6 and Up Purple - Black 7:00 p.m. to 7:45 p.m.
Instructor Class Ages 10 and Up Instructor Program Members 7:45 p.m. to 8:30 p.m.	Adult Class Ages 14 and Up All Ranks 7:45 p.m. to 8:30 p.m.	

FIT Pass Information

Anyone is eligible to purchase a FIT Pass at the Waunakee Village Center. To use these recreation areas, affordable passes can be purchased at the Center.

Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open usetimes and is valid from the date of purchase. This pass is ideal for a patron who only wants a pass for a few months during the year. All short term passes must be paid in full.

Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

Daily Track Pass Punch Card

The Daily Track Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track.

Do You Carry Group Health, Dean or Unity for Health Insurance?

You may be eligible to work out at the Village Center and earn up to a \$100.00 reimbursement. You must work out at the fitness center for a minimum number of visits to qualify.

For more information contact your health care providers' website or stop at the Welcome Desk!

FIT Pass Fee Schedule

Pass Classification	Resident Rate	Non-Resident Rate
ANNUAL PASS (EFT)		
Youth	\$8.75 per month	\$11.25 per month
High School (14-18)	\$12.50 per month	\$16.25 per month
Adult (18-54)	\$25.00 per month	\$35.00 per month
Older Adult (55+)	\$12.50 per month	\$12.50 per month
Family	\$47.50 per month	\$62.50 per month
*option to pay in full for the year		
6 MONTH PASS		
Youth	\$55.00	\$72.00
High School (14-18)	\$85.00	\$110.00
Adult (18-54)	\$165.00	\$220.00
Older Adult (55+)	\$85.00	\$85.00
Family	\$300.00	\$385.00
3 MONTH PASS		
Youth	\$30.00	\$39.00
High School (14-18)	\$50.00	\$65.00
Adult (18-54)	\$90.00	\$120.00
Older Adult (55+)	\$50.00	\$50.00
Family	\$155.00	\$205.00
1 MONTH PASS		
Youth	\$12.00	\$16.00
High School (14-18)	\$20.00	\$26.00
Adult (18-54)	\$35.00	\$46.00
Older Adult (55+)	\$20.00	\$20.00
Family	\$55.00	\$72.00
DAILY PASS		
Youth	\$2.00	\$4.00
High School (14-18)	\$2.00	\$4.00
Adult (18-54)	\$4.00	\$6.00
Older Adult (55+)	\$2.00	\$2.00
Family	\$10.00	\$15.00
DAILY TRACK PASS PUNCH CARD 10 visits - use of track only.		
Adult/Youth	\$5.00	\$10.00
Older Adult (55+)	\$5.00	\$5.00

One-On-One Personal Training

Whether you are looking to get a great start on a new fitness program, lose weight, or train for a particular event, our personal training team can help you.

Sharon Dahmen – Certified Personal Trainer, group exercise instructor and certified cycling instructor. Sharon has been an instructor for the past 8 years, teaching many types of classes. She recently became an ACE certified Personal Trainer, and enjoys creating personalized fitness programs to meet your individual goals. Whether you've reached a plateau or just want to get fit and don't know where to begin, Sharon can help you get started. She's a great motivator!

Sarah Homan – Exercise Specialist, has been helping educate her clients on a well-rounded approach to diet and exercise for over 20 years. With a bachelors degree from UW – Madison in fitness, and hundreds of exercise classes taught,

Sarah brings a real-world approach to reaching your goals no matter how busy your schedule already is. With a focus on proper technique and recognizing that your time is valuable, she will help you make the most out of every fit-ness minute.

To connect with a Personal Trainer please call the Welcome Desk at 850-5992

6 Week Summer Shape-Up

A six week intensive course to help you shape up for summer and reach your potential. Rich Butkevic, ISSA Certified Fitness Trainer and author of "Fat Loss Essentials" will guide you step by step through everything you need to know to achieve your optimal weight and finally drop the pounds you've struggled with. The course will cover goal setting and lifestyle management, nutritional strategies, program and meal design, strength and cardiovascular training, common myths, supplementation, emotional eating, and much more. There will be a trip to the grocery store where the coach will show what to look for while choosing foods, as well as sessions in the gym to demonstrate exercise form and safety. Included in the program is a personalized fitness program designed by Coach Rich as well as a copy of his book. Be sure to take advantage of this comprehensive body and lifestyle makeover!

Fee: Resident: \$175.00
Non-resident: \$200.00
Date: Thursday, March 13 to April 24, 2008
Time: 6:00 p.m. to 7:00 p.m.
Ages: 16 and up
Course: 25449.208
Instructor: Rich Butkevic

MamaTone

Mothers, it is time to stop putting everyone else in your life ahead of you, and time to invest in yourself!! MamaTone™ is coming to Waunakee! This circuit based class that combines resistance training, core training, and aerobics into a fun and challenging hour has transformed the lives of many mothers in the Madison area. MamaTone™ is taught by Madison's #1 sought after personal trainer and instructor, Dustin Maher. This is an excellent place to meet other mothers who are trying to shed their post baby weight, whether they had a child 6 weeks ago or 15 years ago! Dustin will also spend time teaching about the importance of nutrition and how you can eat healthy without having to spend a lot of time doing so. Dustin's commitment to each one of you will ensure your success! Please visit: www.mamatonefitness.com to hear more about the program.

Fee: Resident: \$199.00 - Non-resident: \$209.00
Date: Thursday, April 3 to June 10, 2008
Time: 10:00 a.m. to 11:00 a.m.
Ages: 18 and up
Course: 23430.208
Instructor: Dustin Maher

GROUP EXERCISE CLASSES

Group Exercise Schedule

The Village Center offers a complete schedule of group exercise classes in addition to the fitness center and walking track. Classes are offered throughout the week and are designed to accommodate all levels of participants. A complete schedule of classes will be available on the dates below.

Schedules will be available:

- 1) At the Village Center Welcome Desk.
- 2) On-line at www.vil.waunakee.wi.us
- 3) By calling 850-5992 and we will be happy to mail you one.

Group Exercise Timeline

March Mini Session March 3 to March 20, 2008 (3 weeks)

Mini Session Schedule Available
and Registration Starts
Wednesday - February 13, 2008

No Classes March 21 - 30, 2008

Spring Session March 31 to June 7, 2008 (10 weeks)

Spring Session Schedule Available
and Registration Starts
Monday - March 10, 2008

Coming Soon! Group Cycling Classes!

Tennis - Tennis - Tennis

Ripp Park Tennis Courts

Age	Time	Days	Session I June 16 to July 10	Session II July 14 to August 7	Fee
12+	10:00 a.m. to 10:50 a.m.	M/W	42011.208	42022.208	\$32.00
9 - 11	11:00 a.m. to 11:50 a.m.	M/W	42012.208	42023.208	\$32.00
4 - 6	12:00 p.m. to 12:30 p.m.	M/W	42019.208	42024.208	\$28.00
6 - 8	1:00 p.m. to 1:50 p.m.	M/W	42013.208	42025.208	\$32.00
12+	10:00 a.m. to 10:50 a.m.	T/TH	42014.208	42028.208	\$32.00
9 - 11	11:00 a.m. to 11:50 a.m.	T/TH	42015.208	42029.208	\$32.00
4 - 6	12:00 p.m. to 12:30 p.m.	T/TH	42010.208	42030.208	\$28.00
6 - 8	1:00 p.m. to 1:50 p.m.	T/TH	42016.208	42031.208	\$32.00

Hanover Park Tennis Courts

Age	Time	Days	Session I June 16 to July 10	Session II July 14 to August 7	Fee
6 - 9	2:30 p.m. to 3:20 p.m.	M/W	42017.208	42017.208	\$32.00
10 - 14	2:30 p.m. to 3:20 p.m.	T/TH	42020.208	42020.208	\$32.00

Tierney Park Tennis Courts

Age	Time	Days	Session I June 16 to July 10	Session II July 14 to August 7	Fee
6 - 9	2:30 p.m. to 3:20 p.m.	M/W	42021.208	42027.208	\$32.00
10 - 14	2:30 p.m. to 3:20 p.m.	T/TH	42018.208	42033.208	\$32.00

GMTA Youth Tennis League

Middle school and early high school students will participate in league play with other Madison area teams. This is a seven week program designed for boys and girls age 18 and under. This is not a beginning lesson program. To register for this program visit www.gmtatennis.org or pick up a form at the Village Center.

Waunakee Youth Tennis Tournament

Ripp Park - July 18 and July 19 (Friday-Saturday) with July 20 (Sunday) as a rain make up day. Age divisions will be boys' and girls' 12 & under, 13 to 14, 15 to 16, 17 to 18 singles. Registration information can be obtained by visiting the Village Center or our website. Volunteers are needed.

Adult Tennis League

This program offers the opportunity to play organized team matches in a friendly atmosphere. The emphasis is on fun, fitness and the social benefits of tennis. Registrations will be accepted based upon your level of play. An NTRP rating of 3.5 or above is required for Wednesday night play. Contact us if you are interested in being on the SUB list... there is no fee!

Dates: June 2 to August 20, 2008

Times: 6:45 p.m. to 8:15 p.m.

Location: Ripp Park Tennis Courts

Day: Monday
Skill level below 3.5

Course: 43021.208

Fee: \$28.00

Day: Wednesday
Skill level of 3.5 or higher

Course: 43022.208

Fee: \$28.00

NTRP Rating

A special NTRP Rating session and skills clinic will be offered at Centennial Park to participants in the Wednesday league. All participants are encouraged to attend, as it will confirm your rating requirement for league play.

Wednesday, May 7, 2008

6:00 p.m. to 7:00 p.m.

and

Saturday, May 10, 2008

9:00 a.m. to 10:00 a.m.

Swimming

Waunakee Rural Aquatic Team - WRAT

Registration for all sessions is available by mail, or in person on March 18 and 19, 2008, from 6:00 to 8:00 p.m. at the Waunakee Aquatic Center.

Spring Session

April 11 to June 10, 2008

A USA Swim program, with 7 swim levels programs, based on age and ability.

Summer Session

June 11 to August 1, 2008

A USA Swimming program, with 7 levels programs, based on age and ability.

Summer Swim Camp Mini-Sessions

**June 16 to 27, July 7 to 21,
and July 21 to August 1, 2008**

Three 2 week mini-camp sessions for swimmers wanting to improve their stroke techniques. This is a fun way to transition from swimming lessons to our competitive program. Sign up for one or all three!

The Waunakee Orcas of Wisconsin - WOW

WOW swim team is for swimmers age 5 to 18, affiliated with US Swimming. Swimmers of all levels work with the full time head coach, Matt Wunderlin.

The WOW swim team offers practice 5 to 6 days of the week allowing swimmers to choose the number of practices per week

Registration for the Spring/Summer session is now open.

Distance Swim Camp March 10 to 14

Open to any swimmer (adults too) that are training for long distance events and triathlons.

The Dive into Swimming Camp March 17 to 20, 2008

A good introduction to swim team!

Registration materials and additional information can be found on the WOW website: www.waunakeeorcas.org.

Scrapbooking

Introduction to Scrapbooking

If you are new to scrapbooking, feel creatively challenged, or are looking to get back to the basics, this is the class for you! Our goal is to help you start creating fabulous albums. This class includes detailed information on scrapbook terminology, photography and memorabilia organization, essential cropping and matting techniques and basic page layout design. At the end of this 2-hour class, you will leave feeling confident and inspired to create magnificent memories. Please bring 8-10 photos of a related event or theme. Creative Memories products will be featured.

Fee: Resident: \$15.00

Non-resident: \$25.00

Date: Wednesday, March 26, 2008

Time: 6:00 p.m. to 8:00 p.m.

Ages: 12 and up

Course: 15270.208

Instructor: Wendy Weisenbeck

Photo Organization - Power Sorting

Do you have shoe boxes of photos that you would like to get organized? If so, this is the class for you. Bring your boxes or bags of photos and you will use a Creative Memories Power Sort Box to organize your photos. Cost includes a Power Sort Box.

Fee: Resident: \$40.00

Non-resident: \$50.00

Date: Thursday, April 24, 2008

Time: 6:00 p.m. to 8:00 p.m.

Ages: Any

Course: 15272.208

Instructor: Wendy Weisenbeck

Do the class times not work with your schedule? We are also offering Introduction to Scrapbooking and Photo Organization - Power Sorting as individual classes.

If you're interested, please call the Village Center at 850-5992 and leave your name and phone number so the instructor can contact you to set up a date and time for your individual lesson.

Digital Scrapbooking – Individual Class Only

Learn how to create a beautiful digital Storybook using software that you can download for free. During this 2-hour session, participants will create a Storybook as they learn the features and choices available with this software. Bring a CD with 20-40 photos that you would like to include in this project. Cost includes a coupon for a free Basic Storybook of your own!

If you're interested, please call the Village Center at 850-5992 and leave your name and phone number so the instructor can contact you with a date and time for your individual lesson.

Fee: Resident: \$45.00

Non-resident: \$55.00

Ages: 12 and up

Course: 15276.208

Instructor: Deb Grundahl

Adult Dance

Ballroom Dance

Learn basic ballroom dance steps and variations including fox trot, swing, waltz and latins. Learn to lead, follow and relax on the dance floor. The class is taught by Terry Enge, certified ballroom dance instructor. Partners preferred.

Fee: Resident: \$25.00

Non-resident: \$35.00

Ages: 16 and up

Date: Beginning
Thursday

Time: April 3 to May 8, 2008
7:45 p.m. to 9:00 p.m.

Course: 13266.208

Date: Beginning 2
Intermediate

This class is for those that have some basic experience with ballroom dance.

Date: Thursday

Time: April 3, to May 8, 2008
6:30 p.m. to 7:45 p.m.

Course: 13261.208

Facility Rentals

The Waunakee Village Center is made available for use by all groups through the generosity of the residents of Waunakee. The Village Center is a 45,000 square foot building on two levels consisting of rooms of varying sizes and capacities. The park around the building may also be reserved for events. Reasonable rules and guidelines have been established to assure the maximum enjoyment of this facility. Reservations are accepted one year in advance of the reservation date.

Rooms on the Entry Level

- Conference Room
- Activity Room
- Computer Room

Rooms on Creek Level

- Community Room from 40 to 180 guests!
- Catering Kitchen
- Regulation Size Gymnasium
- Studio
- Village Center Grounds

For more information on rates or to reserve a room please call the Village Center at 850-5992.

To view a video of our facility visit our website at: vil.waunakee.wi.us



2008 WPRA Ticket Program

Do your summer plans include a trip to a local amusement park or other area attractions? Recreate, save money, and help support the Waunakee Recreation Department by purchasing your tickets at the Village Center! (Tickets are no longer available for purchase at Village Hall)

Tickets will be available during regular business hours beginning Thursday, May 1, 2008. Ticket sales will conclude on Sunday, August 31, 2008. All tickets must be paid for (cash or check) at the time of purchase. Once purchased, tickets will not be refunded or exchanged. Contact the Welcome Desk at the Village Center for more information - 850-5992.

PARK-ACTIVITY	YOUR PRICE	GATE PRICE
Six Flags Great America Anyday (Adult)	\$36.00	\$56.64
Six Flags Great America WPRA Week, July 4- 13 (Adult)	\$29.00	\$56.64
Noah's Ark (Ages 3 to Adult)	\$26.50	\$32.99
Mt. Olympus Water & Theme Park (Ages 3 to Adult) <i>New for 2008 - Good for 2 Consecutive Days</i>	\$29.00	\$42.40
Milwaukee County Zoo (Adult)	\$9.00	\$11.25
Milwaukee County Zoo (Child ages 3 to 12)	\$7.00	\$8.25

Birthday Party

Village Center birthday parties are a great way to celebrate your child's birthday. With a variety of activities for all ages and abilities, you will enjoy a party that is as special as your child is!

Package Includes:

- Use of private room for 2 hours.
 - Use of east gym area for one hour (Birthday Child chooses activities).
 - Staff person to lead games.
- Maximum of 20 children per party.

You may decorate the room with a theme of your choice and bring in food and drinks to complement your party. Parties must have at least 2 to 4 adults to assist with supervision. Parties can be booked by calling Jeff at 850-5992 or in person at the Village Center.

Fee: Resident: \$95.00
Non-resident: \$125.00

Ages: 4 to 11

Park Shelter Rental

Are you planning a family reunion, office picnic, birthday party, or a special event? The shelters located in the Waunakee parks are available to be reserved for your private party.

Fees vary depending upon the rental date/time and your residency. Cancellations made 30 days prior to your event will incur a 25% administrative fee. No refunds will be made for cancellations within 30 days of the event.

To make a shelter reservation, stop in the Village Center in person or call the Welcome Desk at 850-5992.