



VILLAGE OF WAUNAKEE COMMUNITY SERVICES

June 2007

SUMMER 2007

Village Center Hours

Monday to Friday

5:30 a.m. to 9:00 p.m.

Saturday

7:00 a.m. to 5:00 p.m.

Sunday

Noon to 5:00 p.m.

Rentals may occur outside of the scheduled hours of operation.

Waunakee Community Band Summer Concert Schedule

The Waunakee Community Band is proud to present its 22nd year of performing concerts for the community

June 7	Gazebo Concert #1	7:00 p.m.
June 21	Gazebo Concert #2	7:00 p.m.
July 5	Gazebo Concert #3	7:00 p.m.
July 19	Gazebo Concert #4	7:00 p.m.
August 2	Gazebo Concert #5	7:00 p.m.

All concerts are held on Thursday evenings at 7:00 p.m. in the Village Park Gazebo. Refreshments are served at every concert by local organizations. Please bring a blanket or chair to sit on!

... There is Still Time to Sign Up for Summer Programs!

To Register for Programs:

On-Line:

www.vil.waunakee.wi.us
link to "Register for Recreation"

By Phone:

Call the Welcome Desk
at 850-5992

In Person:

At the Village Center
333 South Madison Street

Program Notes:

- Any cancellations from programs that require a check refund is subject to a \$5.00 service charge.
- Refunds will not be issued after a program has started.

Preschool Activities

Leapin Lizards

Gymnastics is a great way for kids to build strength, coordination, flexibility and social skills! Leapin Lizards focuses on helping young children build a strong foundation for future activities all cleverly disguised as play time your child will love! Each class will be taught in a circuit format to keep young minds busy and focused. We'll use the bar and balance beams as well as learn floor skills and how to vault. In addition sports related skills like kicking, catching and throwing will be incorporated in ever changing fun games and activities. Children 2 1/2 to 3 years of age are welcome to enjoy class with an active parent, and kids 3 to 5 year 11 months olds are welcome to come to class on their own or with an adult friend. Please don't hesitate to give us a call with questions!

Fee: Resident: \$56.00
Non-resident: \$66.00
Ages: 2 1/2 to 5 yr. 11 months
Instructor: Caeli Esser

Session 1
Date: Tuesday
June 12 to August 21, 2007
Time: 9:20 a.m. to 10:05 a.m.
Course: 11385.207

Session 2
Date: Thursday
June 14 to August 23, 2007
Time: 5:10 p.m. to 5:55 p.m.
Course: 11386.207

Session 3
Date: Friday
June 15 to August 24, 2007
Time: 9:20 a.m. to 10:05 a.m.
Course: 11387.207

No Youth Classes

July 1 - 7, 2007

Tumble Stars

Tumble Stars is for kids with previous tumbling experience who are ready to start learning more advanced skills. Coordination and strength are stressed in this great class which will prepare kids for any future sport or activity. Please note: we recommend that children complete two sessions of Leapin Lizards before moving on to Tumble Stars. They should be ready to work on tumbling skills in an independent learning environment.

Fee: Resident: \$56.00
Non-resident: \$66.00
Ages: 4 to 6
Instructor: Caeli Esser

Session 1
Date: Tuesday
June 12 to August 21, 2007
Time: 10:15 a.m. to 11:00 a.m.
Course: 11382.207

Session 2
Date: Thursday
June 14 to August 23, 2007
Time: 6:00 p.m. to 6:45 p.m.
Course: 11383.207

Session 3
Date: Friday
June 15 to August 24, 2007
Time: 10:15 a.m. to 11:00 a.m.
Course: 11388.207

Mighty Mite Sports With Parent

Your kids will love this first introduction to sports such as soccer, football, volleyball, tee-ball, kickball and more! Youngsters will learn sports fundamentals such as throwing, catching, kicking, and running with easy-to-understand instruction, and silly games.

Our nurturing instructor will make sure your kids have a positive experience. Please wear tennis shoes.

Fee: Resident: \$45.00
Non-resident: \$55.00
Date: Tuesday
June 12 to August 7, 2007
Time: 5:30 p.m. to 6:15 p.m.
Ages: 2 to 3 yr. 11 months
Instructor: Stacey Bauer
Course: 42073.207

Youth Activities

Sports of All Sorts

Introduce your youngsters to the world of sports. Instructors teach the basics of soccer, basketball, tee-ball, volleyball, kickball and football. We'll also play variations of traditional games for extra fun and silliness. The emphasis is on teamwork, effort and sportsmanship.

Fee: Resident: \$52.00
Non-resident: \$62.00
Date: Tuesday
June 12 to August 7, 2007
Time: 6:15 p.m. to 7:15 p.m.
Ages: 4 to 6
Instructor: Stacey Bauer
Course: 42074.207

Power Play (Grades 1 - 4)

Power Play is designed to motivate kids to be more active, get stronger and most of all enjoy being active for the rest of their lives. In addition nutrition and general health guidelines will be discussed every week to help create a strong foundation for healthy, active kids. Laugh and giggle your way to a great workout with different activities every week, so boredom is never an issue and exercise feels like playtime.

Fee: Resident: \$45.00
Non-resident: \$55.00
Instructor: Caeli Esser
Grades: 1 to 4

Session 1
Date: Monday
June 11 to August 20, 2007
Time: 5:45 p.m. to 6:30 p.m.
Course: 22443.207

Session 2
Date: Thursday
June 14 to August 23, 2007
Time: 9:15 a.m. to 10:00 a.m.
Course: 22444.207

Session 3
Date: Friday
June 15 to August 24, 2007
Time: 11:15 a.m. to 12:00 p.m.
Course: 22445.207

Drawing with Deb

All drawings start with a dot, a point, so...Let's get to the Point! From that point on, I will show you the basics of how to research from your mind, pictures, photographs, other ideas, gather and come up with sketches, learn basic shapes, how to put them together, how to look and see and feel what you are drawing, how to plan a picture, add color and create an object, a scene ... a Masterpiece! Practice, Practice, Practice and...Most important, to have FUN!!!!

Instructor: Deb Bent

Grades K - 2
Fee: Resident: \$30.00
 Non-resident: \$40.00
Date: Monday
 June 18 to July 2, 2007
Time: 9:00 a.m. to 10:30 a.m.
Course: 12326.207

Grades K - 2
Fee: Resident: \$30.00
 Non-resident: \$40.00
Date: Wednesday
 June 20 to July 11, 2007
Time: 2:00 p.m. to 3:30 p.m.
Course: 12327.207

Grades 3 - 4
Fee: Resident: \$30.00
 Non-resident: \$40.00
Date: Wednesday
 June 20 to July 11, 2007
Time: 3:30 p.m. to 5:00 p.m.
Course: 12328.207

Grades 3 - 4
Fee: Resident: \$30.00
 Non-resident: \$40.00
Date: Monday
 July 9 to July 23, 2007
Time: 9:00 a.m. to 10:30 a.m.
Course: 12329.207

Grades 5 - 6
Fee: Resident: \$49.00
 Non-resident: \$59.00
Date: Friday
 June 22 to July 20, 2007
Time: 2:00 p.m. to 3:30 p.m.
Course: 12320.207

Kids Cooking – Desserts

Bars, cookies, cake, pie and tortes are easy for children to prepare and yet so tasty everyone will enjoy eating them. Adults will appreciate the quick/simple recipes to use for summer parties and get-together. If an adult comes with a child, the adult is also considered a student at sign-up. Everything is furnished. No experience is necessary. Cameras are welcome. Bring friends and both you and your friends will receive gifts.

Fee: Resident: \$18.00
 Non-resident: \$28.00
Date: Saturday, June 16, 2007
Time: 9:00 a.m. to 11:30 a.m.
Ages: 8 and up
Instructor: Lydia Critchley
Course: 12222.307



Kids Cooking - Mexican Foods

Mexican foods of many types will be prepared in a hands-on class. Learn how to make your own Tortilla Shells, Cherry Chimichangas, Guacamole and much more. Everything is furnished. Cameras are welcome. Bring friends and both you and your friends will receive gifts.

Fee: Resident: \$18.00
 Non-resident: \$28.00
Date: Saturday, August 4, 2007
Time: 9:00 a.m. to 11:30 a.m.
Ages: 8 and up
Instructor: Lydia Critchley
Course: 12223.307

Lacrosse Camp

Lacrosse, the “fastest sport on two feet” combines the best of basketball, hockey, and soccer. Lacrosse America staff and special guests will instruct boys and girls in stick handling, dodging, shooting, and defense. The emphasis for the camp will be individual skill development, learning the rules, sportsmanship, and fun contests and scrimmages. Players will be grouped by age and ability. FREE loaner equipment is available for people trying out the sport for the first time.

This is a perfect way to learn one of the area's hottest sports. Players should bring their own water bottles and mouth guard. All participants will receive a camp shirt. For more information please call Patrick Shea (802) 999-0620 or the Village Center at (608) 850-5992. You can also visit our website at www.lacrosseamerica.com

Location: Tierney Park
Fee: Resident: \$95.00
 Non-resident: \$105.00
Instructor: LaCrosse America

Grades 3 to 4
Date: Monday through Friday
 June 25 to June 29, 2007
Time: 9:00 a.m. to 11:00 a.m.
Course: 42091.207

Grades 5 to 6
Date: Monday through Friday
 June 25 to June 29, 2007
Time: 1:00 p.m. to 3:00 p.m.
Course: 42092.207

Grades 7 to 8
Date: Monday through Friday
 June 25 to June 29, 2007
Time: 4:00 p.m. to 6:00 p.m.
Course: 42093.207

Football



NFL Flag Football

NFL FLAG is the premier youth football league for boys and girls grades K - 4. The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork. All players will receive an official NFL reversible jersey. Volunteer coaches are needed for all levels. All participants must complete the NFL waiver before they will be assigned a team.

Registration deadline is August 12, 2007

Grade K - 1

Course: 42101.307
Fee: Resident: \$45.00
 Non-resident: \$55.00
Date: Thursday
 September 13 to
 October 25, 2007
Times: 5:30 p.m. to 8:30 p.m.
Instructor: Village Staff
Location: Centennial Park East

Grade 2

Course: 42102.307
Fee: Resident: \$45.00
 Non-resident: \$55.00
Date: Tuesday
 September 11 to
 October 23, 2007
Times: 5:30 p.m. to 8:30 p.m.
Instructor: Village Staff
Location: Centennial Park East

Grades 3 - 4

Course: 42103.307
Fee: Resident: \$45.00
 Non-resident: \$55.00
Date: Monday
 September 10 to
 October 22, 2007
Times: 5:30 p.m. to 8:30 p.m.
Instructor: Village Staff
Location: Centennial Park East

Baseball

Baseball Skills Class

Learn the fundamentals of baseball in a non-competitive, non-league setting. Improve your fielding, throwing, hitting, position play and knowledge of game situations. All participants will receive their own baseball to keep for practicing at home. Space is limited! 3 Week Session.

Session I

Course: 42164.207
Fee: Resident: \$25.00
 Non-resident: \$35.00
Date: Tuesday and Thursday
 June 12 to 28, 2007
Times: Noon to 1:00 p.m.
Ages: 5 to 7
Instructor: Staff
Location: Ripp Park/Ball Diamond #2

Session II

Course: 42165.207
Fee: Resident: \$25.00
 Non-resident: \$35.00
Date: Tuesday and Thursday
 June 12 to 28, 2007
Times: 1:15 p.m. to 2:15 p.m.
Ages: 8 to 11
Instructor: Staff
Location: Ripp Park/Ball Diamond #2

Softball

Softball Skills Class

Learn the fundamentals of softball in a non-competitive, non-league setting. Improve your fielding, throwing, hitting, position play and knowledge of game situations. All participants will receive their own softball to keep for practicing at home. Space is limited! 3 Week Session.

Session I

Course: 42161.207
Fee: Resident: \$25.00
 Non-resident: \$35.00
Date: Monday and Wednesday
 June 11 to 27, 2007
Times: Noon to 1:00 p.m.
Ages: 5 to 7
Instructor: Staff
Location: Ripp Park/Ball Diamond #2

Session II

Course: 42162.207
Fee: Resident: \$25.00
 Non-resident: \$35.00
Date: Monday and Wednesday
 June 11 to 27, 2007
Times: 1:15 p.m. to 2:15 p.m.
Ages: 8 to 11
Instructor: Staff
Location: Ripp Park/Ball Diamond #2



Warrior Football

A true tradition in Waunakee - tackle football for youth entering fourth, fifth and sixth grade in the fall. Practice will begin on August 11, with games beginning on September 8. Registration forms are available at the Village Center or by contacting Program Director, Mark Prusha at 849-9368.

Gymnastics

Back again for another summer! Beginning through intermediate gymnastics instruction, featuring all Olympic events - vault, bars, beam, floor and basic dance. Join high school gymnastics coach Elaine Yankunas and several high school gymnasts for this high quality program for all levels of gymnasts.

This is a four-week session with class three days per week (Monday, Tuesday and Thursday). All classes will be held at the High School Old Gymnasium beginning on Monday, June 11 and run through Thursday, July 5.

Days: Monday, Tuesday and Thursday
Date: June 11 to July 5, 2007
Fee: \$45.00

Time: 11:15 a.m. to Noon
Course: 42173.207

Time: 10:05 a.m. to 11:05 a.m.
Course: 42173.207

Time: 9:00 a.m. to 10:00 a.m.
Course: 42173.207

Advanced Gymnastics

A class designed for the advanced gymnast. Typically this is a student entering 7th grade or higher, but younger participants with advanced skills will be accepted. This is a four-week session with class three days per week (Monday, Tuesday and Thursday). All classes will be held at the High School Old Gym beginning on Monday, June 11 and run through Thursday, July 5.

Fee: \$45.00
Days: Monday, Tuesday and Thursday
Date: June 11 to July 5, 2007
Time: 12:30 p.m. to 1:45 p.m.
Grade: 7th and up
Course: 42174.207

Golf

Golf Fore Kids Summer League 2007

Join us for this Summer Golf League created just for kids. The program includes 15 minutes of instruction and 75 minutes of supervised play. Choose Mondays, Wednesdays or both days. A minimal amount of golf experience is necessary. Space is limited! Fees are per class. You must identify the dates you will be attending when you register. There is a maximum of 24 participants per day. No classes on July 2nd or 4th.

The league will be held at Harvest Hill Golf Course (Syl's) at the corner of STH 19 and Poelma Drive.

Fee: Resident: \$8.00/class
 Non-resident: \$10.00/class
Location: Harvest Hill Golf Course
Date: Mondays and/or Wednesdays
 June 11 to August 8, 2007
Times: 2:00 p.m. to 3:30 p.m.
Ages: 6 to 14
Instructor: Betsy Zadra
Course: 42052.207



Youth Golf Lessons Meadows of Six Mile Creek

Youth lessons will be offered this summer for those interested in learning the basics of golf. Small class sizes along with professional instruction will guarantee a fun and successful experience for all. All lessons will take place at the Meadows of Six Mile Creek under the leadership of PGA Golf Professional Chris Patrick. Lessons will focus on the basics of golf, starting with equipment, etiquette and safety along with working through grips, putting, chipping, irons and woods. The classes will go for 4 consecutive Mondays or Wednesdays. Participants must supply their own clubs.

Adult Golf Lessons Meadows of Six Mile Creek

Adult lessons will be offered this summer for those interested in learning the basics of golf. Small class sizes along with professional instruction will guarantee a fun and successful experience for all. All lessons will take place at the Meadows of Six Mile Creek under the leadership of PGA Golf Professional Chris Patrick. Lessons will focus on the basics of golf, starting with equipment, etiquette and safety along with working through grips, putting, chipping, irons and woods. The classes will go for 4 consecutive Mondays or Wednesdays. Participants must supply their own clubs.

Fee: \$90.00
Ages: 18 and up
Location: Meadows of Six Mile Creek

Session 1
Date: Monday
 June 4 to June 25, 2007
Times: 7:00 p.m. to 8:00 p.m.
Course: 43063.207

Session 2
Date: Wednesday
 June 6 to June 27, 2007
Times: 7:00 p.m. to 8:00 p.m.
Course: 43064.207

Fee: \$90.00
Ages: 7 to 15
Location: Meadows of Six Mile Creek

Session 1
Date: Monday
 June 4 to June 25, 2007
Times: 6:00 p.m. to 7:00 p.m.
Course: 42048.207

Session 2
Date: Wednesday
 June 6 to June 27, 2007
Times: 6:00 p.m. to 7:00 p.m.
Course: 42049.207

Tennis

Pee Wee Tennis

A special class ideal for our youngest participants interested in learning about the game of tennis. The program introduces the basics of tennis in a fun and positive atmosphere.

Dates: June 18 to July 19, 2007
(no class on July 4)

Location: Ripp Park Tennis Courts

Fee: \$32.00 includes t-shirt!

Ages: 4 to 6

Days: Monday & Wednesday

Time: 11:00 a.m. to 11:30 a.m.

Course: 42019.207

Days: Tuesday & Thursday

Time: 11:00 a.m. to 11:30 a.m.

Course: 42010.207

GMTA Youth Tennis League

This summer, Waunakee will once again join the GMTA Youth Tennis League! Middle school and early high school students will participate in league play with other Madison area teams. This is a seven week program designed for boys and girls, 18 years and under. This is not a beginning lesson program. The program runs from June 11 through July 26, and attendance is expected at all matches. To register for this program visit the GMTA web site at www.gmtatennis.org and follow the links to the junior team tennis. Call Sue McDade with any questions at 850-5992.

Waunakee Youth Tennis Tournament

This year's tournament will be held at Ripp Park on July 20 and July 21 (Friday-Saturday) with July 22 (Sunday) as a rain make up day. Age divisions will be boys' and girls' 12 & under, 13 to 14, 15 to 16, 17 to 18 singles. Registration information can be obtained by visiting the Village Center or our website.

Volunteers are needed to assist with the administration of this tournament.

Youth Tennis Instruction

Spaces are still available in our very popular youth tennis program. Small class sizes and updated lesson plans will guarantee a fun and successful experience for your child.

Dates: June 18 to July 19, 2007

Fee: \$36.00 - includes t-shirt!

Ripp Park

Day: Monday & Wednesday

Time: 12:00 p.m. to 12:50 p.m.

Course: 42012.207

Day: Tuesday & Thursday

Time: 10:00 a.m. to 10:50 a.m.

Course: 42014.207

Day: Tuesday & Thursday

Time: 12:00 p.m. to 12:50 p.m.

Course: 42015.207

Adult Tennis League

This program offers the opportunity to play organized team matches in a friendly atmosphere. The emphasis is on fun, fitness and the social benefits of tennis. Space is limited for regular players, but we are still accepting names for subs - at no cost! Call the Welcome Desk for further information or to register

Dates: June 4 to August 22, 2007

Times: 6:30 p.m. to 8:00 p.m.

Location: Ripp Park Tennis Courts

Day: Monday

Skill level below 3.5

Course: 43021.207

Fee: \$26.00

Day: Wednesday

Skill level of 3.5 or higher

Course: 43022.207

Fee: \$26.00

Camp Pleasant Valley

Conveniently located in the new Waunakee Village Center! Camp Pleasant Valley is a unique experience where individuals become friends, new experiences become skills to share, and camp adventures lead to greater appreciation of each other and the world in which we live. Choose from weekly theme areas for 5-7 year olds or specialty units for 8-12 year olds. Field trips, special guests and Festival Fridays are regular weekly events.

Summer camp runs Monday through Friday, June 11 to August 24, 2007. Camp operates from 9:00 a.m. to 4:00 p.m. each day. Before and After Camp Care is available from 7:30 a.m. to 9:00 a.m. and 4:00 p.m. to 5:45 p.m. for an additional fee.

Register for the themes or units your child wants -- one week at a time! Camp Pleasant Valley is accredited by the American Camp Association.

For more information: Please call 276-9782, check out www.afterschool-wi.org or stop at Village Center for a brochure on the program.

Art Cart Comes to Centennial Park!

We are very excited to announce that once again this year the Madison Art Center's "Art Cart" will be visiting the Waunakee Parks twice this summer! The program will offer a variety of art activities led by experienced educators. Both children and adults are welcome, but all must be "dressed for mess."

This program is offered free of charge to all interested participants.

Fee: Free

Date: Saturday

June 30 and July 21, 2007

Time: 10:00 a.m. to Noon

Location: Centennial Park New Shelter

Soccer

Youth Soccer FALL Registration

Registration for fall soccer began in May. Contact the Waunakee Area Soccer Club directly to see if space is still available for your child to join the league. Call 850-KICK or check out the WASC website at www.waunakesoccer.org.

Summer Soccer Camp

The Waunakee Soccer Club will hold its 4th Annual Summer Soccer Camp in Ripp Park from July 23 to 27 for ages 5 to 14. Registration forms will be available in April at the Village Center, Town of Westport Town Hall and the Waunakee Public Library. Registration forms will also be available at the Spring Registration in May. Please call 850-KICK for more info.

Summer Soccer Tourney

The Waunakee Soccer Club will host the 3rd Annual Waunakee Soccer Cup Tournament at Daleo Fields in Westport on August 10 to 12, 2007. They will host U9 to U15 age groups in both Rec and Competitive levels. Registration information will be on-line at www.waunakesoccer.org. Call 850-KICK for more info or Kurt Eley at keley@waunakee.k12.wi.us.



Taekwondo - For Adults/Kids!

Taekwondo is an exciting and powerful martial art known for its dynamic kicking and hand techniques. Classes are not just about teaching self-defense but focus on the complete personal development of each student. Individual attention is a feature of each and every class, allowing students to progress quickly and confidently toward their personal goals. All instructors are Nationally Certified and will teach American Taekwondo Association (ATA) Songham Taekwondo. This program will be facilitated by The Waunakee ATA Black Belt Academy. Fees are for unlimited classes per month.

Fee: Resident: \$50.00
Non-resident: \$60.00
Age: 3 and up
Time: 5:30 p.m. to 8:30 p.m.
Instructor: Michael Plessel

June
Course: 45397.207
Date: Tuesdays
Wednesdays
Thursdays
June 5 to 28, 2007

July
Course: 45398.207
Date: Tuesdays
Wednesdays
Thursdays
July 3 to 26, 2007

August
Course: 45399.207
Date: Tuesdays
Wednesdays
Thursdays
July 31 to August 30, 2007

TUESDAY	WEDNESDAY	THURSDAY
Tiny Tigers Ages 3 to 6 All Ranks 5:30 p.m. to 6:00 p.m.	Junior Class Ages 6 to 14 White, Orange & Yellow 5:30 p.m. to 6:00 p.m.	Tiny Tigers Ages 3 to 6 All Ranks 5:30 p.m. to 6:00 p.m.
Beginner Class Ages 6 and Up White - Green 6:00 p.m. to 6:45 p.m.	Junior Class Ages 6 to 14 Camo - Black 6:00 p.m. to 6:30 p.m.	Beginner Class Ages 6 and Up White - Green 6:00 p.m. to 6:45 p.m.
Break	Leadership Class Ages 6 and Up Leadership Program Members 6:30 p.m. to 7:15 p.m.	Break
Advanced Class Ages 6 and Up Purple - Black 7:00 p.m. to 7:45 p.m.	Specialty Class Ages 6 and Up Camo and Up 7:15 p.m. to 7:45 p.m.	Advanced Class Age 6 and Up Purple - Black 7:00 p.m. to 7:45 p.m.
	Adult Class Ages 14 and Up All Ranks 7:45 p.m. to 8:30 p.m.	Instructor Class Ages 10 and Up Instructor Program Members 7:45 p.m. to 8:30 p.m.

Village Center Summer - Group Fitness Class Schedule June 11 - August 26, 2007 No Classes July 1 - 7, 2007

Class Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45 a.m.		Sculpt	Yoga Level II 6:00 to 7:00	Sculpt	Yoga Level I 6:00 to 7:00		
8:15 a.m.	Shape/Pilates Combo	SUPER SHAPE		Pilates Workout 8:30 to 9:05	SHAPE	<u>Super Saturday Workout</u> 7:30 - Sculpt 8:00 - Cardio Mixx 8:30 - CORE	
9:15 a.m.	The Mixx Tai Chi	Beginning Kickboxing	The Mixx	SHAPE		**Choose at least two segments!**	
4:30 p.m.	Sculpt		The Mixx				SHAPE 4:00 CORE 4:55
5:45 p.m.	Pilates/Yoga Combo SHAPE	Cardio Mixx 5:45 to 6:15	SUPER SHAPE 5:45 to 6:40	The Mixx/Pilates Combo	<p style="text-align: center;">Cardio/Sculpt <i>The Mixx, Sculpt, SHAPE, SUPERSHAPE, Kickboxing</i> Resident - \$45.00 Non-Resident - \$55.00</p> <p style="text-align: center;">Pilates/Yoga <i>Shape/Pilates Combo, Pilates, The Mixx/Pilates Combo</i> <i>Yoga, Pilates/Yoga Combo</i> Resident - \$60.00 Non-Resident - \$70.00</p> <p style="text-align: center;">Express <i>Cardio Mix, Pilates Workout, Cardio Funk, CORE</i> Resident - \$35.00 Non-Resident - \$45.00</p>		
6:45 p.m.	Pilates SHAPE	FIT 6:15 See Page 10	Cardio Funk 6:45 to 7:30	FIT 6:15 See Page 10			
7:30 p.m.	Kickboxing	Pilates Workout 7:15 to 7:50	CORE 7:30 to 8:00	SUPER SHAPE			

Questions? Give us a call at 850-5992 or Email: fitness@vil.waunakee.wi.us

One of our instructors would love to help!

- Classes occasionally change after the schedule is printed. Please give us a call to verify class times and day. -

Please note that ALL Yoga, Pilates and CORE classes require a mat. Pilates mats should be at least 1/2" thick and high quality. Pilates mats may be available for purchase at the Village Center. Contact the Fitness Office for more information.

FIT Pass Information

Anyone is eligible to purchase a FIT Pass at the Waunakee Village Center. To use these recreation areas, affordable passes can be purchased at the Center.

Daily Pass

A daily pass allows unlimited use of the recreation areas for the day the pass is sold. Group rates for 20 or more are available if arrangements are made in advance.

Short Term Passes

The single month, three month or six month pass offers pass holders access to the recreation areas during open use-times and is valid from the date of purchase. This pass is ideal for a patron who only wants a pass for a few months during the year. All short term passes must be paid in full.

Annual FIT Pass

The Annual FIT Pass offers pass holders access to the recreation areas during open use times. This pass may be purchased by one of the following methods:

1. An electronic funds transfer (EFT) service allows the fee to be deducted from either a checking or savings account on a monthly basis.
2. One annual payment can be made for a one-year membership. This fee is non-refundable. Patrons must renew every year.

Daily Track Pass Punch Card

The Daily Pass Punch Card allows the card holder 10 separate visits to utilize the indoor walking/running track only.

Do You Carry Group Health, Dean or Unity for Health Insurance?

You may be eligible to work out at the Village Center and earn up to a \$100.00 reimbursement. You must work out at the fitness center for a minimum number of visits to qualify.

For more information contact your health care providers' website or stop at the Welcome Desk!

FIT Pass Fee Schedule

<i>Pass Classification</i>	<i>Resident Rate</i>	<i>Non-Resident Rate</i>
ANNUAL PASS (EFT)		
Youth	\$8.75 per month	\$11.25 per month
High School (14-18)	\$12.50 per month	\$16.25 per month
Adult (18-54)	\$25.00 per month	\$35.00 per month
Older Adult (55+)	\$12.50 per month	\$12.50 per month
Family	\$47.50 per month	\$62.50 per month
*option to pay in full for the year		
6 MONTH PASS		
Youth	\$55.00	\$72.00
High School (14-18)	\$85.00	\$110.00
Adult (18-54)	\$165.00	\$220.00
Older Adult (55+)	\$85.00	\$85.00
Family	\$300.00	\$385.00
3 MONTH PASS		
Youth	\$30.00	\$39.00
High School (14-18)	\$50.00	\$65.00
Adult (18-54)	\$90.00	\$120.00
College (17-24) Summer Only	\$70.00	\$90.00
Older Adult (55+)	\$50.00	\$50.00
Family	\$155.00	\$205.00
1 MONTH PASS		
Youth	\$12.00	\$16.00
High School (14-18)	\$20.00	\$26.00
Adult (18-54)	\$35.00	\$46.00
Older Adult (55+)	\$20.00	\$20.00
Family	\$55.00	\$72.00
DAILY PASS		
Youth	\$2.00	\$4.00
High School (14-18)	\$2.00	\$4.00
Adult (18-54)	\$4.00	\$6.00
Older Adult (55+)	\$2.00	\$2.00
Family	\$10.00	\$15.00
DAILY TRACK PASS PUNCH CARD 10 visits - use of track only.		
Adult/Youth	\$5.00	\$10.00
Older Adult (55+)	\$5.00	\$5.00

FIT

FIT is an exciting new class being offered at the Village Center this summer! It's designed to keep you motivated, and reaching your fitness goals. Every workout will have a different focus, so you know exactly what you should be concentrating on. In addition the workouts are pre-planned to keep you challenged, and progressing all summer long. The bottom line is if you want to get into shape without being bored, as quickly as possible and with motivating instructors and friends then FIT is for you! We know your body will change over the course of the summer, so to ensure that you know just how far you've come we're including before and after fitness testing. Our trainers will measure your body fat, strength and cardiovascular endurance, as well as take crucial body measurements so you can see just how much your body has changed! Classes are held Tuesday and Thursday from 6:15 p.m. until 7:05 p.m. during our entire summer session, which runs from June 11 until August 26, 2007.

By signing up for the FIT program you'll get a total of 20 classes, a pre and post fitness assessment, and a session with your trainer to discuss your summer success plan! Space is extremely limited to ensure personal attention, safety and maximum results.

Fee: Resident: \$99.00
Non-resident: \$129.00
Date: Tuesdays and Thursdays
June 12 to August 23, 2007
Time: 6:15 p.m. to 7:05 p.m.
Ages: 14 and up
Instructor: Village Center
Fitness Trainers
Course: 25449.207

Walking Club

Walking is a great lifetime exercise activity. Enjoy the comforts of walking on the cushioned indoor track at the Center. Walk at any time the facility is open and log your progress on your own personal log. Pick up a form at the Welcome Desk to register.

After you reach 500 miles, you will receive a Village Center T- shirt!

Fee: Free for all FIT Pass Holders



Indoor Playground

Escape to the gym and let your little ones burn off energy on tumbling equipment and toys! Parent supervision is required.

Ages: 5 and under
Location: Village Center Gym
Days: Monday and Friday
Time: 9:30 a.m. to 11:30 a.m.
Fees: Free for Family Fit Pass Holders
\$4.00/Resident Family
\$8.00/Non-Resident Family

Youth/Teen Open Basketball Ages 10 to 16

Bring your friends and join us every Tuesday and Thursday afternoon for open basketball. Games will be played cross court and new teams will be formed each day. There will be an adult gym supervisor on hand to assist with game management. This open gym is free for FIT Pass holders and the daily fee applies to all other participants.

Dates: June 12 to August 23
Days: Tuesdays and Thursdays
Times: 2:00 p.m. to 4:00 p.m.

Kidcare

Daytime Hours:

Monday to Friday
8:00 a.m. to 11:00 a.m.

Evening Hours:

Monday to Thursday
5:00 p.m. to 8:00 p.m.

Fees:

1 child - \$10.00 per month
2 children - \$15.00 per month
3 children - \$20.00 per month

Drop In

\$3.00 per child per visit

Our friendly staff will provide fun and safe activities for your child while you are participating in a Village Center activity. The service is available for walking through 5 years of age. There is a 2 hour maximum per visit. Space is limited to 10 children on a first come, first serve basis. Staff will not change diapers.

Parents will be called to Kidcare when needed.

BIG Kidcare

The Village Center will be offering BIG Kidcare this summer for our school-aged participants. This supervised time is designed for children to have fun while their parents are working out or attending a class.

BIG Kidcare will be located in the gym or in Community Room A. Please check in at the Welcome Desk to find the daily location. An adult staff member will lead structured games and provide open gym time for kids to play and have fun on their own. BIG Kidcare participants will be separate from our "Little" Kidcare participants.

Dates: June 11 to August 24, 2007
Days: Monday through Friday
Times: 8:00 a.m. to 11:00 a.m.
Ages: 6 to 11
Fees: Regular Kidcare Fees Apply
See Above for Fees

Scrapbooking

Camp Crop-A-Lot

Looking for a fun activity for your kids this summer? How about an activity that keeps their writing skills fresh? Sign them up for a fun and exciting summer Album-Making Workshop. Your child will create a 7 x 7 album to document their young adventures. From vacations to movies and sleepovers, your child will have a place to show off their precious memories. Together we'll create a keepsake album filled with memories they'll cherish forever! By the end of camp, your child will have a completed album plus a photo-safe pen to journal about all the great times! Bring up to 24 photos. Materials included in fee.

Fee: Resident: \$55.00
Non-resident: \$65.00
Date: Monday and Tuesday
June 11 and June 12, 2007
Time: 10:00 a.m. to 1:00 p.m.
Ages: 7 to 13
Course: 15272.207
Instructor: LaDonna Radel

"Digital Scrapbooking"

Learn how to create beautiful digital Storybook using software that you can download for free. During this 2-hour session, participants will create a sample Storybook as they learn the features and choices available with this software. Cost includes a coupon for a free basic Storybook that participants can create at home.

Fee: Resident: \$45.00
Non-resident: \$55.00
Date: Tuesday
June 19, 2007
Time: 6:00 p.m. to 8:00 p.m.
Ages: 12 and up
Course: 15273.207
Instructor: LaDonna Radel

"Faithbooking"

What is faithbooking? While there are different definitions of what faithbooking means, it is simply incorporating your faith throughout your scrapbooks. For some, it's a means to express their faith or their journey to finding it. For others it's an eternal legacy for their children, an incredible, permanent reminder of "God Moments" and the role He has played in the lives of their family. This workshop will discuss options for creating this type of album, including helpful handouts and thought-provoking questions to get you started.

Fee: Resident: \$8.00
Non-resident: \$13.00
Date: Thursday
July 19, 2007
Time: 7:30 p.m. to 8:30 p.m.
Ages: Any
Course: 15275.207
Instructor: LaDonna Radel

"Healing Albums"

If you have experienced the loss of a family member or close friend, or have gone through a challenging time in your life, it can be difficult to look at pictures without feeling the pain of those events. Scrapbooking can provide a healing element, some even call it "therapy" as you put these pictures and stories into a keepsake album. This workshop will teach you options for creating a healing album. Handouts provided. You are welcome to bring a special photo to create your first page. Or if you prefer, just come and learn to see if this would be helpful in your journey.

Fee: Resident: \$8.00
Non-resident: \$13.00
Date: Thursday
July 19, 2007
Time: 6:00 p.m. to 7:00 p.m.
Ages: Any
Course: 15276.207
Instructor: LaDonna Radel

4 Pages to Go Class

If you are new to scrapbooking, feel "creatively challenged", or are looking to get back to the basics, this is the class for you! Our goal is to help you start creating fabulous albums by learning quick and simple page layouts. Bring 12-15 photos of a related event or theme and you will take home 4 completed pages, ready to put into your album. Creative Memories products will be featured.

Fee: Resident: \$24.00
Non-resident: \$34.00
Date: Thursday
July 26, 2007
Time: 6:00 p.m. to 9:00 p.m.
Ages: Any
Course: 15278.207
Instructor: LaDonna Radel

"Graduation Album"

The party's over...now it's time to preserve the photos and memories of your child's graduation. Includes materials and layouts to complete 10 page layouts. Bring 40-50 photos for this project.

Fee: Resident: \$39.00
Non-resident: \$49.00
Date: Monday
July 9, 2007
Time: 6:00 p.m. to 9:00 p.m.
Ages: Any
Course: 15271.207
Instructor: LaDonna Radel

"Great Escapes Album"

Do you want to finish a vacation album while you still remember all of the details? Do you have camping or other outdoor photos that you would like to finally organize into an album? Bring 40-50 photos for this project and complete up to 16 page layouts in cool blues and handsome leather tones.

Fee: Resident: \$39.00
Non-resident: \$49.00
Date: Monday
July 9, 2007
Time: 6:00 p.m. to 9:00 p.m.
Ages: Any
Course: 15270.207
Instructor: LaDonna Radel

Facility Rentals

The Waunakee Village Center is made available for use by all groups through the generosity of the residents of Waunakee. The Village Center is a 45,000 square foot building on two levels consisting of rooms of varying sizes and capacities. The park around the building may also be reserved for events. Reasonable rules and guidelines have been established to assure the maximum enjoyment of this facility. Reservations are accepted one year in advance of the reservation date.

Rooms on the Entry Level

- Conference Room
- Activity Room
- Computer Room

Rooms on Creek Level

Community Room
from 40 to 200 guests!

- Catering Kitchen
- Regulation Size Gymnasium
- Studio
- Village Center Grounds

For more information on rates or to reserve a room please call the Village Center at 850-5992.

To view a video of our facility visit our website at:
www.vil.waunakee.wi.us

Park Shelter Reservations

Are you planning a family reunion, office picnic, birthday party, or a special event? The shelters located in the Waunakee parks are available to be reserved for your private party. The following facilities are available for rental; Village Park Main Shelter, Village Park Gazebo, Ripp Park Shelter, Centennial Park Ballfield Shelter (between the ball diamonds), Centennial Park Shelter and Hanover Park Shelter.

To make a shelter reservation, come to the Village Center in person or call the Welcome Desk at 850-5992.

Resident

<u>Weekday Rental</u>	<u>Weekend Rental</u>
Monday - Thursday \$35.00	Friday - Sunday \$40.00

Non-Resident

<u>Weekday Rental</u>	<u>Weekend Rental</u>
Monday - Thursday \$70.00	Friday - Sunday \$80.00

Birthday Party

Village Center birthday parties are a fun and economical way to celebrate your child's birthday. With a variety of activities for all ages and abilities, your child, friends and family will enjoy a party that is as special as your child is!

Package Includes:

- Use of private room for 2 hours.
- Use of east gym area for one hour (Birthday Child chooses activities).
- Staff person to lead games and help you set up and take down your party. Maximum of 20 children per party.

You may decorate the room with a theme of your choice and bring in any food and drinks that you desire to complement your party. All parties must have at least 2 to 4 adults to assist with supervision. All parties must be booked by calling Jeff at the 850-5992 or in person at the Village Center.

Course: 32311.006

Fee: Resident: \$95.00

Non-resident: \$125.00

Ages: 4 to 11

2007 WPRA Ticket Program

Do your summer plans include a trip to a local amusement park or other area attractions? Recreate, save money, and help support the Waunakee Recreation Department by purchasing your tickets at the Village Center! (Tickets are no longer available for purchase at Village Hall)

Tickets will be available during regular business hours beginning Tuesday, May 1, 2007. Ticket sales will conclude on Sunday, August 26, 2007. All tickets must be paid for (cash or check) at the time of purchase. Once purchased, tickets will not be refunded or exchanged. Contact the Welcome Desk at the Village Center for more information - 850-5992.

PARK-ACTIVITY	YOUR PRICE	GATE PRICE
Six Flags Great America Anyday (Adult)	\$35.75	\$56.64
Six Flags Great America WPRA Week, July 7 - 15 (Adult)	\$27.75	\$56.64
Noah's Ark (Ages 3 to Adult)	\$26.00	\$31.99
Mt. Olympus Water & Theme Park (Ages 3 to Adult)	\$27.75	\$34.98
Milwaukee County Zoo (Adult)	\$8.50	\$10.50
Milwaukee County Zoo (Child ages 3 to 12)	\$6.50	\$7.50
Army WWII Ducks (Adult)	\$15.00	\$21.00
Army WWII Ducks (Child ages 4 to 11)	\$7.00	\$11.00

